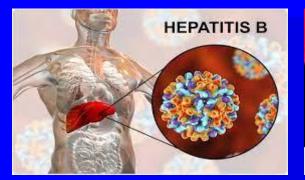
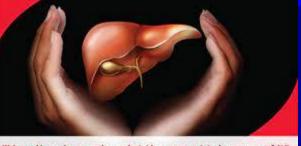


Occupational Liver Diseases





"Your liver is precious let the expert take care of it"





M.H. Vaziri M.D,MPH,PhD Health Promotion Specialist Shahid Beheshti University of Medical Sciences

CLASSIFICATION OF OCCUPATIONAL LIVER DISEASES

- Chemically Induced Liver Disorders
- Inflammatory Liver Disorders
- Disorders Induced By Physical Agents
- Malignant Liver Diseases



Mechanisms of Toxicity

Category of Agent	Incidence	Experimental Reproducibility	Dose Dependent	Example
Intrinsic toxin				
Direct	High	Yes	Yes	Carbon tetrachloride
Indirect				
Cytotoxic	High	Yes	Yes	DimethyInitrosamine
Cholestatic	High	Yes	Yes	Methylenedianiline
Host idiosyncrasy				
Hypersensitivity	Low	No	No	Phenytoin
Metabolic abnormality	Low	No	No	Isoniazid

MAJOR HUMAN HEPATOTOXINS

Solvents

Carbon Tetrachloride And Other chlorinated Solvent Dimethylformamide Toluene Other Solvents Mixed Solvent Halothane And Other Anesthetic Solvents

• **Pesticides** (And Related Halogenated Hydrocarbons)

• Metals



Arsenic

Lead

EVALUATION OF LIVER DISEASE

• Clinical History

medical history occupational history exposure history

Output Description

• Laboratory Evaluation

serum marker of hepatobiliary disease *ALT-AST-AP*biochemical tests of liver function

test of hepatic metabolism test of hepatic synthetic function



• Anatomic Tests

• Liver Biopsy

Inflammatory Liver Disorders

Agent	Occupation
Hepatitis A virus	Nursery and kindergarten staff Sewer workers
Hepatitis B and C viruses	Health care workers with blood and body fluid contact
Cytomegalovirus	Pediatric health care workers
Coxiella burnetii	Animal care workers Farm workers Slaughterhouse workers
Leptospira icterohaemorrhagiae	Sewer worker Farm workers

MEDICAL SURVEILLANCE

Surveillance Strategies
Screening Tests

Clinical Management Of Abnormal Liver Function Tests



What is occupational cancer?

Occupational cancer is cancer that is caused wholly or partly by exposure to a carcinogen at work.



Liver Cancer





Vinyl chloride, angiosarcoma of the liver hydraulic cleaner from an open vinyl chloride reactor, 1974

Chemical Carcinogenesis in humans

Target organs	Agents	Industry	Tumour type
Lung	Asbestos, Arsenic, Mustard gas, nickel, PAH (poly aromatic hydrocarbons), Tobacco smoke	Shipyard & Insulation workers, Smelting of copper, zinc, lead, Mustard gas production w. Nickel mining, refining, plating; Coke oven workers, Aluminum reduction workers, Environment with active smoker	Squamous, large cell and small cc, adenocarcinoma
Pleura	Asbestos		Mesothelioma
Oral cavity	Tobacco smoke, alcohol beverage, Nickel	Boot & shoe productions. Furniture manufacture, Alcohol productions	Squamous cell carcinoma
GI	Smoked, salted, pickled food, Tobacco, alcohol	Rubber Industry	adenocarcinoma Squamous CC
	Aflatoxin, vinyl chloride, tobacco, alcohol, thorium dioxide		Hepatocellular C, Hemangiosarcom a
	dioxide		

Chemical Carcinogenesis in humans

Kidney	Tobacco Smoke, phenacetin		Renal cell Carcinoma
Bladder	Tobacco, phenacetin benzidine	Magneta manufacture, auramine manufacture	Transitional cell carcinoma
Prostate	Cadmium		Adenocarcinom
Skin	Arsenic, benzopyrene, coal, mineral oil, cyclosporin A,PUVA	Coal gasification coke production.	SCC,BCC
Bone marrow	Benzene, tobacco, Ethylene oxide, Anti-neoplastic agents cyclosporin A	Rubber workers	Leukemia, Lymphoma



Type of Cancer	Related to Occupational Exposure Estimated % (USA)
Lung	6.3-13%
Bladder	3-19%
Mesothelioma	ç
Leukemia	0.8-2.8%
Laryngeal	1-20% (men)
Skin Cancer (non-melanoma)	1.5-6% (men)
Sinonasal and nasopharyngeal	31-43% (men)
Kidney	0-2.3%
Liver	0.4-1.1 (vinyl chloride only; men)

Carcinogens

• Carcinogens cause the majority of fatal occupational diseases in the World

• Every year, occupational exposure to carcinogens

Many cases of occupational cancer are preventable

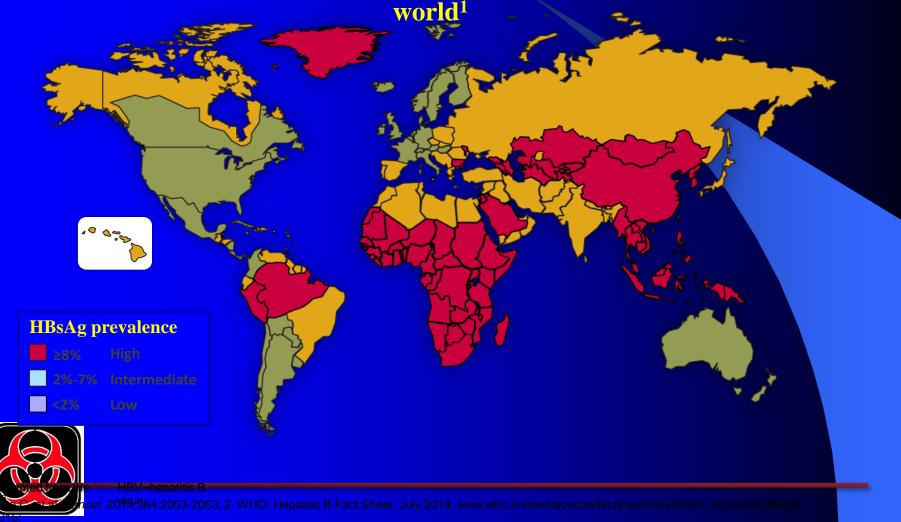


Hepatitis B



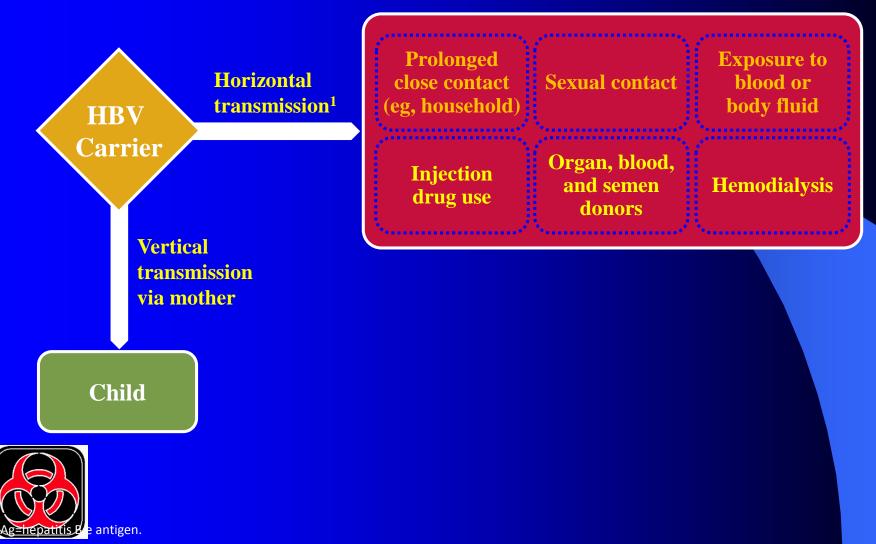
Chronic Hepatitis B Is a Global Health Problem

HBV infection is the most common chronic viral infection in the



3. CDC. Morb Mortal Wkly Rep. 2008;57:1-20; 4. Vijayadeva V, et al. Am J Manag Care. 2014;20:e98-e104.

Routes of HBV Transmission



1. CDC. Morb Mortal Wkly Rep. 2008;57:1-20. 2. Buchanan C, Tran TT. Clin Liver Dis. 2010;14:495-504.

Blood Borne Pathogens

• HBV

- virus that causes hepatitis B
- incubation period 45 to 180 days
- person is infectious if test for antigen (HBsAG) is positive
- unvaccinated persons are susceptible
 - vaccination is recommended for persons with occupational exposure



Progression and Complications of CHB **0.1%-3%**¹ HCC 10%-17%1 8%-38% Liver Chronic Acute Cirrhosis Death **Transplantation Infection**^a Infection 15%¹ **Liver Failure** 70%-85% Figure adapted from Fattovich G, et al. In: Marcellin P, (ed.) Management of Patients With Viral Hepatitis. Paris: APMAHV; 2004. ^aChronic infection is defined as the persistence of positive test results for hepatitis B surface antigen or HBV DNA for at least 6 months.²

Percentages are 5-year cumulative incidence rates.

HCC=hepatocellular carcinoma.

1. Fattovich G, et al. J Hepatol. 2008;48:335-352; 2. CDC. Morb Mortal Wkly Rep. 2008;57:1-20.

HBV Infection Can Be Prevented

Screen for HBV Infection

Involves simple blood tests for serologic markers of infection¹

Identify

CHB-infected patients^{1,2}

- Counsel to prevent transmission of infection to others
- Provide appropriate medical management

Identify unprotected patients for HBV vaccination^{1,2}

- Hepatitis B vaccination is the most effective measure to help prevent HBV infection and its consequences³
- It is important to screen for HBV infection before vaccination¹



1. Asian Liver Center. 2013 Physician's Guide to Hepatitis B. http://liver.stanford.edu/media/publications/Handbook/2013Handbook.pdf. Accessed March 25, 2015; 2. CDC. Morb Mortal Wkly Rep. 2008;57:1-20; 3. CDC. Morb Mortal Wkly Rep. 2006;55:1-33.

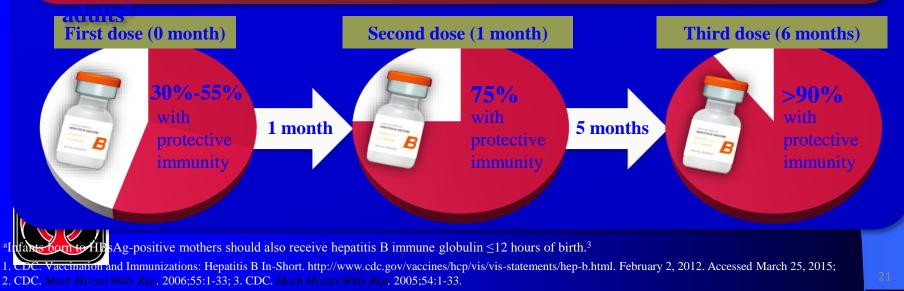
HBV Vaccination

Populations recommended for HBV vaccination by the CDC¹

- All newborns^a
- All unvaccinated children and adolescents through 18 years of age
- All unvaccinated adults at risk for infection and those requesting protection from HBV infection

months²

• A full 3-dose vaccine series is associated with immunity in >90% of healthy



Hepatitis B Virus

- Virus affects the liver
- Symptoms include: nausea, vomiting, fever, abdominal pain, jaundice
- 100 times more infectious than HIV



Exposure Control: Protect Yourself
Read the Exposure Control Plan
Use engineering and work practice controls

- Use personal protective equipment
- Know what to do in case of an exposure



Thank You for Attention

