

**Guilan University of Medical Sciences** 

Faculty of Dentistry

### ROTARY Systems





#### 1. HISTORY OF NI-TI FILES

- 2. DEFINITIONS FOR ROTARY FILES
- 3. BASIC STEPS IN USING ROTARY INSTRUMENTS
- 4. CAUTIONS IN USING ROTARY FILES

5. DIFFERENT ROTARY SYSTEMS

## HISTORY OF NI-TI FILES

### **STAINLESS STEEL**

#### **ADVANTAGES**

• Corrosion resistance

#### DISADVANTAGES

- Stiffness in nature
- Porn to fracture
- Low resistance to cyclic fatigue

### **1. Errors in canal preparation**



### **2. TIME CONSUMER**



# **3.UNPLEASANT FOR PATIENT AND PRACTITIONER**



### TRY TO MAKE RCT A PIECE OF CAKE

• easier

- faster
- safer.



### NICKEL TITANIUM ALLOY

- Faster instrumentation engine driven
- Stainless Steel 
   cyclic fatigue, stiffness

### **INVENTION OF NITI INSTRUMENTS**

Revolution in Endodontic 1990,s



Buehler&Wang,US,1960 55% [by weight] Ni and 45% Ti



### NI-TI

#### **ADVANTAGES**

- Low modulus of elasticity
- Specific flexibility
- Superelasticity
- Shape memory
- Fracture resistance
- Corrosion resistance

#### DISADVANTAGES

- Poor cutting efficiency
- No signs of fatigue before fracture

### **NI-TI ALLOY**

Superelasticity / Shape memory

Austenitic phase / Martensitic phase stress, cooling



### SUPERELASTICITY

- Superelasticity is caused by the austenite transforming into the martensite form.
- The strain remains constant during this transformation until the whole niti mass converted to the martensite form → endo of superelasticity
- Reversible deformation  $\rightarrow$  elastic deformation
- Plastic deformation
- File separation



Reversible deformation that does not exceed the elastic limit.

### **SHAPE MEMORY**



• The original shape is resotred after heat application or autoclaving procedure

### **HEAT-TREATED NITI ALLOYS**



### **NICKEL-TITANIUM FILES**

### **M-wire**

- Lower modulus of elasticity
- More flexible  $\rightarrow$  curved canal
- Higher cyclic fatigue
- High fracture resistance(300%)
- No shape memory
- **ProTaper Next**, Reciproc and WaveOne

### **CONTROLLED MEMORY WIRE (2010)**

- Stable Martenistic phase
- extreme flexibility
- 300-800% more fatigue resistant
- Shape memory  $\rightarrow$  no rebound effect after unloading
- Pre bending before placing in a curved canal
- Heat application or autoclaving procedure  $\rightarrow$  back to original shape
- Increased tendency of plastic deformation  $\rightarrow$  single use
- ProTaper Gold, Vortex Blue, Hyflex CM ang EDM



D E F I N I T I O N S F O R R O T A R Y F I L E S

### **ROTARY SYSTEMS**

#### \* Rotary Files (Engine Files):

- Grinding (machining) a NiTi Wire
- Latch type files: Flex Master, Profile, Protaper, GT, Mtow, Hero, Race, K3...Hyflex, Neoniti, V Taper, Twisted file, One shape

#### \* Rotary Handpieces (low speed):

Turbine 40000, Angel 4000, rotary 400 **rpm** (rotation per minute)

A)Endodontic Handpieces:

- Pneumatic  $\rightarrow$  connection to Airmotor
- Electrical  $\rightarrow$  connection to Micromotor  $\rightarrow$  better: adjustable speed
- B) Intelligent Devices:
- Electronic Handpieces
- Cordless Electronic Handpieces

### **COMPONENTS OF A FILE**

- Cross section
- Tip
- Taper
- Cutting edge
- Pitch
- core
- Flute
- Land
- Rake angle
- Cutting angle
- Helix angel











### TAPER

- Amount which the file diameter increases each millimeter along its working surface from the tip toward the file handle.
- #.02 taper = 2% taper



### FLUTE

The groove in the working surface used to collect **soft tissue and dentin chips** removed from the wall of the canal.

It's effectiveness depends on its depth, width, configuration, and surface finish.





### LEADING EDGE = CUTTING EDGE=BLADE

- The surface with the greatest diameter that follows the groove (where the flute and land intersect).
- Deflects chips from the wall of the canal and severs or snags soft tissue.
  Its effectiveness depends on its angle of incidence and sharpness.

### LAND

• If a surface projects axially from the central axis as far as the cutting edge between flutes, this surface is called the land (or sometimes the marginal width)



### RELIEF

• To **reduce frictional** resistance, some of the surface area of the land that rotates against the canal wall may be reduced to form the *relief* 



### **RAKE ANGLE**

The angle between the leading edge of a cutting tool and a perpendicular to the surface being cut.



### **CUTTING ANGLE**



### **RAKE ANGLE**

- Positive Rake angle :
- This cuts so readily → digging into the work-piece.
   Efficient cutting with <u>little or no smear layer.</u>





### **NEGATIVE RAKE ANGLE**

- Cut by applying downward pressure which creates a compression wave ahead of the blade
- spreading butter on your toast
- scraping paint with a plane blade.





### **RAKE ANGLE**



### **CROSS SECTION**







### TIP DESIGN



### SPEED

- Each instrument: a specific rotational **speed** and a suggested amount of maximum **torque**.
- Slow-speed handpieces that rotate at 150 to 500 rpm
- Most of the rotary systems suggest:

250-350 rpm

Some exceptions :

Light speed/RaCe, HERO1200 rpm/500-600 rpm

### TORQUE

- A measure of the force acting on an object causing that object to rotate about an axis
- 2.5 Ncm=25mNm







### ELECTRIC MOTORS



- **Speed** control : not variable
- **Torque** control: variable → maximum torque
- Manufacturer Laboratory
- Smaller files  $\rightarrow$  less torque
- Alarm torque:
- ✓ Error Sound
- ✓ Display
- ✓ Auto Reverse (torque control)





### BASIC STEPS IN USING NI-TI ROTARY INSTRUMENTS


### **CLINICAL CONSIDERATIONS**

DO'S	DON'TS
Assess canal anatomy thoroughly	Instrument blindly
Achieve straight line access prior to instrumentation	Staying in canals for long
Follow crown-down sequence	Use of same files repeatedly
Use glide path for patency of canal	Forceful instrumentation
Use files for 5 to 10 seconds only	Rotation for too long
Adequate irrigation and lubrication	Dry instrumentation
Wipe flutes after each use	Use of unclean files
Examine files before, during and after use	Use files without inspection

# WHAT TO DO



## **RADIOGRAPHIC EVALUATION**

- Dentin Thickness (Danger zone)
- Curvatures
- Calcifications



# **GOOD ACCESS CAVITY/SLA**

Preparing a Good access cavity to achieve SLA to the apical third part of the canal





### FOLLOW PRODUCER PROTOCOL



Study the Producer *Instructions for use* 

# WHAT TO DO

- > Glide path: Negotiate the canal with a hand k-File before using the rotary file
- Copious irrigation and lubricants
- Active the file before insertion
- ➢ Up and Down movements not more than 3 mm.
- **3 penetration cycle** (not more than 5-10 seconds)
- Clean the flutes
- See the file for any changes before use
- Mark the used file after instrumentation



### **SMD (SAFETY MEMO DISK)**







# CAUTIONS IN USING Rotary file

Δ

### WHAT TO AVOID



## WHAT TO AVOID

- Poor Access = Errors
- Never **force** a Rotary file



## HOW MUCH PRESSURE?



# WHAT TO AVOID

- Don't pass the Ledge
- Avoid using the rotary file in sever curvatures
- Avoid sudden changes in the direction
- Avoid using in **Type II canals** up to WL in both canals
- Never **Overuse** the file



# HANDLING

## THREE BASIC HANDLING PARADIGMS

• Up and down : Basic paradigm

• Stall and withdraw: RaCe

• Brushing: Protaper and Orifice openers

### CANAL PREPARATION TECHNIQUES WITH ROTARY FILES

Crown Down technique :

Most of the rotary files

Single length technique :

Protaper / Mtwo /TF

✓ Hyflex

# CROWN DOWN PROCEDURE

- Provisional WL determination
- **Pre-enlargement: Coronal instrumentation** (Gates Glidden, Orifice openers)
- **Exact WL** determination.
- Gradually apically penetration of instruments from **larger to smaller** size ,once reached WL shaping is finished with **3** size larger than the first instrument reached the WL.

### <u>Crown-Down</u>



pical Nargement

































# WHY CROWN DOWN TECHNIQUE?

### To avoid separation

# TAPER LOCK



- Frist coronal then apical with smaller files
- Reduces friction  $\rightarrow$  no taper lock
- Reduces file fracture

# NITI FRACTURE

### > Torsional fracture:

Rotating a locked file

#### > Fatigue fracture:

Prolonged rotation in a curved canal Cyclic Compression and tension






# ROTARY FILES

## PROFILE 1993

- Non-cutting tip .
- U-shape space between radial land
- Crown-Down













(High Elasticity In Rotation)

Miro-Mega France





# **CHARACTERISTICS:**

✓ Triple Helix design like hedstrom file

- ✓ Positive rake angle
- ✓ No radial land
- ✓ Non-cutting tip





No. of instruments/ set	Tip sizes	Size increments	r.p.m. (recommended)	Lengths
12	20, 25, 30 with .02, .04, and .06 taper; 35 to 45 with .02 taper	5	300-600, with minimal axial force	21, 25 mm

HERO





#### C. Difficult canals (curves > 25\*) YELLOW SEQUENCE

diameter	6%	4%	2%
N. 20	1/2 - 2/3 WL	WL minus 2 mm	WL
N. 25		VYL minus X	WL
N. 30			WL

# **HERO-SHAPER**

- #20 T=4% L=25mm
- #25 T=4% L=25mm
- #30 T=4% L=25mm
- #20 T=6% L=21mm
- #25 T=6% L=21mm
- #30 T=6% L=21m
- Crown-down : coronal 6%-apical 4%
- 3 cutting edges
- Non-cutting tip
- Shorter cutting blade + Variable pitch(higher tapers have longer pitch)
- Advantageous:
- ✓ Less screwing in effect
- ✓ Efficient, flexible





### **PROTAPER UNIVERSAL**



No radial land Positive Rake angle  $\rightarrow$  fragile



## **PROTAPER GOLD**

#### THEN

ProTaper<sup>®</sup> Universal sets a new standard in efficiency.

#### NOW

The ProTaper® legacy continues with ProTaper Gold®:

- +24% increased flexibility
- x 2.6 greater resistance to cyclic fatigue
- Shorter 11mm handle

ProTaper Gold® features the same simplicity and smoothly tapered shapes you know and trust from ProTaper® Universal. Developed with proprietary advanced metallurgy, ProTaper Gold® rotary files offer greater flexibility for ProTaper® performance that's better than ever.



No. of instruments/ set	Tip sizes	Size increments	r.p.m. (recommended)	Lengths
6 (3 shaping files; SX, S1, S2; 3 finishing files; F1, F2, F3)	19-30	Vary along the working part of an individual instrument	150 to 350 minimal axial force, low to medium torque to fracture, varying working torque	19, 21, 25 mm

### **Protaper** Design Features

- > Shaping files:
- 14 mm cutting part
- Cutting tip
- Increasing taper toward the handle
- Brushing technique
- > Finishing Files :
- 16 mm cutting part
- Non-cutting tip
- Decreasing taper
- Non-brushing









### **Protaper** Features and Advantages



# Shaping File X

### **ProTaper** Features and Advantages



# Shaping File 1-2

### **ProTaper** Features and Advantages



# Finishing File 1-3

## **PROTAPER GOLD**

ProTaper Gold<sup>•</sup> shaping files pre-enlarge canals and are designed to be used with the same familiar outstroke brushing technique. ProTaper Gold<sup>•</sup> finishing files are more flexible so you can shape and finish each canal with a complete system approach.





- Explore the root canal with a SS #10K hand file
- ✓ Until it is a few mm short of the estimated W.L.
- ✓ NaOCI for all initial negotiation procedures.



- $\checkmark~$  S1 just short of the depth of the hand files
- $\checkmark$  Enlarge the coronal 2/3 of the canal
- ✓ Irrigate
- 10K hand file to break up debris and then reirrigate.



3

Sx → brushstroke → selectively away from furcal
danger → better SLA
Light resistance → brush out
2/3 of the overall length of its cutting blades are below
the orifice
Don't forget to irrigate.



Pre-enlargement 2/3 coronal  $\rightarrow$  **Precurved 10K** hand file  $\rightarrow$  negotiate the rest of the canal  $\rightarrow$  patency, confirm WL. **Use S1** to length



5

Irrigate and use **S2** Typically go to full WL on the first pass. Irrigate.



2/3 coronal is prepared  $\rightarrow$  1/3 apical

F1 carefully take to WL and immediately withdraw



Gauge the size of the foramen by placing a 20
K hand file to length
If snug at WL → obturate
If it is loose → use F2
25 K hand file



#### If it is loose use F3

Normally, this would be as large as you would prepare a **calcified and/or curved canal**.







# PROGLIDER

- One File Glide Path
- #16, Variable Taper
- M-Wire
- Strength ad Flexibility  $\rightarrow$  stay on track in curves
- Presterilized blister pack







# **PROTAPER – NEXT SERIES**

- 2012
- M-wire
- 2 shaping, 3 optional





### **COMPARISON WITH PROTAPER**



### SEQUENCE



## PROTAPER NEXT HANDLING

### Single length technique

- Glide path by small sized Hand files
- X1(017/04): Brushing  $\rightarrow$  WL
- **X2**(025/06)
- Apical is covered with debries
- 25 Hand file is snug
- the file is loose  $\rightarrow$  X3,X4,X5.



# **PROTAPER RETREATMENT FILES**

Cutting tip





# N TWO SYSTEM \$VDW®

- 2004
- Rake angle is **positive**
- Tip is non- cutting
- Single length technique









### **Instrument** markings





### **R**eamer with **A**lternating **C**utting edge







#### Non screw-in design

Alternating cutting edges  $\rightarrow$  better control

#### Triangular cross section

Sharp edges  $\rightarrow$  optimum cutting Thin core $\rightarrow$  increased flexibility

#### Electro-polished

Reducing micro-crack Corrosion and fatigue Resistance

### Exclusive rounded safety tip

- Centering in the canal
- Less risk of perforations and ledges
- DR1 :active tip






### RACE

### **Optimal use of Race instruments**

- Speed: 600-1'000 rpm
- Torque: 0/5-1 Ncm for RaCe files
- 1/5 Ncm for PreRace
- Gentle back and forth strokes
- Light touch, let the instrument do the work.
- Work for 3-4 seconds at a time, then withdraw.
- Clean the blade and irrigate the canal.

### **GLIDE PATH**

### Scout Race:

• 10, 15 and 20 , 2% taper: straight, with severe curvature or «S» type.

### Race ISO 10: calcified or narrow canals

• 10 : .02, .04 and .06 taper, when manual K files of ISO 06 or 08 cannot progress further

### EASY-RACE

2 Speed: 400-600 rpm Torque: 1.5 Ncm





# RACE

1. RaCe

2. iRaCe

3. BioraCe

4. BT-RaCe:

5. D-RaCe

### I-RACE

• final apical size of ISO 30/.04

### iRace Sequence

Majority of cases (straight, slightly curved or wide canals):

- R1 15/.06,
- **R2** 25/.04
- **R3** 30/.04

### Complementary iRace Plus Kit

More difficult cases (highly curved, narrow or calcified canals):

- R1a 20/.02
- **R1b** 25/.02
- ✓ 21, 25, 31 mm
- ✓ 600 rpm (minimum 400 rpm)
- ✓ 1.5 Ncm

### R1, R2, R3







### BIORACE



 $\checkmark$  To achieve adequate elimination of bacteria from the root canal

- ✓ Minimum apical size ISO 35 or 40
- ✓ Lengths: 21, 25, 31 mm
- ✓ Recommended speed: 600 rpm
- ✓ Torque: 1.5 Ncm
- ✓ No SMD



### COMPLEMENTARY BIORACE EXTENDED SET:

#### a. Canals with severe apical curvature



- ✓ Lengths: 21, 25, 31 mm
- ✓ Recommended speed: 600 rpm
- ✓ Torque: 1.5 Ncm



\* With the SafetyMemoDisc (SMD) please see after



### **BIO RACE**

• Starts with Orifice Opener 25-%8 for coronal 2/3 and continue with 15-%5, 25-%4

• For most canals 25-%6

narrow 35-%2-40-%2

Wide 35-%4-40-%4





### **BT-RACE SEQUENCE**

- Biological & Conservative
- "Booster Tip" (BT-Tip) patented by FKG:
- A non-cutting tip from 0 to 0.15 mm diameter
- The cutting edges start from 0.15 mm and upwards on the file





# **BT-RACE SEQUENCE**

- ✓ Lengths: 21, 25, 31 mm
- ✓ Speed of 800 1000 rpm
- ✓ Torque: 1.5 Ncm
- $\checkmark$  Delivered in a sterile blister
- ✓ Single use
- ✓ Glide path: 15,2% manual or Scout Race



### **D-RACE**

- DR1: 1'000 rpm (minimum 800 rpm)
- DR2: 600 rpm (minimum 400 rpm)
- Torque: 1.5 Ncm
- DR2: single use

#### DR1 - Access

>>> ISO 030/0.10 - L.15/8 mm >>> active tip





### MANUFACTURING PRINCIPLE

Worldwide unique manufacturing process based on Electric Discharge Machining (EDM)



Progressive flexibility —

Hard cutting edges \_\_\_\_\_

Abrasive surface

#### precurving

to negotiate :

- ✓ a difficult access or
- ✓ a ledge

**EDM process** consists of sparks produced by high energy and high frequency electric discharges between the metal workpiece (e.g. NEONITI file) and an electrode (e.g. the cutting wire). This leads to locally melting and evoporating the workpiece material resulting in the finished product desired geometry.

### ADVANTAGES

- ✓ Anti-screwing effect
- ✓ High cutting efficiency
- ✓ High flexibility
- ✓ High resistance to fracture
- ✓ Efficient **cleaning** to the apex
- ✓ Retreatment



### NEONITI

#### One file system





## NEONITI

non-sterile packaging Do not sterilize more than 5 times

### Recommended use

- Crown down technique
- Continuous rotation
- Speed 300 500 rpm
- Torque limit 1.5 N. cm
- Constantly irrigate
- Frequently wipe the file

### Filling the canal

We generally recommend to use Gutta Percha points Size n°25 - Taper .06

Size

Taper

(L15)

(L21)

125

(L31)

Available lengths

# For further information

Please refer to the instruction manual

ISe		-		
	GPS	A	AI	Al
n°25	n°15	n°20	n°25	n°40
.12	.03	.06	.06	.04
15mm	-	-	7	
-	21mm	21mm	21mm	21mm
7	25mm	25mm	25mm	25mm
-	31mm	31mm	31mm	31mm

### NEONITI

Make the glidepath Prepare the access cavity.

Establish WL and make the canal patency with K6, K8, K10 or K15 file.



#### Simple protocol

5mm

1 Φ 5 Φ

2

0

Φ

υ

•---

4

.--

-

0



### **RECIPROCATION**

### NEW ENGINE DRIVEN INSTRUMENTS

### **Reciprocating Motors**

Taper lock, fatigue fracture, screwing  $\rightarrow$  reciprocating Reciproc / Wave-one

#### **Balanced Force Technique**



Clockwise and counter-clockwise file rotations



#### **Reciprocating Motion**

# **RECIPROC / WAVE-ONE**

- 150-170 ccw, 30-50 cw
- Left leaning flute → cutting in cw direction
- Pushes the debris apically  $\rightarrow$  clean the file









# **RECIPROC FILES**

**R-Pilot** Reciproc Blue







#12, constant 4% taperreciprocation motionM-Wire alloyS-shaped cross-section



### WAVE ONE







## SHAPING TECHNIQUE

- SLA
- Estimate the WL
- **Glide path** with **0.10** K-file until resistance met
- Use lubricant and irrigants
- Gently pecking motion in short (2-3 mm)amplitudes
- 2 to 3 pecking motions  $\rightarrow$  clean  $\rightarrow$ until the 2/3 coronal is shaped
- Negotiate the apical third with 0.10 K-file
- Take the wave one file to the WL.
- If apical flutes are **not covered** with dentin go to the bigger size file



### **SP1 - V-TAPER GOLD**







### M3 - PATH

- Speed: 350 rpm
- Torque: 1.5 Ncm



# M3 - PRO GOLD 2017

- CM wire : Resistant to Cyclic fatigue/ High flexibility
- 10,15,20,25,30, 35: 4%,6% → 25mm
- 40, 50: 4% → 25mm
- 17: 8%,12% → 19mm
- Speed: 300-350 rpm
- Torque: 1-2.5 N.cm
- Assort:
- 19 2% path file
- 15 6%
- 25 4%
- 25-6%
- 35 6%





# M3 PRO GOLD 2018

- Assort:
- 17-12%
- 12-2%
- 16-4%
- 18- 5%
- 25-6%
- 35 4%
- CM wire
- Resistant to Cyclic fatigue
- High flexibility



# M3 - L BLUE 2017

- 25mm
- LB 15\*6
- LB 20\*7
- LB 25\*8
- Multi taper
- Rotary and reciproc (180cw-60ccw)
- Maximum torque: 2 N/cm
- Maximum speed 500 rpm
- ✓ Fracture resistant
- ✓ Good Cutting
- $\checkmark$  Less transportation of ledge
- ► Negotiation with K file 10,15
- ≻ Open file : 350 rpm, 3 N.cm
- One file system
- ➢ Irrigation, recaptulation





# M3 - L BLUE 2018

- 25mm
- LB 20\*7
- LB 25\*8
- LB 35\*8
- Multi taper
- Rotary and Reciproc (180cw-60ccw)
- Maximum torque: 2 N/cm
- Maximum speed 500 rpm
- ✓ Fracture resistant
- ✓ Good Cutting
- $\checkmark$  Less transportation of ledge

εw	EW	εw	

### M3 - IMMATURAL



- 20, 25. 30 → 4%
- 16 mm
- Speed: 350 rpm
- Torque: 1.5 N.cm



## M3 - RT

- Speed: 350 rpm
- Torque: 2 N.cm







## DENCO

- D-SHAPER
- D-SUPER FILES
- SUPER FILE
- SUPER FILE II
- SUPER FILE III
- Kids Files : 17mm → 25\*4, 25\*6, 30\*4, 40\*4
- Only one file: reciprocating motion, R25, R40, R50
- Preshaper
- PRO-FLEXI FILES
- D-Files
- PA-Files: #13,16,19-2%
- Pro-Path : #16 variable taper ⇒



### DENCO




## **Thanks for your attention**