

# ترومبوسیتوپنی در کودکان

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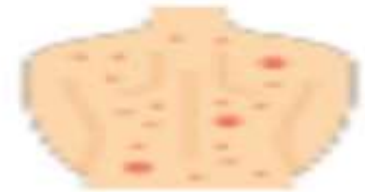
## **SIGNS AND SYMPTOMS**

<b>Platelet ( <math>\times 10^3</math> /<math>\mu</math>L)</b>	<b>Example of Bleeding Risk</b>
<b>&gt; 100</b>	Asymptomatic
<b>50 - 100</b>	Post-operative bleeding & bruising
<b>20 - 50</b>	Petechiae, purpura, ecchymoses
<b>5 - 20</b>	Epistaxis or gingival bleeding
<b>&lt; 10</b>	GI bleeding, heavy menstrual bleeding or intracranial hemorrhage

- Prodromal illness
- Recent live vaccination (MMR)
- Recent travel
- Dietary History
- Family Hx of bleeding disorders
- Review Medications list
- If newborn ask about maternal PLT count, medical history and medications



- ABCs and vital signs (stable or unstable)
- Purpura, petechiae, ecchymoses, mucocutaneous bleeding
- Altered consciousness, abnormal pupils, slurred speech
- Lymphadenopathy (malignancy)
- Hepatosplenomegaly
- Swollen joints or rash



# DIFFERENTIAL DIAGNOSIS

## Thrombocytopenia

### PLT Destruction

#### Immune Mediated

Immune  
Thrombocytopenia

HIV, Hep C

Neonatal  
alloimmune  
thrombocytopenia

Lupus, Juvenile  
Idiopathic Arthritis

Neonatal  
autoimmune  
thrombocytopenia

#### Consumptive

Hemolytic  
Uremic  
Syndrome

Disseminated  
Intravascular  
Coagulopathy

### Decreased PLT Production

Malignancy  
(leukemia, lymphoma)

Medications  
(chemotherapy)

Infectious  
(sepsis, viral)

Nutritional  
deficiencies  
(B12, folate, iron)

Inherited &  
Congenital  
(Wiskott-Aldrich  
Syndrome)

### Splenic Sequestration

Hypersplenism  
(infection, sickle  
cell, malignancy)

Von Willebrand  
Disease

Major causes of thrombocytopenia in children

Destructive thrombocytopenias	Decreased platelet production
<b>Immune-mediated</b>	<b>Infection</b> (Epstein-Barr virus, cytomegalovirus, parvovirus, varicella, rickettsia, bacterial sepsis)
Immune thrombocytopenia (ITP)	<b>Nutritional deficiencies</b> (folate, B12, iron)
Drug-induced thrombocytopenia	<b>Acquired bone marrow failure</b>
Systemic autoimmune disorders and immune dysregulation syndromes (secondary ITP)	Aplastic anemia
Systemic lupus erythematosus	Myelodysplastic syndromes
Autoimmune lymphoproliferative syndrome	Medications (eg, chemotherapy)
Antiphospholipid antibody syndrome	Radiation
Common variable immunodeficiency	<b>Infiltrative bone marrow diseases</b>
DiGeorge syndrome	Leukemias
<b>Platelet activation and consumption</b>	Lymphomas
Microangiopathic disorders	Metastatic cancers
Hemolytic-uremic syndrome	Infectious granulomas
Thrombotic thrombocytopenic purpura	Storage diseases
Disseminated intravascular coagulation	<b>Genetic causes of impaired thrombopoiesis</b> *
Major surgery or trauma	Wiskott-Aldrich syndrome/X-linked thrombocytopenia
Kasabach-Merritt syndrome	Inherited bone marrow failure syndromes
<b>Mechanical destruction</b>	Fanconi anemia
Extracorporeal therapies (eg, cardiopulmonary bypass)	Dyskeratosis congenita
<b>Sequestration and trapping</b>	Shwachman-Diamond syndrome
Hypersplenism	Congenital amegakaryocytic thrombocytopenia
Type 2B or platelet-type von Willebrand disease	Thrombocytopenia with absent radii syndrome
	Amegakaryocytic thrombocytopenia with radioulnar synostosis
	Familial platelet disorder with predisposition to hematologic malignancy
	Bernard-Soulier syndrome
	MYH9-related disorders
	Paris-Trousseau syndrome
	X-linked thrombocytopenia with dyserythropoiesis

MYH9: nonmuscle myosin heavy chain gene.  
\* This is a partial list. For further details, refer to UpToDate topics on causes of thrombocytopenia in children and disorders of platelet function.