# Hospital Emergency Evacuation

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### Disaster management cycle



### Preparedness phase

فعالیت ها و اقداماتی که پیشاپیش برای اطمینان از پاسخ موثر به آثار سوء مخاطرات انجام می گیرند:

۱-استقرار سامانه هشدار اولیه

۲-تدوین برنامه آمادگی

آموزش و تمرین اجزای اصلی برنامه آمادگی هستند.

### **Hospital Disasters**

1- Internal disasters (Emergency Evacuation)

2- External disasters(MCI)

## Hospital Emergency evacuation

• تخلیه اضطراری بیمارستان شامل خالی کردن کامل یا قسمتی از بیمارستان به دلیل

مخاطرات داخلی و خارجی برای بیماران و همراهان و بهمنظور انتقال آنها به منطقه

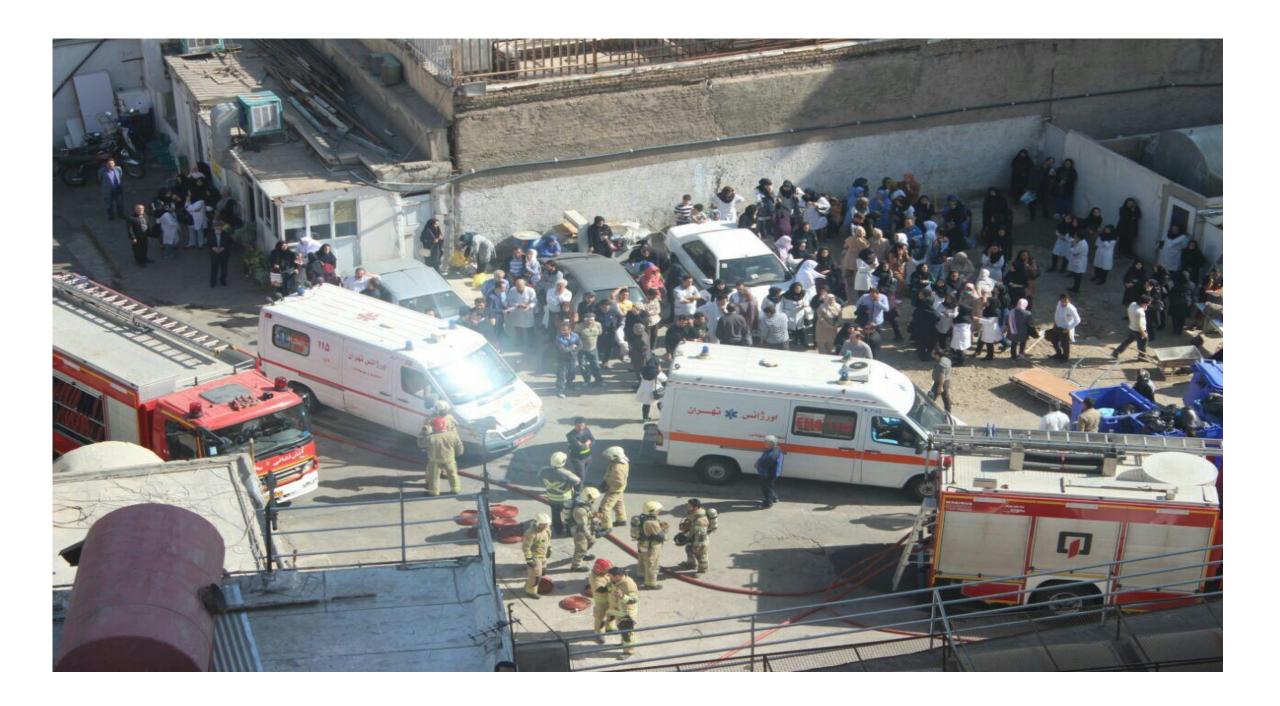
امن میباشد.

# اهمیت تخلیه اضطراری بیمارستان...

- در فاصله بین سالهای ۲۰۰۰ تا ۲۰۱۷ بیش از ۱۵۰ بیمارستان در ایالاتمتحده آمریکا تخلیه شدند.
- بررسی ها نشان داد که ۷۱٪ از بیمارستانها به دلیل تهدیدات خارجی، ۱۶٪ به دلیل تهدیدهای انسانساخت
  - و ۱۳٪ هم به دنبال تهدیدات داخلی تخلیهشدهاند.
  - آتشسوزی بیمارستانی حدود ۴۰٪ از تهدیدات داخل بیمارستانی را شامل شد.

- Evacuation is a crucial component of the aim to save lives in emergency situations in hospitals.
- A comprehensive evacuation plan needs to be in place that all staff members are aware of and are experienced in carrying out.
- It is important to note that there is no fixed methodology for evacuations; the procedure will vary for each individual health care facility.





# مراحل تخلیه اضطراری

تصمیم گیری(Decision making)

هشدار (Alert)

حرکت(Movement)

پناه گرفتن(shelter)

بازگشت(Recovery)

### Hospital emergency evacuation decision-making

- Hospital infrastructure consequences (Loss of electricity and water)
- Threat (type of disasters)
- Internal factors (resources such as staff, and removing patient devices)
- External factors(transportation)

# Notification

- If there is the **decision to evacuate is made**, there should be a designated person responsible for notifying the entire facility of the evacuation order, using appropriate systems such as overhead pages, emails, text messages, and internal hospital communication systems.
- The procedures of the hospital emergency operations center (EOC) should include immediate *notification* of appropriate agencies such as the Ministry of Health; fire, police, and/or army service.

### Types of Evacuation based on time

**Immediate** 

"Emergency move"—evacuate immediately or patients and staff may die; no time to prepare.

Rapid

Evacuate as quickly and safely as possible; limited time to prepare (1 to 2 hours); follow procedures.

Gradual

No immediate danger; sufficient time for systematic evacuation procedures (many hours to several days).

**Prepare Only** 

Do not move patients, but begin to prepare for evacuation.

#### The types of evacuation based on movement

**Horizontal**: The primary mode of evacuation involves moving patients in immediate danger away from the threat but keeping them on their current floor.

**Vertical**: This usually involves the complete evacuation of a specific floor in the hospital. Patients and staff will be evacuated out of the hospital only if necessary.

**Shelter in Place**: The staff may be instructed to "shelter in place," that is, remain in their units and await further instructions.

### Level of Evacuation

**Total or Full Evacuation** 

**Partial Evacuation** 

### **Evacuation Routes**

- Evacuation routes should be clearly established.
- All hospital staff should have a working knowledge of the evacuation routes
- Evacuation planning must take into consideration all spaces around the hospital compound. This will help in the development of emergency transit routes, assembly areas, holding areas, and so forth.

### Egger

- There must be a minimum of two independent egress routes and exits for every location on every floor.
- Exit routes should be located as **far away from each other** as possible so that if one exit route is **blocked** with smoke or fire, the alternate route can be used.
- The width of the corridor leading to the **emergency exits** (unobstructed) should be at least 2.4 m. This will permit the transportation of hospital beds, mattresses.

### Egger ...

- Doors should be of the minimum width necessary to accommodate a stretcher
- Evacuation maps should be posted at the hospital's main access points to clearly identify egress routes.

### evacuation process

**1-Preparation time:** The required time for preparing the patient for evacuation.

This time depends on the type of preparation and the ability of the corresponding personnel to be ready to move the patients: (1) with no devices—ambulant patients- (2) to a wheelchair, (3) to a stretcher or (4) to a blanket.

### evacuation process

2-Response time: The time elapsed until each health care personnel

member starts movement to evacuate the patients.

### evacuation process ...

**3-Transportation speed:** The walking speed of personnel while

transporting the patient to another safe compartment or while walking

with the patients (ambulant patients).

### Personnel Resources

- Effective evacuation of a health care facility depends on the number of staff and trained personnel available.
- Understanding the scope of the evacuation and knowing the minimum number of people required to undertake these procedures in the event of an emergency is paramount in saving lives.

### Number of Staff

• Standard acceptable ratios of number of medical staff to number of patients

have been established.

These ratios are dependent on the level of care required for each patient.

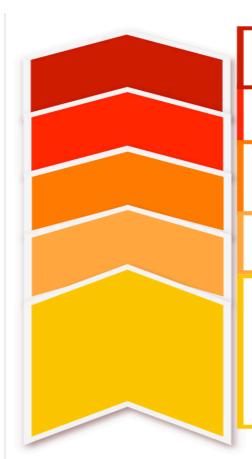
- Staff ratios are based on the hospital's protocol and the country's statutory regulations.
- Every shift should have health and safety officers or wardens on-site who are trained and knowledgeable regarding fire response and evacuation procedures.
- In some instances, volunteers can assist with the gradual or rapid evacuation of a hospital.

Nurse:patient ratio	Description of patient care
≤ 1:8	Routine care (generally, this ratio should not be exceeded)
≤1:2	ICU, neonatal, post-anesthesiology recovery, labor and delivery, emergency unit and recovery unit
≥1:1	Operating theatre (typically more than 1 nurse to 1 patient)
1:4	Antepartum, postpartum, pediatrics, emergency room, specialty care
1:5*	General surgical units

### Patient Prioritization Evacuation

- 1. Patients in immediate danger (near the fire)
- 2. Ambulant patients —Type 1
- 3. Patients requiring some transport assistance (wheelchair) Type 2
- 4. Patients requiring transport assistance (stretcher/blanket) Type 3
- 5. Patients who are being treated and/or would be difficult to relocate/evacuate
- (i.e. ICU, bariatric).

#### Priority Ratings for Immediate Evacuation of Patients



Patients in immediate danger

**Ambulatory patients** 

Patients in general care units requiring transport assistance

Patients in intensive care units

Patients in the operating room (It is important to note that surgical procedures that have been initiated should be completed to a point of safety before the patient is moved. In the case of immediate danger, evacuate horizontally to a safe area to complete the surgery to a point of safety. Operating beds are movable.)

### Patient Special Needs

#### Needs of Patients with Disabilities:

• Patients who cannot hear or see or are under anesthetics (unconscious) at the time of the evacuation may require *special accommodations*.

#### Emotional Support Needs:

• Patients may require *psychological support* as a result of the stress of the disaster situation.

### Patient Special Needs...

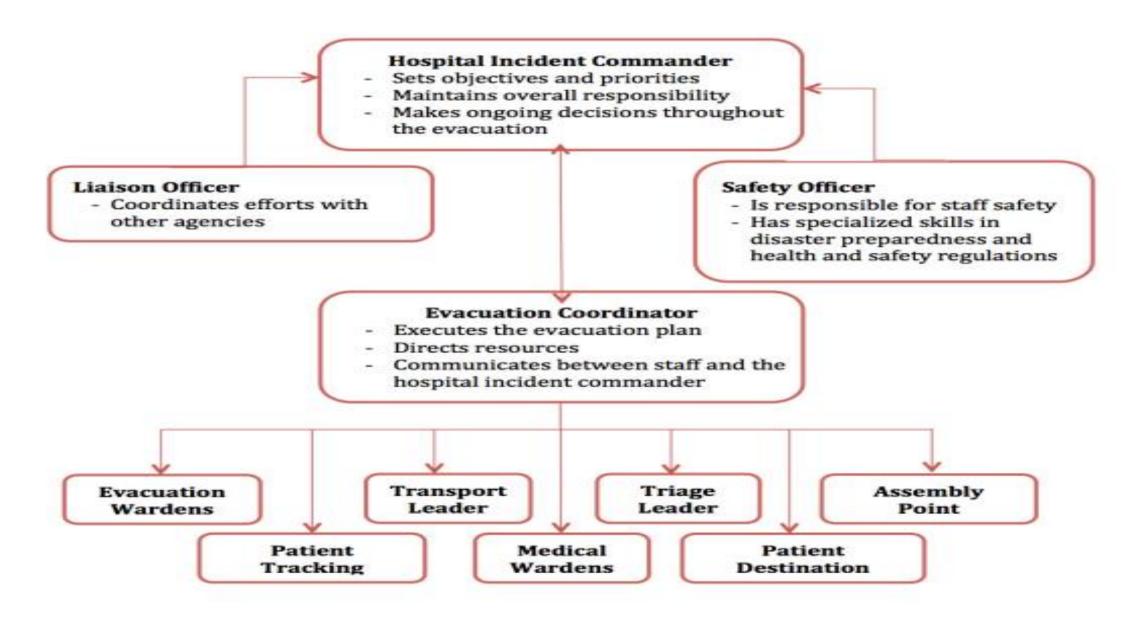
#### Medical Care and Equipment Needs:

- Patients may require specific life support equipment (e.g., ventilators) that should accompany them when they evacuate.
- *Specific medications* that patients need for treatment should also accompany them when they evacuate.

### **Evacuation Transport Equipment**

- In the event of an evacuation, it is essential to have transportation equipment available for patients.
- A sufficient amount of equipment should be available to evacuate each floor of the facility.
- Equipment should be stored in areas that are easily accessible at all times; it should not be stored in locked closets.

### Hospital Incident Command System



- Evacuation Warden: Prepare patients for evacuation
- Transport Leader: Transport patients to assembly point
- Patient Tracking Supervisor: Track patients at assembly point
- *Medical Warden:* Care for patients/support nurses at assembly point (identify number of staff members needed for each unit)
- Triage Leader: Triage patients for transportation or discharge

### Tracking

Patient Tracking

An individual designated to perform head counts at the assembly points.

- Staff assigned to *check rooms and floors* to ensure that they have been vacated.
- Senior personnel in each department are responsible for addressing special hazards or concerns.

### **Medical Records**

- Medical records are usually located on the wards with the patients. Ensure that medical records accompany patients when they evacuate the facility.
- A *specific protocol* for ensuring that records leave with patients should be established as part of the **evacuation procedures**.
- Consideration should be given to storing all of a health facility's medical/essential records *in fireproof filing* cabinets.

### Family Notification

• There should be an emergency contact for all patients. Information on this contact person is usually kept with the patient's medical records.

#### In an evacuation, designated personnel should:

- Attempt to notify *family members* and other responsible parties about the patient's *transfer destination*.
- Answer *calls* and *respond to questions* from family members about the patient's welfare and location.

