

### Antimicrobial Susceptibility Testing Method & Interpretation

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### How to determine susceptibility/resistance

Minimum Inhibitory Concentration

- Macro broth dilution
- Micro broth dilution
- Agar dilution

2

- Gradient Strips
- Automated systems

Disc

Category (S/I/R)

Breakpoint method



#### **Susceptibility testing media**

- Un-supplemented Mueller-Hinton (MH) agar is used for non-fastidious organisms.
- MH with 5% mechanically defibrinated horse blood and 20 mg/L β-NAD (MH-F, Mueller-Hinton Fastidious) is used for fastidious organisms.

Use β-Nicotinamide adenine dinucleotide (β-NAD) with a purity of  $\ge$  98%. Preparation of β-NAD stock solution:

Dissolve  $\beta$ -NAD in sterile deionized water to a concentration of 20 mg/mL

Sterilize the solution through a  $0.2 \ \mu m$  membrane filter.

4

The stock solution may be stored at -20°C in aliquots and defrosted as required. Do not refreeze unused solution.

#### Media for non-fastidious organisms

Organisms	Medium
Enterobacterales	Mueller-Hinton agar
Pseudomonas spp.	
Stenotrophomonas maltophilia	
Acinetobacter spp.	
Staphylococcus spp.	
Enterococcus spp.	
Aeromonas spp.	
Burkholderia pseudomallei	

#### Media for fastidious organisms

Organisms	Medium
Streptococcus pneumoniae Streptococcus groups A, B, C and G Viridans group streptococci Haemophilus influenzae Moraxella catarrhalis Listeria monocytogenes Pasteurella multocida Campylobacter jejuni and coli Corynebacterium spp. Aerococcus sanguinicola and urinae Kingella kingae	Mueller-Hinton agar + 5% mechanically defibrinated horse blood + 20 mg/L β-NAD (MH-F)
Other fastidious organisms	Pending

#### **Preparation of media**

- Prepare media according to the manufacturer's instructions.
- For MH-F, do not add blood or β-NAD until the medium has cooled to 42-45°C and mix well after the supplements have been added to the cooled medium. For MH-F, aseptically add 50 mL mechanically defibrinated horse blood and 1 mL βNAD stock solution per litre medium. Mix well and dispense immediately.
- Pour plates on a level surface to give a uniform depth of  $4.0 \pm 0.5$  mm. Adjust the volume if the agar depth is within the acceptable range but repeatedly above or below 4 mm.

#### **Quality control of Mueller-Hinton agar**

- Particular problems:
- High or low concentrations of divalent cations (Ca2+, Mg2+) may be indicated by inhibition zones for aminoglycosides with *P.aeruginosa* ATCC 27853 below/above quality control limits, respectively.
- Excess thymine and thymidine may be indicated by inhibition zones ( >20mm) for trimethoprim-sulfamethoxazole and *E. faecalis* ATCC 29212 below quality control limits.
- Use a surface pH electrode to check that the pH is within the range 7.2-7.4.
- Check that the agar depth is 4 mm

#### **Drying and storage of agar plates**

- Make sure that agar plates are at room temperature prior to inoculation.
- The surface of the agar should be dry before use. Excess moisture may cause fuzzy zone edges and/or haze within zones.

No drops of water should be visible on the surface of the agar or inside the lid. This is often seen with plates stored in plastic bags or sealed containers.

- If necessary, dry plates either at 20-25°C overnight, or at 35°C, with the lid removed, for 15 min.
- Do not over-dry plates.



#### Inoculum

The method requires an inoculum suspension with a turbidity equivalent to a 0.5 McFarland standard (Approximately corresponding to 1-2 x108 CFU/mL for E. coli).



10/19/2021

#### **Inoculum preparation**

- Use a sterile loop or cotton swab ( or Dacron) to pick colonies from an overnight culture on non-selective media. If possible, use several morphologically similar colonies to avoid selecting an atypical variant.
- Suspend in saline and mix to an even turbidity.
- Adjust the density of the suspension to 0.5 McFarland by adding saline or more bacteria. Preferably use a photometric device to measure the turbidity.

**Exception**: *Streptococcus pneumoniae* is suspended to 0.5 McFarland from a blood agar plate, but to 1.0 McFarland from a chocolate agar plate.

#### Table 2 Preparation of 0.5 McFarland turbidity standard

- Add 0.5 mL of 0.048 mol/L BaCl<sub>2</sub> (1.175% w/v BaCl<sub>2</sub>·2H<sub>2</sub>0) to 99.5 mL of 0.18 mol/L (0.36 N) H<sub>2</sub>S0<sub>4</sub> (1% v/v) and mix thoroughly.
- Check the density of the suspension in a spectrophotometer with a 1 cm light path and matched cuvettes. The absorbance at 625 nm should be in the range 0.08 to 0.13.
  - Distribute the suspension into tubes of the same size as those used for bacterial inoculum suspensions. Seal the tubes.
    - Store sealed standards in the dark at room temperature.
    - Mix the standard thoroughly on a vortex mixer immediately before use.
    - Renew standards or check their absorbance after storage for 6 months.

2

3

4

5



#### **Inoculation of plates**



- Optimally, use the inoculum suspension within 15 minutes of preparation.
- Make sure that agar plates are at room temperature prior to inoculation.
- Dip a sterile cotton swab into the suspension.
- For Gram-negative bacteria, remove excess fluid by pressing and turning the swab against the inside of the tube to avoid over-inoculation.
- For Gram-positive bacteria, do not press or turn the swab against the inside of the tube.
- For Gram-positive bacteria, take particular care to ensure that there are no gaps between streaks.
- When inoculating several agar plates with the same inoculum, dip the cotton swab into the suspension for each agar plate.

#### **Storage of antimicrobial disks**

- Store stocks and working supplies of disks according to the manufacturers' instructions.
- Store disks in current use in sealed containers with a moisture-indicating desiccant and protected from light.
- To prevent condensation, allow disks to reach room temperature before opening containers. Rather keep disks at room temperature during the day than transfer repeatedly to and from cold storage.
- Do not use disks beyond the manufacturer's expiry date

### **Application of antimicrobial disks**

- Apply disks within 15 min of inoculation.
- Disks must be in close and even contact with the agar surface.
- The number of disks on a plate should be limited to avoid overlapping of zones and interference between agents. It is important that zone diameters can be reliably measured.
- Normally 6 and 12 disks are the maximum possible number on a 90 and 150 mm circular plate, respectively.
- To be able to detect inducible clindamycin resistance in staphylococci and streptococci, the erythromycin and clindamycin disks must be placed at a distance of 12-20 mm from edge to edge for staphylococci and 12-16 mm from edge to edge for streptococci

10/19/2021

#### **Application of antimicrobial disks**

- Loss of potency of antimicrobial agents in disks results in reduced inhibition zone diameters and is a common source of error. The following are essential:
- Store disks, including those in dispensers, in sealed containers with a moisture-indicating desiccant and protected from light (some agents, including metronidazole, chloramphenicol and the fluoroquinolones, are inactivated by prolonged exposure to light).
- Some agents are more labile than others (e.g. amoxicillin-clavulanic acid, cefaclor and carbapenems) and specific recommendations may be available from the manufacturers.
- Perform frequent quality control of working supplies to control that the antimicrobial disks have not lost potency during storage.

#### **Incubation of plates**

- Invert agar plates and make sure disks do not fall off the agar surface.
- Incubate plates within 15 min of disk application.
- Stacking plates in the incubator may affect results due to uneven heating. The efficiency of incubators varies, but for most incubators, a maximum of five plates per stack is appropriate.
- Incubation beyond the recommended time limits should not be performed as this may result in growth within inhibition zones and reporting isolates as false resistant.
- Incubate MH plates at  $35\pm1^{\circ}$ C in air.
- Incubate MH-F plates at 35±1°C in air with 4-6% CO2 (except for Campylobacter).

#### The 15-15-15 minute rule

Follow these instructions for disk diffusion:

- Use the inoculum suspension optimally within 15 minutes of preparation, and always within 60 minutes.
- Apply disks within **15 minutes** of inoculation.
- Incubate plates within **15 minutes** of disk application.

#### **Incubation of plates**

Organism	Incubation conditions
Enterobacterales	35±1°C in air for 18±2 h
Pseudomonas spp.	35±1°C in air for 18±2 h
Stenotrophomonas maltophilia	35±1°C in air for 18±2 h
Acinetobacter spp.	35±1°C in air for 18±2 h
Staphylococcus spp.	35±1°C in air for 18±2 h
Enterococcus spp.	35±1°C in air for 18±2 h
	(24 h for glycopeptides)
Aeromonas spp.	35±1°C in air for 18±2 h
Burkholderia pseudomallei	35±1°C in air for 18±2 h

#### **Incubation of plates**

Organism	Incubation conditions
Streptococcus groups A, B, C and G	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h
Viridans group streptococci	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h
Streptococcus pneumoniae	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h
Haemophilus influenzae	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h
Moraxella catarrhalis	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h
Listeria monocytogenes	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h
Pasteurella multocida	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h
Campylobacter jejuni and coli	41±1°C in microaerobic environment for 24 h (40-48 h)
Corynebacterium spp.	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h (40-44 h)
Aerococcus sanguinicola and urinae	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h (40-44 h)
Kingella kingae	35±1°C in air with 4-6% CO <sub>2</sub> for 18±2 h (40-44/h)

Pending

Other fastidious organisms

#### **Examination of plates after incubation**

21

- A correct inoculum and satisfactorily streaked plates should result in a confluent lawn of growth.
- The growth should be evenly distributed over the agar surface to achieve uniformly circular (non-jagged) inhibition zones.
- If individual colonies can be seen, the inoculum is too light and the test must be repeated.















10/19/2021

Plates should look like this..

...and NOT like this!





E. coli Ciprofloxacin



S. aureus Erythromycin

CoNS Trimethoprim



S. pneumoniae Rifampicin

### **Reading zones**

 Read MH plates from the back against a dark background illuminated with reflected light.

 Read MH-F plates from the front with the lid removed illuminated with reflected light.





#### **Reading zones**

- Do not use transmitted light (plate held up to light) or a magnifying glass, unless otherwise stated.
- the zone edge should be read at the point of complete inhibition as judged by the naked eye with the plate held about 30 cm from the eye. Holding the plate at a 45-degree angle to the work bench may facilitate reading when zone edges are difficult to define.
- Measure zone diameters to the nearest millimetre with a ruler or a calliper. If an automated zone reader is used, it must be calibrated to manual reading.

### Colonies within zone

- In case of distinct colonies within zones, check for purity and repeat the test if necessary.
- If cultures are pure, colonies within zones should be taken into account when measuring the diameter.



25







Reading of zones with colonies within the zone.







Reading of zones with colonies within the zone.

# Swarming

 For Proteus spp., ignore swarming and read inhibition of growth.







### **Double zones**

- In case of double zones, check for purity and repeat the test if necessary.
- If cultures are pure, read the inner zone.



10/19/2021

Reading of double zones.

### Fuzzy zone edges Enterobacterales

 Hold the plate against a dark background about 30 cm from the naked eye and estimate where the zone edge is. Do not hold the plate up to light (transmitted light) or use a magnifying glass.



Reading of zones with fuzzy zone edges for Enterobacterales.<sup>10/19/2021</sup>

### Fuzzy zone edges Staphylococci

 Hold the plate against a dark background about 30 cm from the naked eye and estimate where the zone edge is. Do not hold the plate up to light (transmitted light) or use a magnifying glass.







10/19/2021

Reading of zones with fuzzy zone edges for staphylococci.

### Fuzzy zone edges S. pneumoniae

- Small colonies that are visible when the plate is hold about 30 cm from the naked eye should be taken into account when reading zones.
- The presence of small colonies close to the zone edge may be related to excess humidity in the MH-F media, and may be reduced by drying the plates prior to use.



10/19/2021

11

Reading of zones with fuzzy zone edges for S. pneumoniae.

## β-haemolysis

- Tilt the plate back and forth to better differentiate between haemolysis and growth.
- β-haemolysis is usually free from growth.





## α-haemolysis

 Tilt the plate back and forth to better differentiate between haemolysis and growth.



There is usually growth in the whole area of  $\alpha$ -haemolysis.



For some organisms, there is additional α-haemolysis without growth. Tilt the plate to differentiate between 10/19/2021 haemolysis and growth. 14

### Enterobacterales with ampicillin, ampicillinsulbactam and amoxicillin-clavulanic acid

 Ignore growth that may appear as a thin inner zone on some batches of Mueller-Hinton agars. The inner zone is not seen with some batches of agar and when the outer zone is read there is no difference between batches.



33





0/19/2021

### Enterobacterales and temocillin

 Ignore isolated colonies within the inhibition zone and read the outer zone edge.

β-lactamaseresistant penicillin





### Enterobacterales and mecillinam

 Ignore isolated colonies within the inhibition zone and read the outer zone edge.



35





#### extended-spectrum penicillin

# E. coli and fosfomycin

Ignore isolated colonies within the inhibition zone and read the outer zone edge.

#### used to treat lower UTI








### Trimethoprim and trimethoprim-sulfamethoxazole

- Follow the instructions for reading and read the inner zone when double zones appear (see examples below).
- Ignore haze or faint growth up to the disk within a zone with otherwise clear zone edge.



### S. maltophilia with trimethoprim-sulfamethoxazole

- Ignore growth within the zone if any zone edge can be seen, even when growth within the zone is substantial.
  - Read the outer zone edge and interpret according to the breakpoints.
- If there is growth up to the disk and no sign of inhibition zone, report resistant.



An outer zone can be seen

Growth up to the disk 21

### B. pseudomallei with trimethoprim-sulfamethoxazole

- Ignore growth within the zone if any zone edge can be seen, even when growth within the zone is substantial.
  - Read the outer zone edge and interpret according to the breakpoints.
- If there is growth up to the disk and no sign of inhibition zone, report resistant.



An outer zone can be seen



Growth up to the disk

## A. xylosoxidans with trimethoprim-sulfamethoxazole

- Ignore growth within the zone if any zone edge can be seen, even when growth within the zone is substantial.
  - Read the outer zone edge and interpret according to the breakpoints.
- If there is growth up to the disk and no sign of inhibition zone, report resistant.





An outer zone can be seen



Growth up to the disk

## Aeromonas spp. and trimethoprim-sulfamethoxazole

- Read the obvious zone edge and disregard haze or growth within the inhibition zone.
- If there is an obvious inner zone edge, read the inhibition zone as the inner zone.







### Enterococci and vancomycin

- Examine zone edge from the front of the plate with transmitted light (plate held up to light).
  - If the zone edge is sharp, report susceptible.
  - If the zone edge is fuzzy, colonies grow within the zone or if you are uncertain, suspect VRE and perform confirmatory testing, even if the zone diameter is ≥ 12 mm.
  - Isolates must not be reported susceptible before 24 h incubation.



non-VRE

4A

VRE

25

#### cefoxitin and *S. aureus*

43

• When using cefoxitin for the detection of methicillin resistance in Staphylococcus spp., measure the obvious zone, and examine zones carefully in good light to detect colonies within the zone of inhibition. These may be either a contaminating species or the expression of heterogeneous methicillin resistance.

#### S. aureus and benzylpenicillin

- Examine zone edge from the front of the plate with transmitted light (plate held up to light).
  - To detect penicillinase production, read the zone diameter AND examine the zone edge closely.
  - If the zone is ≥ 26 mm and the zone edge is sharp, the isolate is a pencillinase producer, report resistant.
  - If the zone is ≥ 26 mm and the zone edge is fuzzy, report susceptible.



44

Zone ≥ 26 mm and sharp zone edge= Resistant



Zone ≥ 26 mm and <sup>10/19/2021</sup> fuzzy zone edge = Susceptible

## Detection of inducible clindamycin resistance in staphylococci

- Inducible clindamycin resistance can be detected by antagonism of clindamycin activity and a macrolide agent.
- Place the erythromycin and clindamycin disks 12-20 mm apart (edge to edge) and look for antagonism (the D phenomenon).



45



10/19/2021

27

Examples of D phenomenon for staphylococci.

### Detection of inducible clindamycin resistance in streptococci

 Inducible clindamycin resistance can be detected by antagonism of clindamycin activity and a macrolide agent.

46

 Place the erythromycin and clindamycin disks 12-16 mm apart (edge to edge) and look for antagonism (the D phenomenon).



10/19/2021

Examples of D phenomenon for streptococci.

# *H. influenzae* and beta-lactam agents

 Read the outer edge of zones where an otherwise clear inhibition zone contains an area of growth around the disk.





#### **Zones overlap**

Too many disks per plate

In these cases, the zone radius is considered and multiplied by 2



#### **Reading zones – exceptions**

Organism	Antimicrobial agent	Reading inhibition zones	
Enterobacterales	Ampicillin Ampicillin-sulbactam Amoxicillin-clavulanic acid	Ignore fine growth that may appear as an inner zone on some batches of MH agar.	
Enterobacterales	Mecillinam	Ignore isolated colonies within the inhibition zone.	
E. coli	Fosfomycin	Ignore isolated colonies within the inhibition zone and read the outer zon edge.	
Proteus spp.	Any	Ignore swarming.	
<i>S. maltophilia</i> and <i>B. pseudomallei</i>	Trimethoprim-sulfamethoxazole	Ignore growth within the zone if any zone edge can be seen, even when growth within the zone is substantial.	
S. aureus	Benzylpenicillin	Examine zone edge from the front of the plate with transmitted light (plate <sup>0/19/20</sup> held up to light).	

#### **Reading zones – exceptions**

Organism	Antimicrobial agent	Reading inhibition zones	
Staphylococci	Cefoxitin	Examine zones carefully to detect colonies within the inhibition zone.	
Enterococcus spp.	Vancomycin	Examine zone edge from the front of the plate with transmitted light (plate held up to light).	
Streptococcus spp.	Any	Read inhibition of growth and not the inhibition of haemolysis.	
H. influenzae	Beta-lactam agents	Read the outer edge of zones where an otherwise clear inhibition zone contains an area of growth around the disk.	
Aeromonas spp.	Trimethoprim-sulfamethoxazole	Read the obvious zone edge and disregard haze or growth within the inhibition zone	
Any	Trimethoprim Trimethoprim-sulfamethoxazole	Ignore faint growth up to the disk and measure at the more obvious zone10/19/202 edge.	

#### **Quality control**

• When sub-culturing a control strain, use several colonies to avoid selecting a mutant.

- Aminoglycosides may disclose unacceptable variation in divalent cations in the medium,
- tigecycline may disclose variation in magnesium,
- trimethoprimsulfamethoxazole will reveal problems with the thymine and thymidine,
- erythromycin can disclose an unacceptable pH.
- An agar depth above or below acceptable limits will result in smaller or larger zone diameters.

#### **EUCAST routine quality control strains**

Organism	Culture collection numbers	Characteristics
E. coli	ATCC 25922; NCTC 12241; CIP 76.24 DSM 1103; CCUG 17620; CECT 434	Susceptible, wild-type
E. coli	ATCC 35218; NCTC 11954; CIP 102181 DSM 5923; CCUG 30600; CECT 943	TEM-1 β-lactamase producer
K. pneumoniae	ATCC 700603; NCTC 13368 CCUG 45421; CECT 7787	ESBL producer (SHV-18)
K. pneumoniae	ATCC BAA-2814	KPC-3, SHV-11 and TEM-1
P. aeruginosa	ATCC 27853; NCTC 12903; CIP 76.110 DSM 1117; CCUG 17619; CECT 108	Susceptible, wild-type
S. aureus	ATCC 29213; NCTC 12973; CIP 103429 DSM 2569; CCUG 15915; CECT 794	Weak β-lactamase producer
E. faecalis	ATCC 29212; NCTC 12697; CIP 103214 DSM 2570; CCUG 9997; CECT 795	Susceptible, wild-type

#### **EUCAST routine quality control strains**

Organism	Culture collection numbers	Characteristics
S. pneumoniae	ATCC 49619; NCTC 12977 CIP 104340; DSM 11967 CCUG 33638	Reduced susceptibility to benzylpenicillin
H. influenzae	ATCC 49766; NCTC 12975 CIP 103570; DSM 11970 CCUG 29539	Susceptible, wild-type
Campylobacter jejuni	ATCC 33560; NCTC 11351 CIP 70.2T; DSM 4688 CCUG 11284	Susceptible, wild-type

### **EUCAST** strains for detection of specific resistance mechanism

Organism	Culture collection numbers	Characteristics	
K. pneumoniae	ATCC 700603; NCTC 13368 CCUG 45421; CECT 7787	ESBL producer (SHV-18)	
S. aureus	NCTC 12493; CCUG 67181	<i>mecA</i> positive, methicillin resistant (MRSA)	
E. faecalis	ATCC 51299; NCTC 13379 CIP 104676; DSM 12956 CCUG 34289	High-level aminoglycoside resistant (HLAR) and vancomycin resistant ( <i>vanB</i> positive)	
H. influenzae	ATCC 49247; NCTC 12699 CIP 104604; DSM 9999 CCUG 26214	Reduced susceptibility to β- lactam agents due to PBP 10/19/2021 mutations	



- ATCC American Type Culture Collection, USA <u>http://www.atcc.org</u>.
- NCTC National Collection of Type Cultures, Public Health England, UK <u>https://www.phe-culturecollections.org.uk/collections/nctc</u>.
- CIP Collection de l'Institut Pasteur, France <u>https://www.pasteur.fr/en/public-health/biobanks-and-collections/collectioninstitut-pasteur-cip</u>.
- DSM Deutsche Sammlung von Mikroorganismen und Zellkulturen (DSMZ) <u>https://www.dsmz.de</u>.
- CCUG Culture Collection University of Gothenburg, Sweden <u>http://www.ccug.se</u>.
- CECT Colección Española de Cultivos Tipo, Spain <u>http://www.cect.org</u>

#### **Potential sources of error**

	Storage of plates	
	Not prepared according to instructions	
	Batch to batch variation or change of supplier of agar	
Medium	Supplements (batch to batch variations, incorrect amount or expired)	
	pH	
	Agar depth/Agar volume	
	Expiry date	
	"15-15-15 minute"-rule not adhered to (suspension used within 15 min, disks applied within15 min, incubation within 15 min)	
Test	Incubation (temperature, atmosphere and time)	
conditions	Incorrect inoculation (too light, too heavy or uneven)	
	Reading conditions (background, light)	
	Reading zone edges	

#### **Potential sources of error**

	Incorrect disk (wrong agent or wrong disk strength)		
Disks	Disk potency (incorrect storage, labile agent, expiry date)		
	Disks not at room temperature when containers opened		
	Too many disks on plate (interference between agents)		
Control	Incorrect QC strain		
organisms	Mutation		
organionio	Contamination		
	Age of culture		

- Aminoglycosides
- $\succ$  Zone too small
- I. pH of media too low
- II. Ca++ and/or Mg++ content too high
- Zone too large
- I. pH of media too high
- II. Ca++ and/or Mg++ content too low

Acceptable pH range =7.2–7.4

Avoid CO2 incubation

#### • Amoxicillin-clavulanate

- Zone too small
- ✓ Clavulanate is labile, Disk has lost potency

□ Check storage conditions and package integrity

- Penicillins, Tetracyclines
- Zone too large
- ✓ pH of media too low
- Acceptable pH range=7.2–7.4
- □ Zone too small
- ✓ pH of media too high
- Clindamycin, Quinolones, Macrolides
  In contrast to penicillins

- If zones too large
- ✓ Inoculum too light
- $\checkmark$  Error in inoculum preparation
- $\checkmark$  Media depth too thin
- ✓ MHA nutritionally unacceptable
- > Repeat
- 1. McFarland 0.5 turbidity standard
- 2. Check expiration date and proper storage
- 3. Use agar with depth approximately 4 mm

#### Minimum Inhibitory Concentration (MIC)

62



10/19/2021

#### **Media for MIC determination**

- MH broth: un-supplemented cation-adjusted Mueller-Hinton broth, is used for testing of non-fastidious organisms.
- MH-F broth: cation-adjusted MH broth supplemented with 5% lysed horse blood and 20 mg/L β-NAD, is used for testing Streptococcus spp. (including S. pneumoniae), Haemophilus influenzae, Moraxella catarrhalis, Listeria monocytogenes, Campylobacter jejuni and coli, Pasteurella multocida, Corynebacterium spp., Aerococcus sanguinicola and urinae, Kingella kingae and several other fastidious organisms.



- Prepare and autoclave cation-adjusted MHB according to the manufacturer's instructions, but with 100 mL less deionized water per litre to allow for the addition of lysed horse blood.
- Cool medium to 42-45°C. Aseptically add 100 mL 50% lysed horse blood and 1 mL β-NAD stock solution per litre medium and mix well. Dispense MH-F broth in sterile containers with screw caps.
- Store MH-F broth at 4-8°C. A shelf life of 3 months can be expected.
- Check that the pH is within the range 7.2-7.4.



10/19/2021

#### **Preparation of Stock Solution**

- Concentrations of stock solutions should be 1000 mg/L or greater.
- Sterilization of solutions is not usually necessary. If required, sterilization should be by membrane filtration, and samples before and after sterilization should be compared by assay to ensure that adsorption has not occurred.
- Unless otherwise instructed by the manufacturer, stock solutions may be stored in aliquots at -20 °C or below. Most agents will keep at -60 °C for at least 6 months. Use stock solutions promptly on defrosting and discard unused solutions.

#### **Solvent of Antibiotics**

	Antimicrobial agent	Solvent	Diluent
	Amoxycillin	Phosphate buffer 0.1 м, pH 6.0	Phosphate buffer 0.1 м, pH 6.0
/	Ampicillin	Phosphate buffer 0.1 м, pH 8.0	Phosphate buffer 0.1 M, pH 6.0
	Azithromycin	Ethanol 95%	Water
	Aztreonam	Saturated sodium bicarbonate solution	Water
	Cefepime	Phosphate buffer 0.1 м, pH 6.0	Phosphate buffer 0.1 м, pH 6.0
	Cefpodoxime	0.1% sodium bicarbonate solution	Water
	Ceftazidime	Saturated sodium bicarbonate solution	Water
	Cephalothin	Phosphate buffer 0.1 м, pH 6.0	Water
	Chloramphenicol	Ethanol 95%	Water
/	Clarithromycin	Methanol	0.1 м phosphate buffer, pH 6.5
	Clavulanic acid	Phosphate buffer 0.1 м, pH 6.0	Phosphate buffer 0.1 м, pH 6.0
	Erythromycin	Ethanol 95%	Water
	Fusidic acid	Ethanol 95%	Water
	Imipenem	Phosphate buffer 0.01 м, pH 7.2	Phosphate buffer 0.01 м, pH 7.2
	Levofloxacin	Half volume water, a minimum volume 1 M NaOH	Water
		to dissolve, then make up to total volume with water	
	Meropenem	Phosphate buffer 0.01 м, pH 7.2	Phosphate buffer 0.01 м, pH 7.2
	Naladixic acid	Half volume water, a minimum volume 1 M NaOH to dissolve	Water
		then make up to total volume with water	
	Nitrofurantoin	Minimum volume dimethylformamide to dissolve, then make	Phosphate buffer 0.1 M, pH 8.0
		up to total volume with phosphate buffer 0.1 M, pH 8.0	<b>T</b> AT .
	Norfloxacin	Half volume of water, a minimum volume 1 M NaOH to	Water
	Office star	dissolve, then make up to total volume with water	147-1
	Ofloxacin	Half volume water, a minimum volume I M NaOH to dissolve,	water
	Diferentiale	Mathemal	TAZ - Low
	Sulbastam	Phoenhato huffor 0.1 x mH 6.0	Phoephoto buffor 0.1 M pH 6.0
	Sulfanamidaa	Half volume water a minimum volume 1 v NoOH to dissolve	Weter
	Sulfonamides	then make up to total volume with water	water
	Ticarcillin	Phoenhate buffer 0.1 x, pH 6.0	<b>Phasebata buffer 0.1</b> $\frac{10}{12202}$ 0
	Trimethoprim	Half volume water a minimum volume 0.1 x lactic acid or 0.1 x	Water
	rimenoprim	HCl to dissolve then make up to a total volume with water	water
		i to a total volume with water.	

#### **Preparation of inoculum**

- Standardization of inoculum is vital for accurate and reproducible susceptibility testing.
- The inoculum may be prepared by diluting a broth culture or by emulsifying overnight colonies from an agar medium in broth or saline.
- For either method four or five colonies of a pure culture on agar are chosen to avoid selecting an atypical variant.

#### **Broth culture method**

- The colonies are touched with a loop and the growth transferred to broth such as tryptic soy broth or brain heart infusion.
- The broth used must not be antagonistic to the agent tested. The broth is incubated at 35–37 °C until the growth reaches a turbidity equal to or greater than that of a 0.5 McFarland standard.
- It can also be used for non fastidious organisms (except *staphylococci*) when fresh (24 hour) colonies, as required for the direct colony suspension method, are not available.

#### **Direct colony suspension method**

- Cultures must be less than 30 h old. The colonies are touched with a loop and the growth transferred to sterile broth or saline. The suspension is adjusted to give a turbidity equivalent to that of a 0.5 McFarland standard.
- Direct colony suspension is the recommended
- method for testing the fastidious organisms
- *Haemophilus* spp
- N. gonorrhoeae
- *N. meningitidis*
- Streptococci
- for testing *staphylococci* for potential methicillin or oxacillin resistance all organisms the precise concentration of cells in the final inoculum will depend on the state of the culture.

#### **Colony suspension method**

- Plates or tubes must be inoculated within 30 min of standardizing the inoculum to maintain viable cell density.
- The inoculum prepared above is diluted in broth to give a final organism density of  $5 \times 10^5$  cfu/mL (range  $3-7 \times 10^5$  cfu/mL).
- The dilution required depends on the method being used for testing, e.g. transfer of 0.1 mL of organism suspension to a tube containing 9.9 mL of broth will give an inoculum density of 1  $\times$  10<sup>6</sup> cfu/mL which, when mixed with an equal volume of antimicrobial solution in tubes or wells will result in a final inoculum of 5  $\times$  10<sup>5</sup> cfu/mL.
- Periodically viable counts should be performed on inoculum suspensions to ensure that inocula contain approximately  $5 \times 10^5$  cfu/mL. This may be done by removing 10 µL from the growth control well or tube immediately after inoculation and diluting it in 10 mL of broth or saline

100  $\mu$ L of this dilution is spread over the surface of a suitable agar plate which is then incubated overnight. Fifty colonies would be expected from an original inoculum of 5 × 10<sup>5</sup> cfu/mL.

### Incubation of tubes and microdilution plates

- Incubate tubes or plates at 35–37 °C in air for 16–20 h for most antimicrobial agent/organism combinations.
- Incubation time should be extended to 24 h when testing *Haemophilus* spp. and streptococci and before interpreting results from suspected oxacillin resistant *staphylococci* or glycopeptide resistant *enterococci*.
- Incubation at 30–35 °C will increase the likelihood of detection of oxacillin resistance and should be used if testing oxacillin susceptibility.
- In order to avoid uneven heating do not stack microdilution plates more than four high.
## **Reading results**

- Broth microdilution is the reference method for antimicrobial susceptibility testing of rapidly growing aerobic bacteria, except for mecillinam and fosfomycin, where agar dilution is the reference method
- Results must only be read when there is sufficient growth of the test organism (i.e. obvious button or definite turbidity in the positive growth control), no growth in the uninoculated or negative growth control (where present) and when a purity plate shows that the test organism was pure.
- The amount of growth in each tube or well is compared with that in the positive growth control and the MIC recorded as the lowest concentration of the agent that completely inhibits growth.
- for sulfonamides, the lowest concentration that inhibits 80% of growth.
- When testing glycopeptide susceptibility of enterococci, any faint turbidity should be classified as growth.
- When testing fastidious organisms an appropriate quality control organism must also be tested

## **Oxacillin on staphylococci**

Resistance to oxacillin can be difficult to detect. The following conditions will aid detection of resistant strains:

1. Incorporation of NaCl at a final concentration of 2% w/v in the broth.

2. Use of the direct suspension method for preparing bacterial suspensions rather than the growth method.

3. Incubation of tests for a full 24 h.

4. Incubation temperature of not more than 35 °C.

#### **Tests on β-lactamase-producing organisms**

- When testing organisms that produce extracellular β-lactamases against penicillins and cephalosporins, the MIC may be significantly affected by the density of inoculum. The standard inoculum may result in MICs only slightly higher than obtained with susceptible strains.
- β-Lactamase production can be more reliably detected in *Neisseria* gonorrhoeae, Haemophilus influenzae and Moraxella catarrhalis by definitive tests such as nitrocefin-based techniques.
- Among Gram-negative organisms the effect of inoculum depends on the amount of enzyme produced, and the activity of the enzyme against the particular penicillin or cephalosporin under test. Effective standardization of the inoculum is necessary to avoid large variations in MIC results.

10/19/2021

## **Reading broth microdilution**

- Results are only valid when the following criteria are met:
- Sufficient growth, i.e. obvious button or definite turbidity, in the positive growth control.
- Pure culture Check for purity by sub-culturing from the growth-control well immediately after inoculation onto a non-selective agar plate for simultaneous incubation.
- Correct inoculum 5 x 105 CFU/mL Viable colony counts can be performed by removing 10 µL from the growth-control well or tube immediately after inoculation and diluting in 10 mL of saline. Mix and spread 100 µL onto a non-selective agar plate. After incubation, the number of colonies should be approximately 20-80.

### **Growth appearance**

- Growth appears as turbidity or as a deposit of cells at the bottom of the well. The appearance of growth differs depending on the microorganism and the antimicrobial agent tested.
- For round-bottom wells, growth will most often appear as a button/pellet centered in the middle. For flat-bottom wells, growth may be scattered.
- Growth in antibiotic-containing wells may differ from growth seen in the positive growth control, even for pure cultures.





## Hemolysis

- For fastidious organisms tested in MH-F broth, haemolysis of the blood can be seen. This is often accompanied by turbidity or a deposit of growth (pellet).
- Haemolysis with turbidity or pellet should be regarded as growth when determining endpoints.



## **Gram-positive cocci with bacteriostatic antimicrobial agents**

Disregard pinpoint growth (tiny buttons) when trailing growth occurs.





#### **Gram-positive cocci with bacteriostatic** antimicrobial agents

Disregard pinpoint growth (tiny buttons) when trailing growth occurs.







#### Gram-negative organisms with tigecycline and eravacycline

Disregard pinpoint growth (tiny buttons) when trailing growth occurs.



#### Trimethoprim and trimethoprimsulfamethoxazole

■ Read the MIC at the lowest concentration that inhibits ≥80 % of growth as compared to the growth control.



## **Skipped wells**

- Occasionally a skip may be seen, i.e. a well showing no growth bordered by wells showing growth. There are several possible explanations including incorrect inoculation, contaminations, heterogenous resistance etc.
- When a single skipped well occurs, retest the isolate or read the highest MIC value to avoid reporting isolates as false susceptible.
- Do not report results for antimicrobial agents for which there is more than one skipped well.

#### **Troubleshooting**



86

10/19/2021

## **Interpretation of results**

- Make sure that MIC values for relevant Quality Control strains are within acceptable ranges before reporting results for clinical isolates. See quality control criteria in EUCAST QC Tables (www.eucast.org).
- Interpret MIC values into susceptibility categories (S, I and R) according to the current EUCAST Breakpoint Tables.

#### **Minimum Bactericidal Concentration**

•The lowest concentration of an antibiotic killing the majority (99.9%) of a bacterial inoculum.



## Macrobroth dilution (tube dilution)

- Broth media (1-2mL)
- Antimicrobial dilution: log2
  - Control tube

89

- Inoculum; direct or growth
  - touching 2 to 5 morphologically similar colonies
  - 0.5 McFarland (10<sup>8</sup>); dilute to achieve 10<sup>5</sup>
  - Control organisms
- Incubation
- Reading



10/19/2021



# THANK YOU FOR YOUR KIND ATTENTION!