

Anastomotic leakage in esophagojejunostomy

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Definition

A full thickness gastrointestinal defect that can allow the extravasation of GI fluid through the disruption in anastomotic site

- one of the most serious and sometimes life-threatening complications after total gastrectomy
- Management remains controversial and still challenging
- Diagnosis of leakage is based on a combination of clinical and radiological findings

Incidence

- In one study in Italy among 198 patients it was 7% (2016)
- In different types of esophagectomy in high volume centers it remains around 9% (Shields)
- In another study in Japan among 131 patients it was 9.9% (2018)

Incidence

- In another report from Japan in 2007 among 390 patient with Roux en Y esophagojejunostomy it was just 0.5 %.

Risk factors

Significant factors in the development of a leak:

- Obesity
- Heart failure
- Coronary disease
- Vascular disease
- Tobacco use
- Length of operative time greater than 5 hours

Risk factors

- Advanced age, age 65 years
- Male sex,
- Anemia, hemoglobin 8.0 g/dL
- Malnourishment
- Diabetes with HbA1c 7.0%
- Chronic renal failure
- High visceral fat area
- Use of steroids
- The localization and stage of the tumor

- Poor pulmonary function
- Emergent or reoperative procedures
- Neoadjuvant therapy
- Intraoperative blood transfusion

Did not increase the risk

Technical factors

- Ischemia
- Tension on the suture line
- Staples anastomosis versus handsewn (No significant difference)
- Combined splenectomy (?)

Type of anastomosis

- circular-stapled esophagojejunostomy
- linear staplers : side-to-side esophagojejunostomy
- transorally inserted anvil method
- jejunal pouch reconstruction
- laparoscopic Versus open total gastrectomy:
there was no difference in postoperative complications, including EJAL

Diagnosis

- Sign and symptoms of abdominal sepsis or mediastinitis
- Drainage of GI content from abdominal wound or drainage catheter
- Imaging: Ultrasonography, contrast study, CT scan

(Diagnostic sensitivity of the contrast-enhanced swallow study for detecting leaks was 66%.)

Grading

- **class 1**: radiographic leak only, requiring no intervention;
- **class 2**: leak (<10% of circumference) requiring percutaneous drainage;
- **class 3**: disruption of anastomosis (10–50% circumference) with perianastomotic abscess requiring endoscopic intervention or surgery;
- **class 4**: necrosis with anastomotic separation (>50% circumference), requiring emergency surgery

Management

- **Early detection** and multidisciplinary approaches are the key points
- The **interval** from leakage to intervention
- an immediate closure of leak within 12-24 h is recommended
- A Computed Tomography (**CT**) **scan or endoscopy** is currently the favored method of diagnosis than the swallowing test with contrast

Management

- conservative treatment,
- endoscopic treatment,
- surgical treatment

Base on the patient's clinical condition, anastomotic level, size of the leakage, timing of diagnosis and margins status

Conservative treatment

- clinically stable patients with small leakages
- large spectrum intravenous antibiotics, and antifungal treatment
- fasting and nutritional support via the enteral route or TPN

Endoscopic Treatment

criteria : leaks smaller than 2 cm and <70% of the circumference

stents : variable success rate

self-expanding metal stents : leaks after total gastrectomy

Nonstent endoscopic methods

- **fibrin glue** injection and **endoclips** are designed for endoscopic treatment of EJAL with a high clinical success rate .
- **endoluminal vacuum** (E-Vac) therapy is a promising new and effective method in the treatment of upper gastrointestinal leaks.

Surgical treatment

Primary closure of the leak, feeding jejunostomy
and revision of anastomosis site

Esophageal Exclusion

Surgical Treatment

Higher mortality rate compared with conservative and endoscopic approach

This strategy should be performed in the case of severe sepsis or a large defect with late occurrence

**Thank you for your
attention**