IN THE NAME OF GOD COVID-19 DIFFERENTIAL DIAGNOSIS

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- During the peak of the first wave of COVID-19 the a priori probability that patients, who came to the hospital with
- dyspnea
- coughing
- fever,

Having COVID-19 was high, especially if they have an abnormal chest-CT

- The images are all of patients with **proven COVID-19** infection.
- The CT's were classified as CO-RADS 5, which indicates a very high probability of COVID-19.



- Chest CT can be helpful in the diagnosis of COVID-19 in hospitalized patients as an adjunct to PCR testing and serology.
- The CO-RADS classification uses features of COVID-19 on chest CT to indicate the likelihood of COVID-19 pulmonary involvement based on CT imaging

# **CO-RADS CLASSIFICATION**

- The CO-RADS classification is accurate in the clinical setting of hospitalized patients with high clinical suspicion of COVID-19 and symptom duration of more than 2 days
- The performance of the CO-RADS classification decreases in patients without typical complaints of COVID-19
- short symptom duration
- and in patients with overlapping or pre-existing pulmonary disease.

In those cases we have to consider other diseases in the differential diagnosis



	Level of suspicion	CT findings	
CO-RADS 1	No	normal or non-infectious abnormalities	
CO-RADS 2	Low	abnormalities consistent with infections other than COVID-19	
CO-RADS 3	Indeterminate	unclear whether COVID-19 is present	
CO-RADS 4	High	abnormalities suspicious for COVID-19	
CO-RADS 5	Very high	typical COVID-19	
CO-RADS 6	PCR +	definite COVID-19	

#### **DIFFERENTIAL DIAGNOSIS OF COVID-19**

#### Groundglass mimickers

There is no real ground-glass but high density lung as a result of insufficient inspiration or normal lung looking like ground-glass because it is next to hypoperfused black lung due to vasoconstriction

#### Differential diagnosis

**Many** diseases that **may look like COVID-19**, but you should be able to find the differences by combinding CT and clinical findings

#### Overlapping diseases

Diseases of the lung that have **the exact pattern as COVID-19**. **Distinction** can **only** be made with **clinical parameters** 

#### DIFFERENTIAL DIAGNOSIS OF COVID-19

COVID-19 Differential Diagnosis				
Groundglass Mimickers	Differential diagnosis	Overlapping diseases		
Insufficient inspiration Asthma Bronchiolitis obliterans Hypersensitivity pneumonitis	Cardiogenic edema Pulmonary infarctions Alveolar hemorrhage Eosinophilic pneumon Drug-induced pneumonitis Radiation pneumonitis Hypersensitivity pneumonitis NSIP	Organizing pneumonia Influenza pneumonia Pneumocystis pneumonia Adult respiratory distress syndrome		
	Adenocarcinoma Alveolar proteinosis			

#### **DIFFERENTIAL DIAGNOSIS OF COVID-19**

 It is therefore important to take the appropriate clinical setting into account when applying CO-RADS, as a false positive CTresult may result in unnecessary treatment and isolation

 In addition, framing bias should be avoided by taking the differential diagnoses of COVID-19 CT signs into consideration and to correlate these to the clinical history of the patient

#### **GROUNDGLASS MIMICKERS**

• Diffuse high density of the lung parenchyma can be caused by inadequate inspiration

#### **GROUNDGLASS MIMICKERS**

#### COVID-19 Ground glass mimickers

- Inadequate inspiration
- Mosaic attenuation
  - hypoperfusion in pulmonary emboli
  - bronchopathy with secondary vasoconstriction
    - in: asthma
      - bronchiolitis obliterans
      - hypersensitivity pneumonitis

#### **INADEQUATE INSPIRATION**

 Notice the presence of inward bowing of the posterior membrane, indicative of inadequate inspiration

• Repeat examination showed normal parenchymal density (not shown)



#### **MOSAIC ATTENUATION**

- based on multifocal hypoperfusion or hypoventilation can mimic groundglass opacities, but is fundamentally distinct
- Here, it is the low density pulmonary parenchyma that is abnormal
- It is caused by bronchopathy with hypoventilation and secondary hypoxic vasoconstriction
- The relatively high density parenchyma is normal

#### MOSAIC ATTENUTAION IN A PATIENT WITH BRONCHOPATHY WITH HYPOXIC VASCONSTRICTION



## PULMONARY CARDIOGENIC EDEMA

 Pulmonary cardiogenic edema presents with bilateral ground-glass opacities reflecting extravascular fluid in the alveolar spaces

 These ground-glass opacities are typically more centrally distributed with sparing of the peripheral parenchyma and do not fulfill the complete obligatory COVID-19 feature of location of ground glass close to the pleural surfaces.

# CENTRALLY DISTRIBUTED GROUNDGLASS WITH INTERLOBULAR THICKENING IN CARDIOGENIC EDEMA



 In addition, distribution of edema can be gravity dependent, which can be appreciated on sagittal reconstructions

# GRAVITY DEPENDENT GROUNDGLASS WITH INTERLOBULAR THICKENING IN CARDIOGENIC EDEMA



# ACCOMPANYING SIGNS SUGGESTIVE OF CARDIOGENIC EDEMA:

- Interlobular septal thickening
- Diiffuse vascular enlargement
- Lymph node enlargement
- Structural cardiac pathology
- Pleural fluid
- Clinical presentation of the patient

#### PULMONARY CARDIOGENIC EDEMA WITH CENTRALLY DISTRIBUTED GROUNDGLASS, DIFFUSE VASCULAR ENLARGEMENT, LYMPHNODE ENLARGEMENT AND BRONCHIAL CUFFING



## **PULMONARY INFARCTIONS**

 Infarctions secondary to pulmonary emboli cause peripheral densities adjacent to the pleural surfaces

 Although these densities in part consist of ground-glass opacities, especially in the early stage, infarctions are frequently more peripheral, triangular and dense

### **PULMONARY INFARCTIONS**

• The images show:

#### **1.**Central pulmonary embolism.

2.Corresponding perfusion defects at subtraction iodine mapping

# **3.Peripheral, triangular** pulmonary **opacities in the vascular territories.**

#### **PULMONARY INFARCTIONS**



### **ALVEOLAR HEMORRHAGE**

- Bilateral and confluent airspace opacities caused by diffuse alveolar hemorrhage such as in e.g. systemic lupus erythomathosus on this image are distributed more along the bronchovascular bundles, and predominantly spare the peripheral pleural surfaces and costophrenic angles
- These opacities should resolve in weeks if bleeding does not recur
- The image shows alveloar hemorrhage with patchy groundglass along the bronchovascular bundles in a patient with secondary vasculitis in systemic lupus erythemathosus

#### **ALVEOLAR HEMORRHAGE**

## ALVELOAR HEMORRHAGE IN A PATIENT WITH SLE.



- In COVID-19 the groundglass is more peripheral and diffuse.
- More chronic or subacute hemorrhage causes crazy paving and fibrosis.
- In addition, clinical presentation including fever, cough and leukocytosis are less common in patients with alveolar hemorrhage, although the clinical presentation of diffuse pulmonary hemorrhage remains highly variable.
- Only approximately 2/3 of patients have hemoptysis



# **EOSINOPHILIC PNEUMONIA**

 Eosinophilic pneumonia can also present with fever and cough just like COVID-19

On CT it presents like COVID-19 with peripheral ground-glass and consolidations, with or without a crazy paving pattern, which makes is very hard to distinghuish from COVID-19 on CT alone.

#### **EOSINOPHILIC PNEUMONIA**

- Differentiation from COVID-19 is possible based on:
- Clinical presentation with slow onset of symptoms
- Association with asthma
- Eosinophilia in bronchioalveolar lavage and blood samples
- Mainly, and more strictly upper lung zone distribution

# PERIPHERAL GROUNDGLASS IN CHRONIC EOSINOPHILIC PNEUMONIA



# **DRUG-INDUCED PNEUMONITIS**

- Drugs can cause CT patterns similar to confirmatory patterns of COVID-19, including ground glass, peripheral consolidations, crazy paving and organizing pneumonia patterns
- The appropriate clinical setting of potentially pneumotoxic drugs and clear improvement after drug withdrawal (right) helps in suggesting this differential diagnosis

• A list of pneumotoxic drugs and the findings on CT is found on

#### DRUG-INDUCED PNEUNMONITIS WITH GROUNDGLASS, RETICULATION, CRAZY PAVING AND CONSOLIDATIONS (LEFT), WHICH RESOLVED AFTER DRUG WITHDRAWAL (RIGHT).



## **RADIATION PNEUMONITIS**

- Inflammatory and fibrotic changes associated with radiotherapy can cause peripheral ground-glass and consolidations in the area of the radiation therapy field
- However, **bilateral organizing pneumonia** outside the radiation field can also occur, mimicking one of the confirmatory feature of COVID-19

 Correlation with the radiotherapy field and stationary location of abnormalities over time can virtually always confirm radiation pneumonitis

# STATIONARY GROUNDGLASS AND CONSOLIDATIONS IN THE RIGHT LUNG AFTER RADIATION THERAPY



## **HYPERSENSITIVITY PNEUMONITIS**

- Ground glass opacities in hypersensitivity pneumonitis (HP) are also bilateral, but show a more geographical pattern
- In addition, HP has other features uncommon in COVID-19:
  - Centrilobular nodules
- **Headcheese sign**" with a mixture of lobules with ground glass, normal density parenchyma, and air trapping
- Clinical presentation with a history of exposure to sometimes unknown antigens
- HP patients can develop **fibrotic changes** in **a later stage**.

#### THE IMAGE SHOWS TYPICAL BILATERAL GROUNDGLASS OPACITIES IN <u>HYPERSENSITIVITY PNEUMONITIS</u> WITH HEAD CHEESE SIGN: A MIXTURE OF GROUND GLASS, NORMAL DENSITY PARENCHYMA AND AIR TRAPPING (CIRCLE)



#### NSIP

- Other interstitial lung diseases, such as nonspecific interstitial pneumonia can present with peripheral ground glass opacities, which can simulate COVID-19
- This patient had nonspecific interstitial pneumonia and presented on CT with faint ground glass resembling cellular and, to some extent, fibrotic interstitial disease

#### NSIP

• Differentiation from COVID-19:

- The opacities are not demarcated
- No vascular thickening
- Mostly stable over time
- Clinical presentation is distinct from infection

# PERIPHERAL, FAINT GROUNDGLASS (ARROWS) IN A PATIENT WITH NONSPECIFIC INTERSTITIAL PNEUMONIA



# ADENOCARCINOMA

- Especially adenocarcinoma and its precursors can present with pure ground glass opacities with or without solid components, depending on the degree of invasiveness
- Multifocal adenocarcinoma in situ can present as bilateral ground glass opacities, which might look like COVID-19
- Here, distribution is different from COVID-19, with a more geographical and diffuse distribution and no peripheral predominance

#### GROUNDGLASS AND CONSOLIDATIONS RESEMBLING EXTENSIVE, BILATERAL NON-MUCINOUS INVASIVE ADENOCARCINOMA AND ADENOCARCINOMA IN SITU



# **ALVEOLAR PROTEINOSIS**

 Alveolar proteinosis is a rare condition, frequently associated with elevated lactate dehydrogenase, antibodies against granulocyte-macrophage colony-stimulating factor and broncheoalveolar fluid findings typical for alveolar proteinosis

 Crazy paving in alveolar proteinosis is much more diffuse than in COVID-19, with incidental lobular or geographic sparing, and is frequently disproportional with severity of complaints

## ALVEOLAR PROTEINOSIS WITH DIFFUSE CRAZY PAVING



# **OVERLAPPING DISEASES**

 With overlapping diseases we mean diseases of the lung that have the exact pattern as COVID-19

#### Distinction can only be made with clinical parameters

## **OVERLAPPING DISEASES**

## **ORGANIZING PNEUMONIA**

- Patterns compatible with organizing pneumonia commonly occur in COVID-19
- It is regarded as a confirmatory pattern, reflecting a later stage in the temporal evolution of the parenchymal abnormalities
- This pattern in COVID-19 overlaps with organizing pneumonia due to other causes with typical peripheral and central peribronchiolar consolidations and central airway dilatation (figure)
- The lung abnormalities decreased after treatment with corticosteroids

ORGANIZING PNEUMONIA. LEFT TYPICAL PERIPHERAL AND CENTRAL PERIBRONCHIOLAR CONSOLIDATIONS WITH CENTRAL AIRWAY DILATATION. RIGHT POST TREATMEN



## **OVERLAPPING DISEASE**

## **INFLUENZA PNEUMONIA**

- Viral pneumonias show overlapping features on CT.
- Influenza virus infection can result in bilateral ground-glass opacities, consolidations and crazy paving that appear similar to COVID-19.
- Typical features of influenza are:
- Mucoid airway impaction
- Linear opacities
- Central distribution (as shown in these two cases)
- In addition, **vessel thickening and upper lobe involvement** seem to occur more frequently in the **abnormal COVID-19** parenchyma than in other viral pneumonias.

# INFLUENZA PNEUMONIA. BILATERAL GROUNDGLASS WITH CENTRAL DISTRIBUTION AND CENTRILOBULAR GROUNDGLASS NODULES



#### **OVERLAPPING DISEASE**

# **PNEUMOCYSTIS PNEUMONIA**

- Pneumocystis pneumonia also causes bilateral ground-glass and in later stages consolidations with or without crazy paving
- However, this frequently occurs in a more central distribution than in COVID-19, and only in immunocompromised patients
- PCP is furthermore associated with pulmonary cysts and spontaneous pneumothoraces, although pneumothoraces and bullae also present in a small minority of hospitalized COVID-19 patients

# BILATERAL GROUNDGLASS IN PCP IN AN IMMUNOCOMPROMISED PATIENT.



#### **OVERLAPPING DISEASE**

# **ADULT RESPIRATORY DISTRESS SYNDROME**

- Diffuse alveolar damage can also show peripheral ground-glass, consolidations and crazy paving, which can be similar to the alveolar damage in patients with COVID-19 (left), but also more gravity dependent reflecting permeability edema (right)
- ARDS can only occur in the appropriate setting, such as in a postoperative situation or in case of prolonged mechanical ventilation
- However, ARDS can concomitantly occur with COVID-19 in ICU patients

#### ARDS. BILATERAL, IN PART GRAVITY DEPENDENT GROUNDGLASS WITH ATELECTASIS, AND PLEURAL FLUID IN A PATIENT WHO UNDERWENT A GASTRO-ESOPHAGEAL RESECTION

