

IN THE NAME OF GOD

Laparoscopy and Anesthesia

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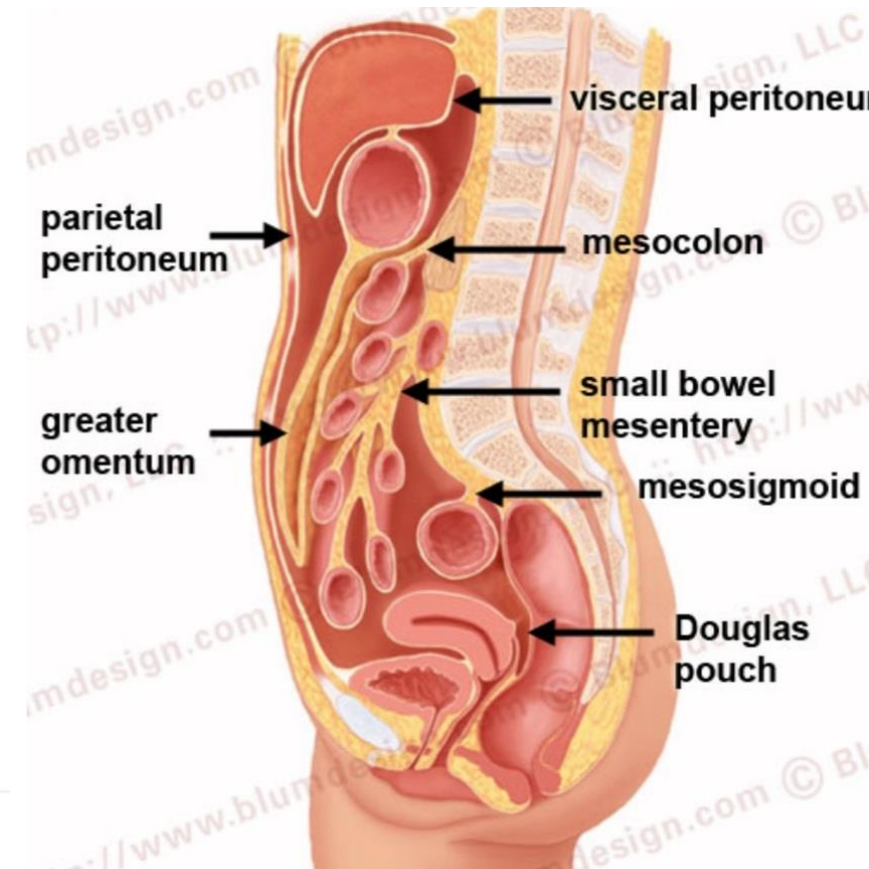
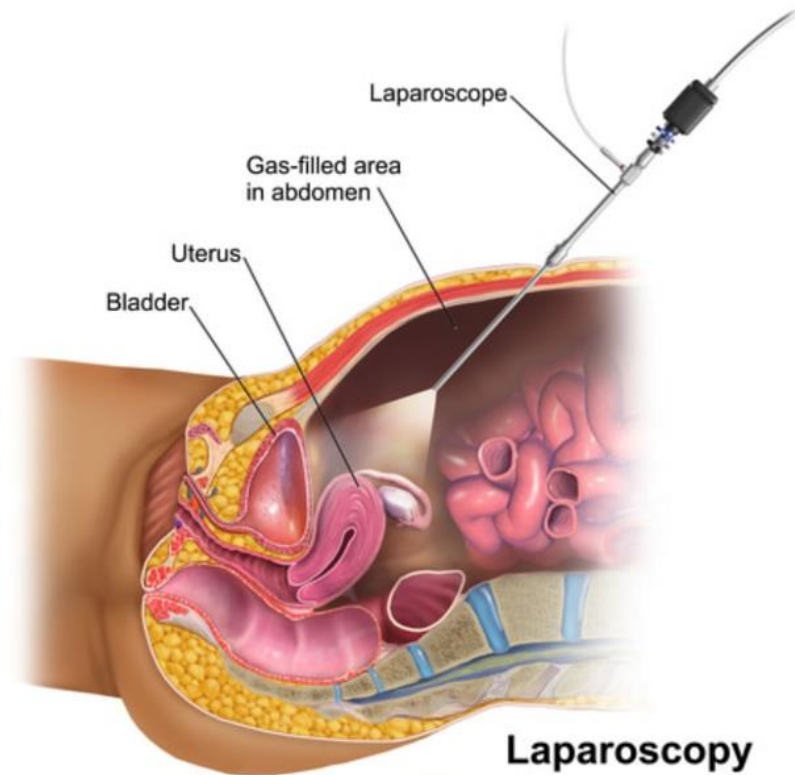
Definition

- It is a minimally access procedure allowing endoscopic access to peritoneal cavity after insufflation of gas to create space between the anterior abd. Wall & viscera for safe manipulation of instruments & organs.

TYPES

- 1 Intraperitoneal
- 2 Extraperitoneal
- 3 Abd wall retraction (gasless laproscopy)
- 4 Hand assisted (Hassans tech.)

Pneumoperitoneum pneumoretroperitoneum insufflation of CO₂ in Laparoscopy



Pneumoperitoneum

Created by insufflations of gas in peritoneal cavity to provide sufficient space to ensure adequate visualization and manipulation

- Ideal gas for pneumo-peritoneum
 - ◊ Limited systemic absorption
 - ◊ Limited systemic effects if absorbed
 - ◊ Rapid excretion
 - ◊ High solubility in blood
 - ◊ Should not support combustion
 - ◊ Colourless, inert, non-explosive
 - ◊ Readily available, non explosive, nontoxic

Laparoscopy- Anesthetic issues

CO₂ pneumo peritoneum

Due to patient positioning

Cardiovascular effects

Respiratory effects

Gastro intestinal effects

Unsuspected visceral injuries

Difficulty in estimating blood loss

Darkness in the OR

Gasless Laparoscopy

This has some theoretical advantages in some high-risk patients with compromised cardio-respiratory function.

- It facilitates continuous suction and use of some conventional open instruments.

Goals of minimally invasive surgery

- ▶ Safe
- ▶ No pain
- ▶ No scar
- ▶ No post operative complication
- ▶ No loss of activity
- ▶ Out patient
- ▶ Any body can have it
- ▶ Inexpensive
- ▶ All surgeon can do it

Goals of MIS (Cont..)

- ▶ Shortened Recovery time
- ▶ Reduced Morbidity
- ▶ Reduced Manipulation of the Bowel and Peritoneum
- ▶ Decreased incidence of post operative Ileus
- ▶ Early Enteral Intaks
- ▶ Minimal post operative Pain
- ▶ Better Wound Healing
- ▶ Useful in Obese Patients (technically challenging operation)
- ▶ Smaller Laparoscopic wounds

Anesthetic Goals

- ▶ Accommodate surgical requirements and allow for physiological changes during surgery.
- ▶ Monitoring devices available for the early detection of complications.
- ▶ Recovery from anesthesia should be rapid with minimal residual effects.
- ▶ The possibility of procedure being converted to open laparotomy to be considered.

Carbon Dioxide

- -Advantages
 - does not support combustion
 - High solubility, eliminated by lungs
 - low risk of gas embolism, readily available, less expensive
- -Disadvantages
 - Hypercarbia and acidosis
 - Sympathetic stimulation

Light Source

- Halogen/ xenon/ LED cold lights
- 3200K/4000K/4000K
- Life: 200-400hrs/2500hrs/5000hrs
- Fibre light cable, condensers
- White balance by making sure white is correct then all the colors through the spectrum are correct.

Light Source



Camera

- 3 chip(red, green, blue)
- 1080 pixels resolution
- The camera head consists of a goal lens, a prism assembly and three sensors for acquiring the primary colors of the image.
- Optical zoom is advantageous to prevent negative effect of on look resolution.

Camera

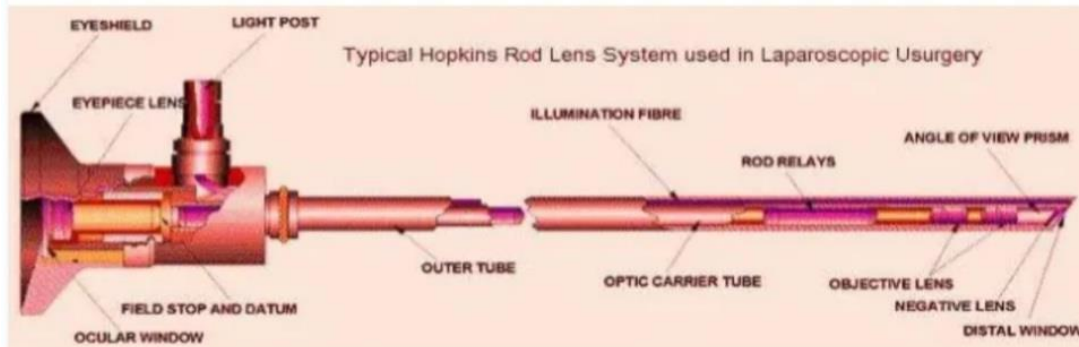
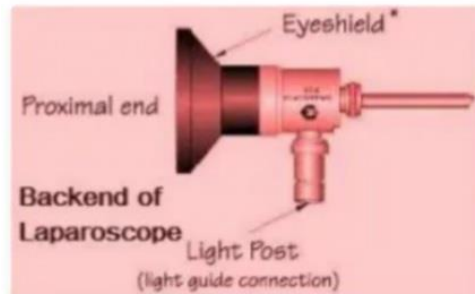


Telescope

- 5mm, 10mm size usually
- Hopkin's Rod and lens system
- 460mm length
- Angles 0, 30, 45



TELESCOPE



TV MONITOR

- Usually 20 inches.
- HD TV is better
- Preferable with video recorder.

Access of Insufflation

- Open technique: Hasson Cannula
- Closed technique: Veress needle

Veress Needle

- 1938 Jans Veress of Hungary developed the spring loaded needle to perform pneumothorax.
- Surgical stainless steel with single trap valve.
2mm diameter X 75mm/150mm length.
- Aspiration test, hanging drop test, free flow of saline.

CONT..

- Palmar point: 3 cm below the left subcostal border in midclavicular line.
- Infra/Supra umbilicus
- Epigastric region in midline
- Complications: injury to blood vessel, bladder, bowel, solid organs, surgical emphysema

CONT..



CONT..



TROCAR

- Surgical instrument fitted with cannula into body cavity.
- Blade with shaft and body.
- Diameters 3mm-30mm
- Type: Cutting . Pyramidal tipped
. Flat blade
- Non Cutting . Pointed conical. Blunt conical .
- Optical Trocar

Sectorisation

- ▶ Optical trocar is placed as one of the lateral port trocar
- ▶ Usually done during appendectomy when 10 mm trocar is placed in sub umbilical region as optical trocar
- ▶ Two other trocar placed below the trocars laterally
- ▶ Needs experience of the Laparoscopic view

Triangulation

- ▶ To facilitate smooth instrument manipulation and adequate visualization during Laparoscopy, Trocar are placed in triangular fashion
- ▶ Target organ should be 15-20 cm from center port used for placing the optical trocar
- ▶ The two remaining Trocars are placed in the same 15-20 cm arc at 5-7 cm on either side of the optical Trocar
- ▶ Instruments work at a 60-90° angle with the target tissue
- ▶ Avoids problem of long handle due to too far or too near placement of port
- ▶ If necessary , two more retracting ports can be placed in the same arc but more laterally

How to get first principle

- Step I: Find out the target of dissection (defined as most critical part of dissection, requiring most attention and linked with max anxiety)
- E.g. calot triangle , base of appendix, splenic artery/vein
- Step II: Find the length of instrument
- Neonatal.....20 cm
- Pediatric.....28 cm
- Adult.....36 cm
- Morbid Obese.....45 cm

Summary

- 1st Principle: Half (i.e. 18 cm in adult) of the instrument should be in and half out so that elevation angle is 60 degree.
- 2nd Principle: Contralateral port position with equal Azimuth angle is ergonomically better
- 3rd Principle: Manipulation angle should be 60 degree.

New Kids on the block

- ▶ SILS (Single incision laparoscopic surgery)
- ▶ NOTES (natural orifice transluminal endoscopic surgery)
- ▶ ROBOTICS

Concerns of SILS

- ▶ Hernias
- ▶ Less safe
- ▶ Wound complications
- ▶ No decrease in pain

NOTES

Natural orifice transluminal endoscopic surgery (NOTES)

- ▶ Oral
- ▶ Rectal
- ▶
- ▶ Vaginal
- ▶ Urethral

NOTES Benefits ??

- ▶ No surface incision
- ▶ Reduced surgical site infection
- ▶ Reduced visible scarring
- ▶ Reduction in pain analgesics
- ▶ Quicker recovery time
- ▶ Reduction in hernias , adhesions
- ▶ Advantages in morbidly obese

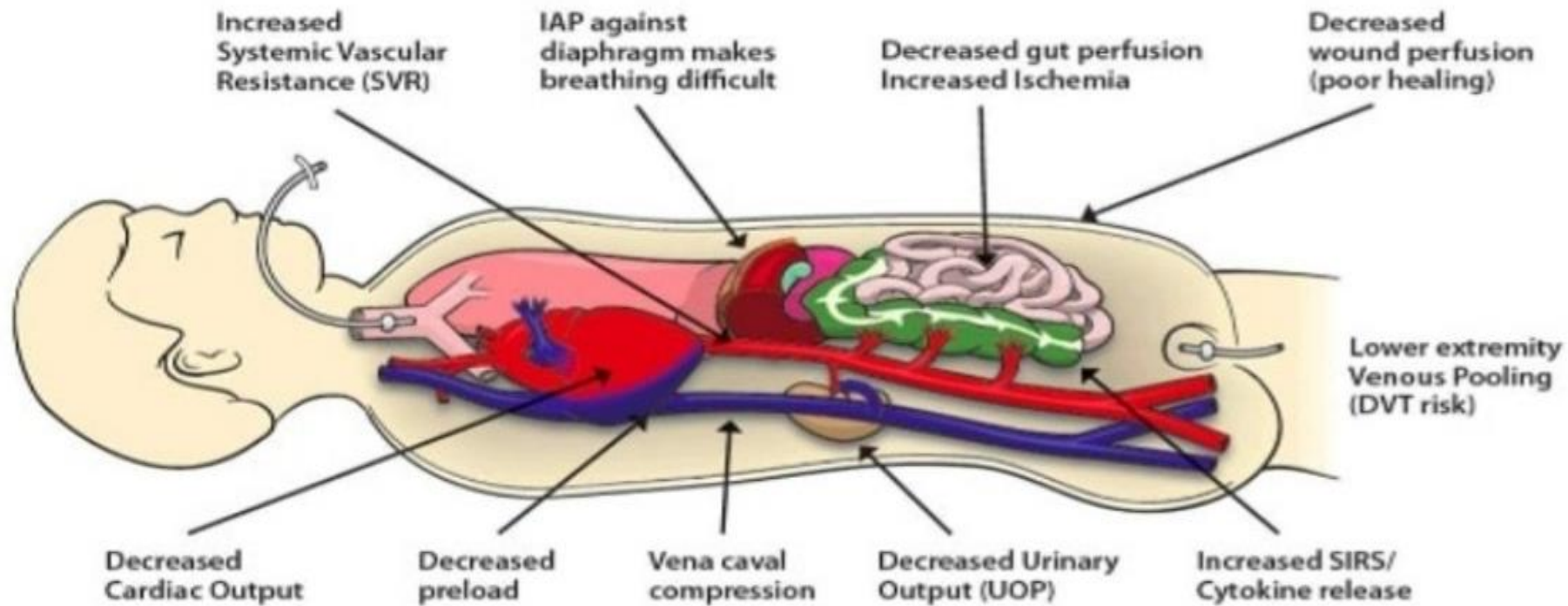
Insufflator

Insufflator

- CO₂ is being used because same refractive index as air, doesn't distort the image and is non combustible.
- Intra abdominal pressure 10 to 13 mm hg.
- Complications of CO₂: extra peritoneal gas insufflation, gas embolism, cardiac arrhythmia, post operative peritoneal irritation, hypercarbia

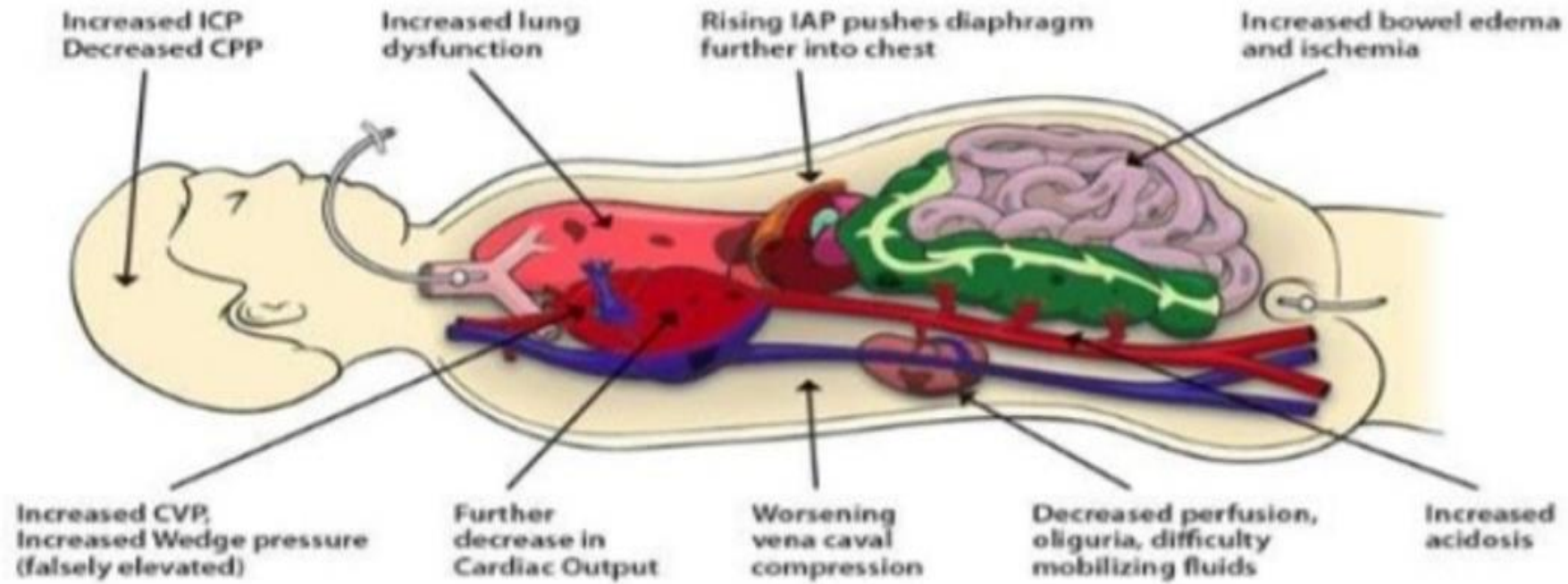
IAP: 12-15 mmHg

Increasing Physiologic Compromise IAP 12 – 15 mmHg



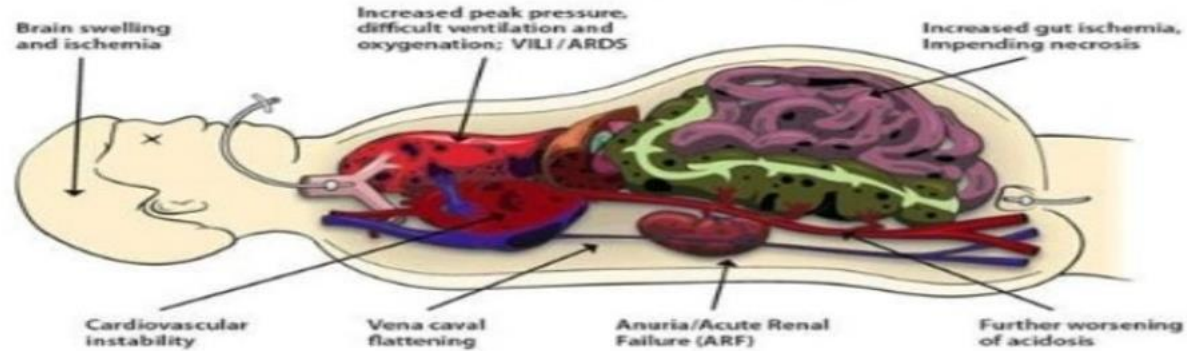
IAP :16-20 mmHg

Occult Organ Ischemia IAP 16 – 20 mmHg



IAP > 20 mmHg

Onset of Multiple Organ Dysfunction Syndrome (MODS) IAP > 20 mmHg



Intra abdominal pressure(IAP)

Intra abdominal pressure (IAP)

Normal IAP : 5-7 mmHg in the supine position

Intra abdominal Hypertension(IAH)

Sustained increase in IAP >12mmHg in supine position

Abdominal Compartment Syndrome (ACS)

Sustained increase in IAP >20mmHg in supine position
(accompanied by newly developed organ dysfunction)

Abdominal Perfusion pressure(APP)(Visceral Perfusion Pressure) = $MAP - IAP$ Desired APP >60mmHg

Filtration Gradient = $MAP - (IAP \times 2)$ Increase in IAP have a greater impact on GFR and Urine flow

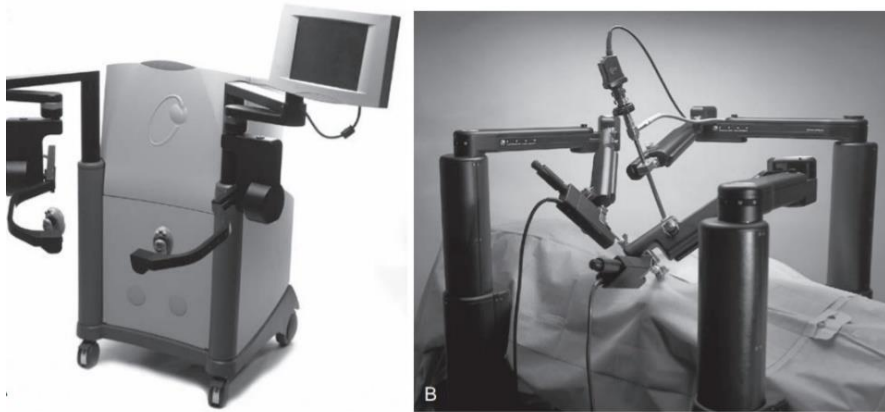
Laparoscopy Operating Room



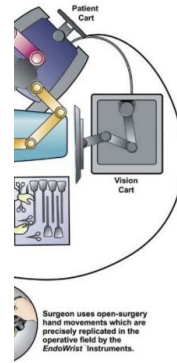
Complications of Laparoscopy

- Access related: Hollow visceral injury, solid organ injury, vessels
 - Surgical related: Vascular injury, hollow visceral injury, ureteral injury.
 - Pneumo related: hypercarbia, gas embolism, DVT, post operative peritoneal irritation.
 - Cautery related: Direct: Injury to viscera
Leak, capacitive coupling.
-

Robotic Surgery



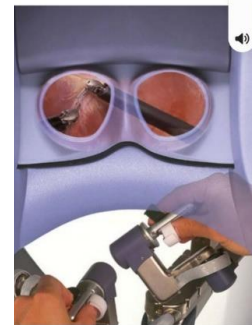
1 (A) The console of the ZEUS robotic telemanipulation system consists of a video monitor and two instrument handles that translate the surgeon's hand motions into an electric signal that moves the robotic instruments. (B) Two table-mounted Automated Endoscopic System for Optimal Positioning (AESOP) arms hold instruments, and a third arm controls the camera. (Courtesy Computer Motion, Sunnyvale, CA, USA)



Surgeon uses open-surgery hand movements which are precisely replicated in the operative field by the EndoWrist instruments. (Courtesy Intuitive Surgical, Sunnyvale, CA, USA)



2 The da Vinci Robotic Surgical System: two surgical consoles, patient-side cart with four mounted surgical arms, and an optical tower. (Courtesy Intuitive Surgical, Sunnyvale, CA, USA)



The da Vinci Robotic Surgical System: stereo viewer that creates a three-dimensional stereoscopic image. (Courtesy Intuitive Surgical, Sunnyvale, CA, USA)

Role of Robotic surgery

- ⌘ Robotic surgery is ergonomically advantageous as it has 7 degrees of freedom as compared to laparoscopic hand surgery. This helps one to access deeper areas such as oesophagus, pancreas and retroperitoneum.
- ⌘ It also allows placements of ports in shorter arc without instrument interference.



Robotic Endowrist



Robotic Surgery

- ▶ Best example of man machine combination
- ▶ Advantages
 - Precision
 - 3 D magnification
 - Articulation beyond normal manipulation
 - Miniaturization
- ▶ Disadvantages
 - Cost
 - Advantage over routine laparoscopy not established except urological and cardiac procedures

Anesthetic management in Laparoscopic robotic surgery

Prominent Surgical robotic equipment near the patient

Patient accessibility limitation in the case of Airway or

Cardiopulmonary emergency

patient positioning challenge

Ocular injury risk in Steep trendelenberg position

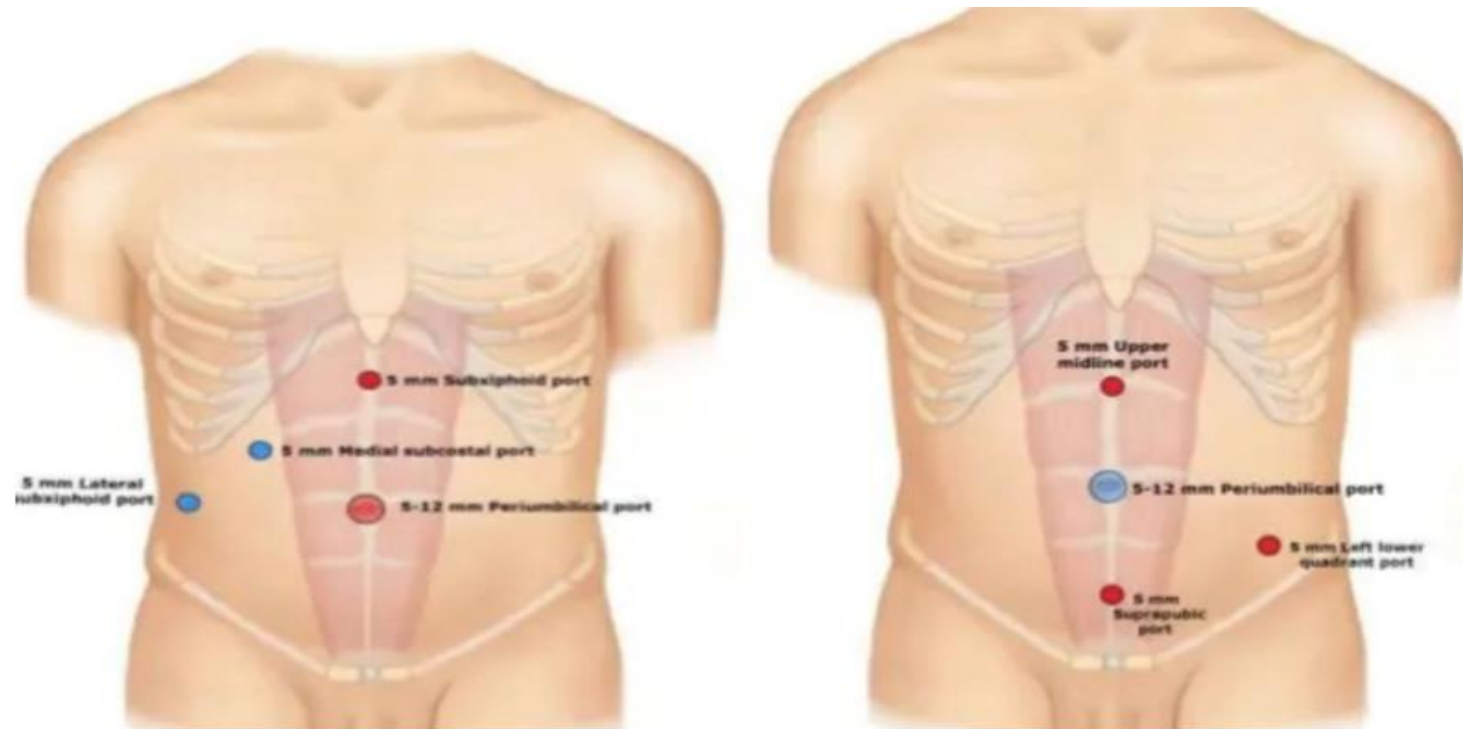
Accidental ETT dislodgement or facial injury need careful

ETT taping and protective foam padding

Gold Standard Laparoscopy

- ▶ Cholecystectomy
- ▶ Appendicectomy
- ▶ Hernia repair
- ▶ Fundoplication
- ▶ Rectopexy
- ▶ Hellers myotomy
- ▶ Bariatric surgery

Lap. Cholecystectomy/Right Colectomy



Laparoscopic Colorectal Surgery

▶ Clinical Effectiveness

- Shorter length of stay
- Fewer complications
- Less blood loss & use of blood products
- Less pain & analgesia
- Quicker return to normal activities
- Better cosmesis
- Incidence of port site metastases is 1%
 - Equivalent to open surgery

Laparoscopic Urologic Procedures

- ▶ Undescended Testis
- ▶ Nephrectomy
- ▶ Prostatectomy
- ▶ Varicocelelectomy
- ▶ Retroperitoneal Fibrosis
- ▶ Lymph Node Dissection
- ▶ Bladder neck Suspension
- ▶ Bladder Diverticulum
- ▶ Patent Urachus

Bariatric Surgery

- ▶ Substantial decrease in mortality and morbidity
- ▶ Improved surgical techniques
- ▶ Increased media attention
- ▶ Increased profitability

obesity Associated Morbidity Conditions

Diabetes
Hypertension
Sleep apnea
Congestive heart failure
Hyperlipidemia
Stroke
Coronary artery disease
Osteoarthritis
Gastroesophageal reflux disease
Non-alcoholic fatty liver
Psychological disturbances

Contraindication of Laparoscopy

► Absolute

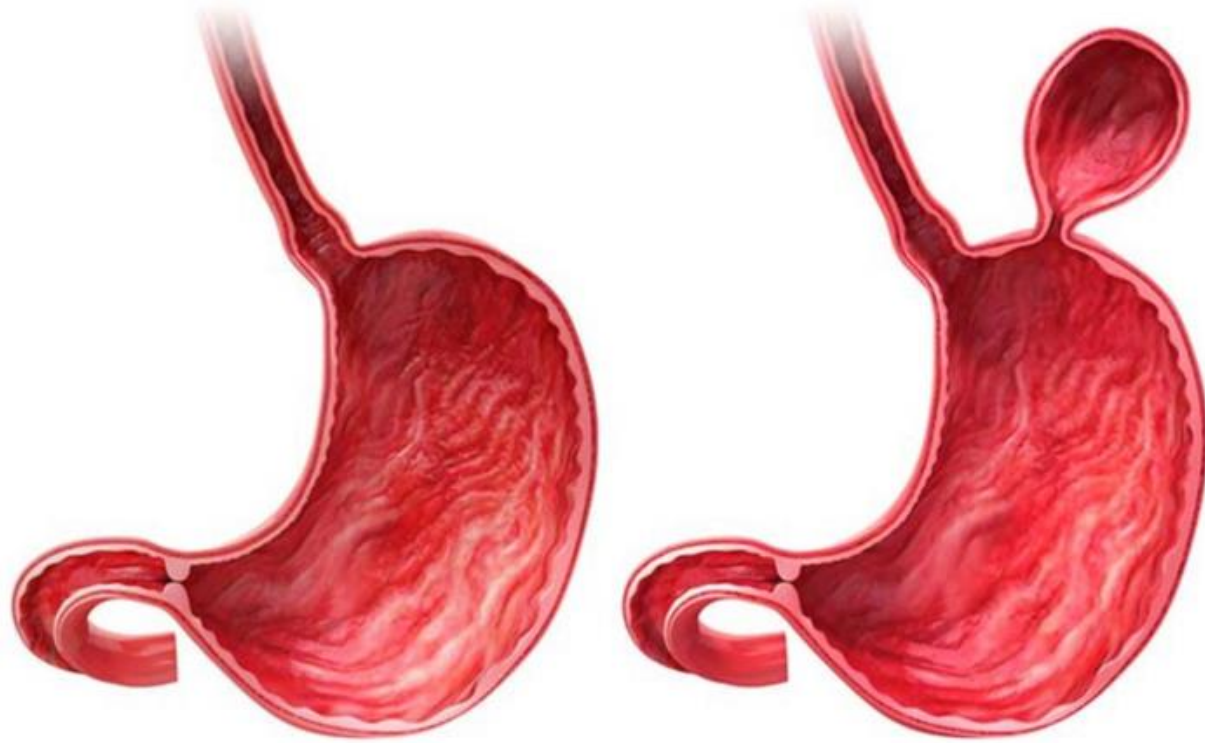
- Uncontrolled coagulopathy
- Frozen abdomen
- Intestinal obstruction with massive abdominal distension
- Hemorrhagic shock
- Severe cardiac dysfunction (class IV)
- Concomitant disease requiring laparotomy

Contraindication of Laparoscopy

► Relative

- Inability to tolerate GA
- Abdominal sepsis/peritonitis
- Multiple previous abdominal operations
- Severe COPD
- Pregnancy
- Diaphragmatic hernia
- Morbid obesity

Hiatal Hernia



Symptoms of Hiatal Hernia

Most small hiatal hernias cause no signs or symptoms. But larger hiatal hernias can cause:

- Heartburn
- Regurgitation of food or liquids into the mouth
- Backflow of stomach acid into the esophagus (acid reflux)
- Difficulty swallowing
- Chest or abdominal pain
- Feeling full soon after you eat
- Shortness of breath
- Vomiting of blood or passing of black stools, which may indicate gastrointestinal bleeding

ASA physical status classification

Table 13.1 American Society of Anesthesiologists Physical Status Classification System

ASA PS Classification ^a	Definition	Examples, including, but not limited to
ASA I	A normal healthy patient	Healthy, nonsmoking, no or minimal alcohol use
ASA II	A patient with mild systemic disease	Mild diseases only without substantive functional limitations. Examples include (but are not limited to) current smoker, social alcohol drinker, pregnancy, obesity ($30 < \text{BMI} < 40$), well-controlled DM/HTN, mild lung disease
ASA III	A patient with severe systemic disease	Substantive functional limitations; One or more moderate to severe diseases. Examples include (but are not limited to) poorly controlled DM or HTN, COPD, morbid obesity ($\text{BMI} \geq 40$), active hepatitis, alcohol dependence or abuse, implanted pacemaker, moderate reduction of ejection fraction, ESRD undergoing regularly scheduled dialysis, premature infant PCA < 60 weeks, history (> 3 months) of MI, CVA, TIA, or CAD/stents.
ASA IV	A patient with severe systemic disease that is a constant threat to life	Examples include (but are not limited to) recent (< 3 months) MI, CVA, TIA, or CAD/stents, ongoing cardiac ischemia or severe valve dysfunction, severe reduction of ejection fraction, sepsis, DIC, ARDS, or ESRD not undergoing regularly scheduled dialysis
ASA V	A moribund patient who is not expected to survive without the operation	Examples include (but are not limited to) ruptured abdominal/thoracic aneurysm, massive trauma, intracranial bleed with mass effect, ischemic bowel in the face of significant cardiac pathology or multiple organ/system dysfunction
ASA VI	A declared brain-dead patient whose organs are being removed for donor purposes	

Preoperative Diagnostic Testing Recommendation

Test	Clinical Scenario
Albumin	Anasarca; liver disease; malnutrition; malabsorption
β -hCG	Suspected pregnancy
CBC	Alcohol abuse; anemia; dyspnea; hepatic or renal disease; malignancy; malnutrition; personal history of bleeding; poor exercise tolerance; recent chemotherapy or radiation therapy
Creatinine	Renal disease; poorly controlled diabetes
Chest radiograph	Active, acute or chronic significant pulmonary symptoms such as cough or dyspnea; abnormal unexplained physical findings on chest examination; decompensated heart failure; malignancy within the thorax; radiation therapy ^b
Electrocardiogram	Alcohol abuse; active cardiac condition (new or worsening chest pain or dyspnea, palpitations, tachycardia, irregular rhythm, unexplained bradycardia, undiagnosed murmur, S ₃ , decompensated heart failure); implanted cardioverter-defibrillator (ICD); obstructive sleep apnea; pacemaker; pulmonary hypertension; radiation therapy ^b ; severe obesity; syncope; use of amiodarone or digoxin
Electrolytes	Alcohol abuse; cardiovascular, hepatic, renal, or thyroid disease; diabetes; malnutrition; use of digoxin or diuretics
Glucose and/or HbA _{1c}	Diabetes; severe obesity; use of steroids
LFTs	Alcohol abuse; hepatic disease; recent hepatitis exposure; undiagnosed bleeding disorder
Platelet count	Alcohol abuse; hepatic disease; bleeding disorder (personal or family history); hematologic malignancy; recent chemotherapy or radiation therapy; thrombocytopenia
PT	Alcohol abuse; hepatic disease; malnutrition; bleeding disorder (personal or family history); use of warfarin
PTT	Bleeding disorder (personal or family history); undiagnosed hypercoagulable state; use of unfractionated heparin
TSH, T ₃ , T ₄	Goiter; thyroid disease; unexplained dyspnea, fatigue, palpitations, tachycardia
Urinalysis	Urinary tract infection (suspected)

Recommendation for patient-specific Baseline Testing Before Anesthesia

Procedure/Patient Type	Test
Injection of contrast dye	Creatinine ^b
Potential for significant blood loss	Hemoglobin/hematocrit ^b
Likelihood of transfusion requirement	Type and screen
Possibility of pregnancy	Pregnancy test ^c
End-stage renal disease	Potassium level ^d
Diabetes	Glucose level determination on day of surgery ^d

Pre anesthesia Medication Instruction(1)

Table 13.7 Preanesthesia Medication Instructions

Continue on Day of Surgery	Discontinue on Day of Surgery Unless Otherwise Indicated
Antidepressant, antianxiety, and psychiatric medications (including monoamine oxidase inhibitors ^a)	
Antihypertensives <ul style="list-style-type: none"> Generally to be continued 	Antihypertensives <ul style="list-style-type: none"> May consider discontinuing angiotensin-converting enzyme inhibitors or angiotensin receptor blockers 12–24 h before surgery if taken only for hypertension; especially with lengthy procedures, significant blood loss or fluid shifts, use of general anesthesia, multiple antihypertensive medications, well-controlled blood pressure
Aspirin ^b <ul style="list-style-type: none"> Patients with known vascular disease Patients with previous cardiac stents Before cataract surgery Before vascular surgery Taken for secondary prophylaxis (vascular disease of any type) 	Aspirin ^b <ul style="list-style-type: none"> Discontinue 5–7 days before surgery <ul style="list-style-type: none"> If risk of bleeding > risk of thrombosis For surgeries with serious consequences from bleeding If taken only for primary prophylaxis (no known vascular disease)
Asthma medications	
Autoimmune medications <ul style="list-style-type: none"> Methotrexate (if no risk of renal failure) 	Autoimmune medications <ul style="list-style-type: none"> Methotrexate (if risk of renal failure) Entanercept (Enbrel), infliximab (Remicade), adalimumab (Humira): check with prescriber (typically <i>not</i> stopped for inflammatory bowel disease)
β -Blockers	
Birth control pills	Birth control pills (if high risk of thrombosis)
Clopidogrel (Plavix) ^a <ul style="list-style-type: none"> Patients with drug-eluting stents for <6 months Patients with bare metal stents for <1 month Before cataract surgery 	Clopidogrel (Plavix) ^a <ul style="list-style-type: none"> Patients not included in group recommended for continuation Patients with drug-eluting stents for 3–6 months if risk of delaying surgery is greater than risk of stent thrombosis
Diuretics <ul style="list-style-type: none"> Triamterene, hydrochlorothiazide 	Diuretics <ul style="list-style-type: none"> Potent loop diuretics
Eye drops	
Estrogen compounds <ul style="list-style-type: none"> When used for birth control or cancer therapy (unless high risk of thrombosis) 	Estrogen compounds <ul style="list-style-type: none"> When used to control menopause symptoms or for osteoporosis
Gastrointestinal reflux medications <ul style="list-style-type: none"> Histamine antagonists, proton-pump inhibitors, gastric motility agents 	Gastrointestinal reflux medications <ul style="list-style-type: none"> Particulate antacids (e.g., Tums)
	Herbals and nonvitamin supplements <ul style="list-style-type: none"> 7–14 days before surgery
Insulin <ul style="list-style-type: none"> Type 1 diabetes: take ~ one third of intermediate to long-acting (NPH, Lente) Type 2 diabetes: take up to one half long-acting (NPH) or combination (70/30) preparations Glargine (Lantus): decrease only if dose is ≥ 1 unit/kg With insulin pump delivery, continue lowest nighttime basal rate Discontinue if blood sugar level <100 	Hypoglycemic agents, oral Insulin <ul style="list-style-type: none"> Regular insulin (<i>exception</i>: with insulin pump, continue lowest basal rate—generally nighttime dose)

Contin

Pre anesthesia Medication Instruction(2)

Continue on Day of Surgery	Discontinue on Day of Surgery Unless Otherwise Indicated
Opioid medications for pain or addiction	
Seizure medications	
	Nonsteroidal antiinflammatory drugs <ul style="list-style-type: none">• Discontinue for 5 half-lives of the drug^c
Statins	
	Topical creams and ointments
Steroids (oral or inhaled)	
Thyroid medications	
	Vitamins, minerals, iron
	Viagra or similar medications <ul style="list-style-type: none">• Discontinue 24 h before surgery
Warfarin <ul style="list-style-type: none">• Cataract surgery	Warfarin ^d <ul style="list-style-type: none">• Discontinue 5 days before surgery if normal INR (international normalized ratio) is required

Positioning

1	Lap cholecystectomy	rTn & Tn
2	Urology	Tn, supine & lateral
3	OBG	Dorsolithotomy
4	Upper GIT & biliary	Head up
5	Thoracoscopy	lateral decubitus
	Nephrectomy	
	Adrenalectomy	

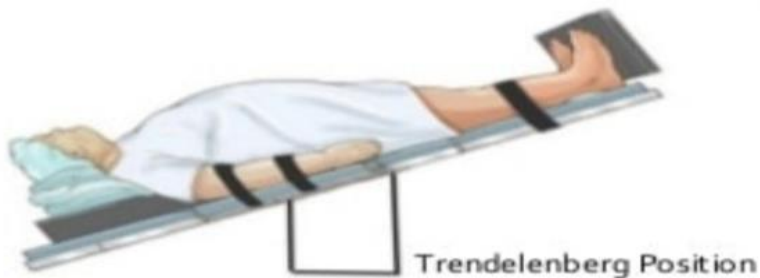
Trendelenberg and Reverse Trendelenberg Position

Trendelenberg

- **15-20° head down**
- ↑VR, CBV, CO, MAP
- ↓VC, FRC, Compliance
- Paw (atelectasis)
- Endobronchial intubation

Rev Trendelenberg

- **20-30° head up**
- ↓ VR, CBV, CO, MAP
- Improves diaph function
- Predisposition to DVT



Prolonged steep Trendelenberg Position

- increases the risk of cerebral oedema, in addition to the risk associated with the pneumoperitoneum.
- Upper airway oedema which may present with stridor after operation.
- Functional residual capacity and ventilation and perfusion (V/Q) mismatch are worsened.
- cephalad movement of the lungs, the tracheal tube may migrate endobronchially.

Reverse Trendelenburg Position

- The extreme 'head-up' posture results in reduced venous return, leading to hypotension and potentially myocardial and cerebral ischaemia
- Particularly vulnerable are the elderly, hypovolaemic patients, and those with pre-existing ischaemic heart disease or Cerebrovascular disease.

Reverse Trendelenburg position cont. ..

- Reverse Trendelenburg positioning may also result in hypotension due to the reduction in preload by venous pooling in the lower limbs and pelvis which in turn is exacerbated by reduced femoral venous flow secondary to raised IAP.

Respiratory & Ventilatory Changes

Increased Intra-abdominal pressure



Upward displacement of diaphragm/Impaired diaphragmatic excursion



Reduced lung compliance, FRC

Increased airway pressure & barotrauma


V/Q mismatch with hypoxemia & hypercarbia

Compression of basilar lung segments & atelectasis

Respiratory Effects

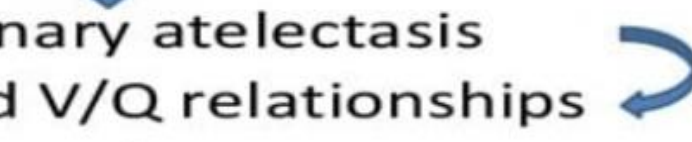
- Respiratory changes occur due to raised IAP and Trendelenburg positioning.
- abdomen is distended by CO₂

Intra-thoracic pressure ↑
pulmonary compliance, FRC ↓

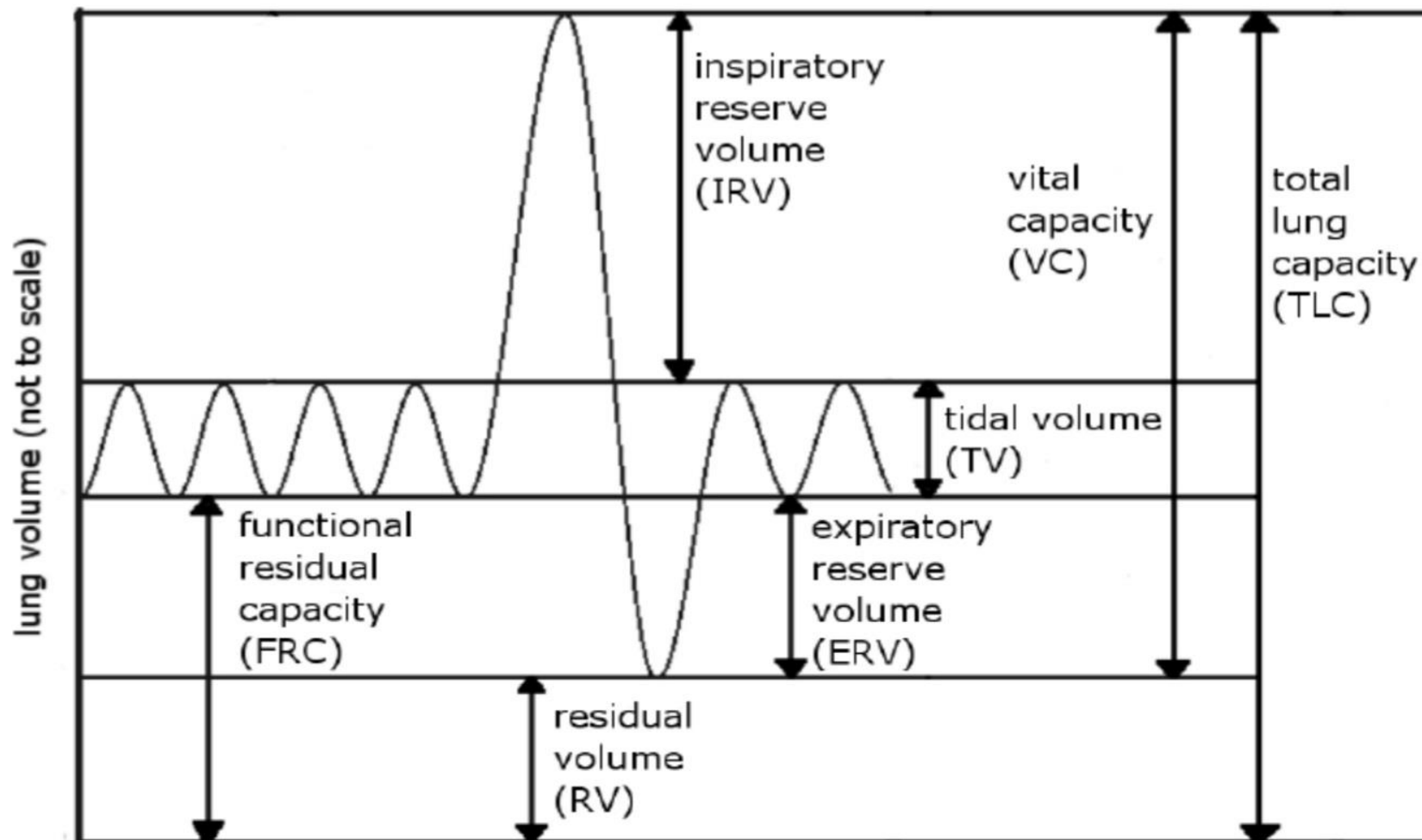


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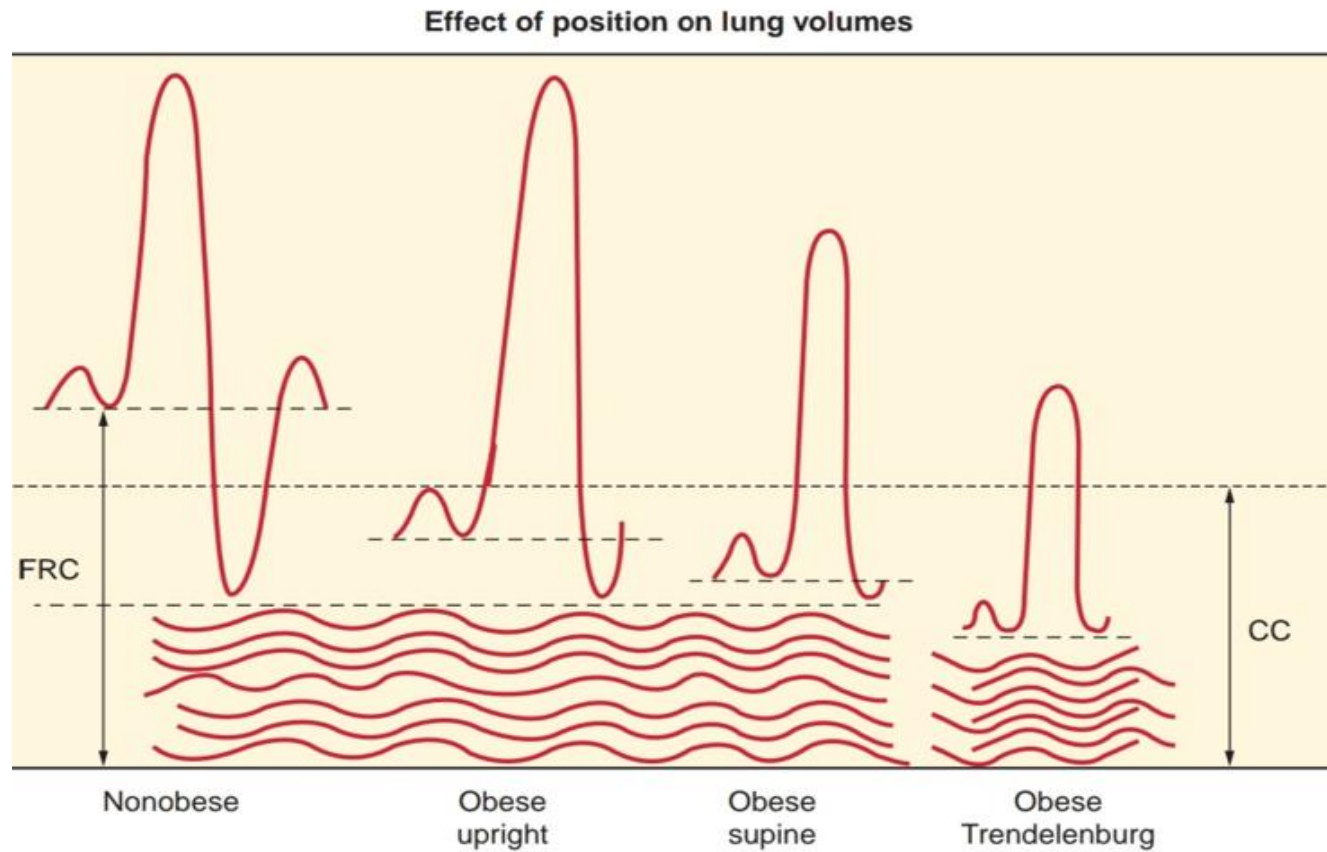
Pulmonary atelectasis
Altered V/Q relationships
Hypoxaemia



Pulmonary Function Test (PFT)



Effects of Position on Lung Volume



When To Do ABG ??

- After 30 minutes of pneumoperitoneum???
- During laparoscopy an unsteady state of CO₂ level exists between body compartments.
- Rate of rise of PCO₂ is greatest during the first 20 – 30 minutes.
- After 20 – 30 minutes, new equilibrium levels are reached between the different compartments, and the rate of PCO₂ rise is slower.

HYPERCARBIA

- ▶ Mild :
 - ▶ PaCO₂: 45-50mmHg with mild hemodynamic changes
- ▶ Severe :
 - ▶ PaCO₂ :55-70 mmHg with severe hemodynamic changes and Acidosis
 - ▶ Myocardial depression
 - ▶ Increased Pulmonary Vascular Resistance and Right Ventricular Resistance
 - ▶ Dysrhythmia (sensitivity to catecholamine)
 - ▶ Peripheral Vasodilation

CAUSES OF HYPERCARBIA

- ▶ 1-Absorption of carbon dioxide from the peritoneal cavity
- ▶ 2-V/Q mismatch :
 - ▶ Increased physiologic dead space
 - ▶ Abdominal distention
 - ▶ Position of the patient (e.g. , steep tilt)
 - ▶ Controlled mechanical ventilation
 - ▶ Reduced cardiac output
 - ▶ These mechanisms are accentuated in sick patient (e.g. Obese, ASA class II or III)

HYPERCARBIA (cont.,)

- ▶ 3-Increased metabolism (e.g., insufficient plane of anesthesia)
- ▶ 4-Depression of ventilation by anesthetics (spontaneous breathing)
- ▶ 5-Accidental events
 - ▶ Subcutaneous emphysema
 - ▶ Capnothorax
 - ▶ CO₂ embolism
 - ▶ Selective bronchial intubation

Hypoxemia during Laparoscopy

- ▶ 1-Preexisting comorbidities : Morbid obesity
Cardiopulmonary disease (CHF,COPD)
- ▶ 2-Inadequate Gas Exchange : Hypoventilation , Atelectasis
Endobronchial intubation
Low FIO₂
- ▶ 3-Low Cardiac Output State : Vena cava compression
CO₂ venous embolism
Capnothorax (CO₂ pneumoperitoneum)
Capnomedistinum ,Capnopericardium
Acute dysrhythmia
Severe hemorrhage

Management of Hypoxemia in Laparoscopy

Hypoxemia in Laparoscopy

Management :

- a) Quick to respond
- b) Confirming O₂ delivery and FIO₂
- C) Confirming ETT positioning

Refractory Hypoxemia Management

Immediate pneumoperitoneum release

Natural positioning

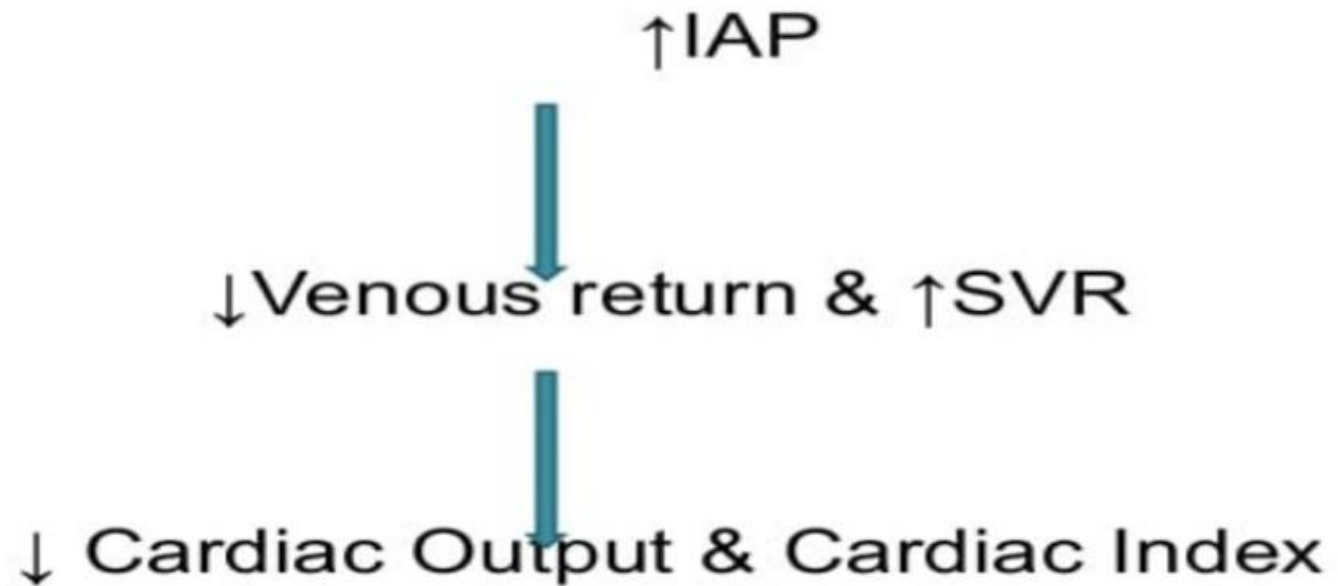
FIO₂ : % 100

Physiological Effects

Cardiovascular effects depends on

- Patient's preexisting cardiopulmonary status
- the anesthetic technique
- intra-abdominal pressure (IAP)
- carbon dioxide (CO₂) absorption
- patient position
- duration of the surgical procedure

HEMODYNAMIC CHANGES



Regional Perfusion Changes During Laparoscopy

Regional Perfusion Changes During Laparoscopy

1-Cerebral

↑ CBF

↑ ICP

2-Systemic Vasculature

↓ Femoral Vein Flow

IVC Compression

3-Pneumoperitoneum Hepatic and Renal Compression

↓ HBF

↓ RBF

4-Intestinal Blood Flow ↓ or | unchanged

Hypercapnic Mesenteric Vasodilation

Pneumoperitoneum Bowel Compression


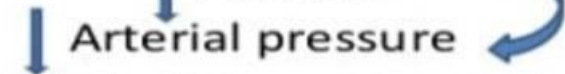
Response of Cardiac Output to IAP

- There is biphasic response on CO
- If IAP <10mmHg, milking effect on veins
CO
- If IAP >15mmHg, 10%-30% reduction in
CO
 - increase in systemic vascular resistance, mean arterial pressure, and cardiac filling pressures
 - more severe in patients with preexisting cardiac disease
 - significant changes occur at pressures greater than 12 - 15 mmHg

Cardiovascular Effects

- 

mechanical compression of the abdominal aorta and production of neurohumoral factors such as vasopressin and activation of the renin–angiotensin–aldosterone axis

- Compression of the inferior vena cava 

particularly if the patient is hypovolaemic.

- Cephalad displacement of the diaphragm which raises intra-thoracic pressure will aggravate the reduction of blood pressure.

What can be done ?..

- ▶ Attenuation of reduction in VR and CO : increasing circulating volume before pneumoperitoneum.
- ▶ Increasing Filling pressure : Fluid loading or tilting the patient to a slight head down position before peritoneal insufflation.
- ▶ Prevent pooling :Pneumatic compression device & Elastic bandages .

Management of Hypotension in Laparoscopy

Hypotension in Laparoscopy

a) Low Co and VR

- Vagal stimulation and peritoneal insufflation
- IPPV and Steep Reverse Trendelenberg Position
- Hyper capnia in PH and RVF
- increases PVR and Decreases VR

Treatment of Hypotension in Laparoscopy

- Decrease depth of anesthesia , Volume expansion ,
- Lower IAP insufflation , Short acting Vasopressors

Recurrent Hypotension

- Conversion to open Laparotomy
- Termination of Surgery

Refractory Hypotension

- Immediate decompression
- Natural Position
- Exploration of occult life threatening condition
- Severe Bleeding or Capnothorax

Proper Blood Pressure Cuff Size in Relation to Upper Arm Circumference

Upper Arm Circumference	Blood Pressure Cuff	
	Size	Dimensions
22 to 26 cm	Small Adult	12 × 24 cm
27 to 34 cm	Adult	16 × 30 cm
35 to 44 cm	Large Adult	16 × 36 cm
45 to 52 cm	Adult Thigh	16 × 42 cm

Management of Hypertension in Laparoscopy

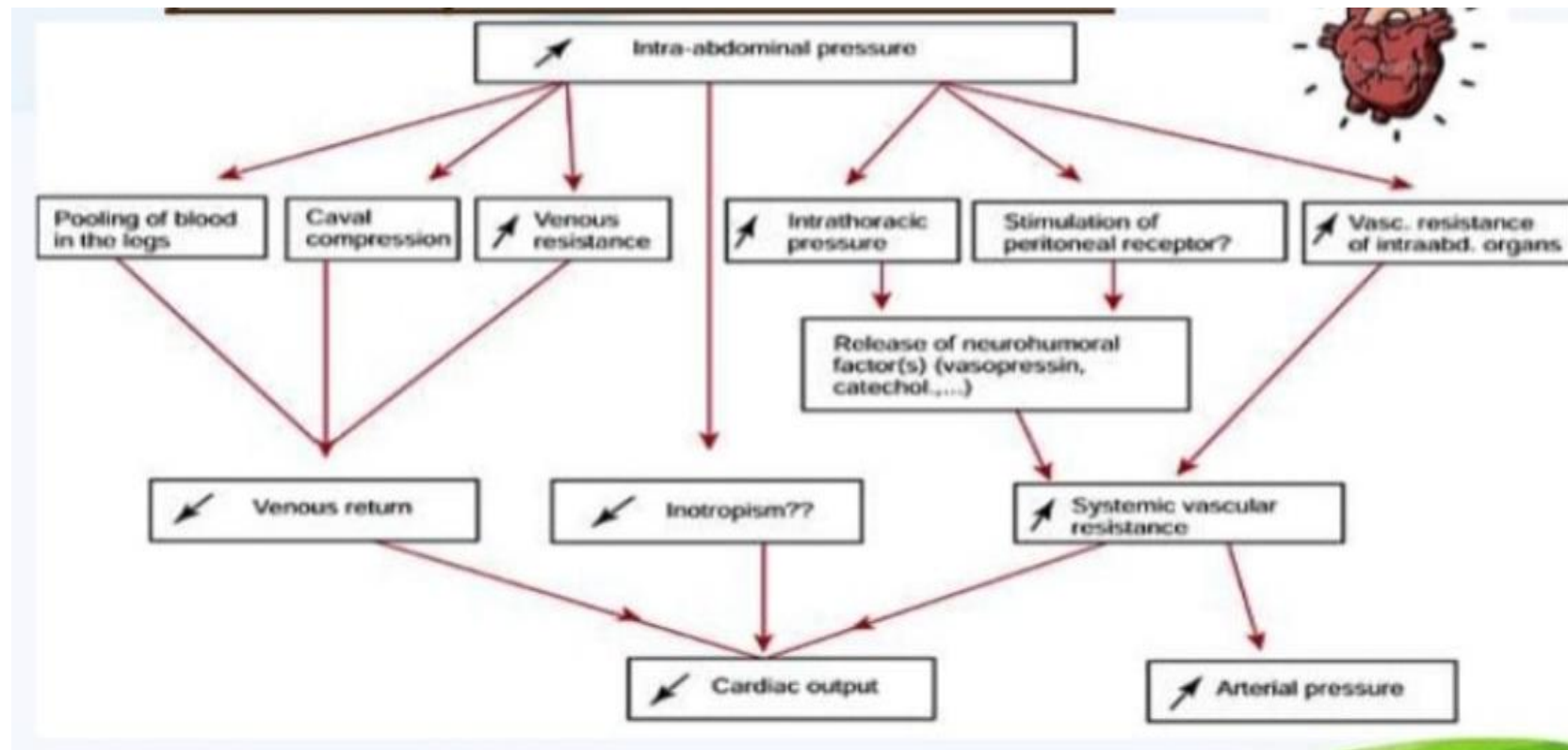
Hypertension in Laparoscopy

High IAP: Increase in Preload and Co
Catecholamines Release BP↑ Afterload↑

Treatment

- Acute Hypertension is often transient
- Increase depth of anesthesia
- Short acting vaso active Drugs in Severe cases
- Prevention of Hypertensive Encephalopathy

Hemodynamic Effects of Pneumoperitoneum in CVS



RENAL Effects of IAP

- Decrease in renal blood flow when IAP >15 mmHg
 - Decrease in GFR
 - Decrease in urine output
 - Decrease in creatinine clearance
 - Decrease in sodium excretion
 - Potential for volume overload in the face of excessive fluid administration.

LOWER LIMB Effects of IAP

1) ↓ Femoral venous blood flow

2) Pooling of blood (Reverse Trendelenberg position)



↑ **DVT**

Effects of Pneumoperitoneum in CNS Physiology

- ▶ Elevated IAP causes an increase in ICP by limiting cerebral venous drainage.
- ▶ The increase in ICP may lead to cerebral edema.
- ▶ Usually CPP is maintained by increase in MAP that occurs with elevated IAP.

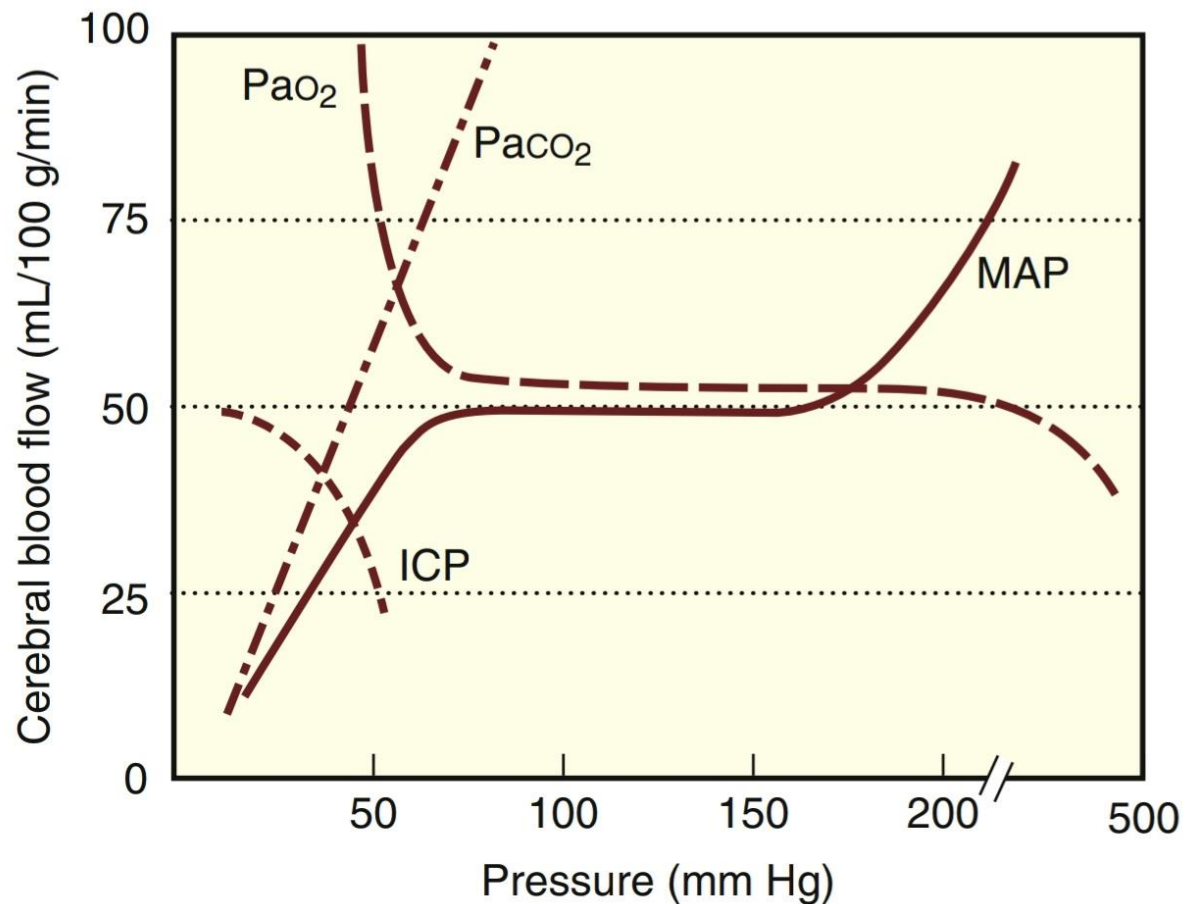
Relation of PaCo₂ ,CBF and CV

- ▶ 10 to 15 minutes after Co₂ insufflation , ICP increases due to reflex vasodilatation
- ▶ For each 1mmHg increase in PaCo₂ , CBF increases 1.8ml/100gr/min and cerebral volume increases 0.04ml/100gr

Emergence Neurologic dysfunction in Laparoscopy

- ▶ Prolonged Laparoscopic procedure particularly in steep trendelenberg position may lead to Cerebral edema and temporary Neurologic dysfunction

Effects of PaO_2 , PaCO_2 , MAP and ICP on CBF



Sympathetic nervous system changes in Hypercapnia

- ▶ CO_2 produces excitation of the Sympathetic nervous system
- ▶ High level of CO_2 influences the release of catecholamines from the adrenal medulla

Sympathetic over activity in Laparoscopy

- ▶ Release of Catecholamine
- ▶ Stimulation of Renin angiotensin aldosterone system
- ▶ Release of Neurohypophysial Hormone (Vasopressin)
- ▶ Increase in MAP , LV Afterload and SVR (Severe Vasoconstriction)
- ▶ Increase in Myocardial Work and LV Wall tension for stability of CI

PREMEDICATION

1. NPO
2. Complete bowel preparation
3. Antibiotics as per surgical team
4. Awareness about post op shoulder tip pain
5. Written informed consent for laparotomy
6. Anxiolytics/antiemetics/H2 receptor antagonist/analgesic
7. Antisialogogue (glyco-P) and vagolytic may be administered at induction of anaes.
8. DVT prophylaxis (rTn, pelvic Sx, long duration, malignancy, obesity)
9. clonidine/ dexmetetomidine to decrease stress response

MONITORING

1. HR
2. NIBP
3. Continuous ECG
4. Pulse oximetry
5. Capnography
6. Temperature
7. Airway pressure
8. IAP

If required, ABG, precordial doppler, TEE may be instituted.

General Anesthesia (GA) for Laparoscopy

1. **Preloading**- 5-10 ml/kg to prevent hemodynamic changes during pneumoperitoneum
2. **Induction**- propofol, thiopentone Na, TIVA
(propofol+fentanyl)
3. **Msl relaxation** – Scoline (RSI) for antireflux surg.
NDMR
4. **Maintainence** – O2 +? N2O + sevo/iso

Cont..

4. Foleys catheter and NG tube insertion to avoid bladder/bowel injury (↓PONV, improve surgical view)
5. **Ventilatory settings-** To maintain normocarbia (ETco₂ 34-38 mm Hg)- ↑RR rather than TV as the lung compliance is low.
6. **Positioning** – gradually, tilt < 15-20°, check ETT position, padding at pressure points.
7. **Gas insufflation** – slow (1-1.5 → 1-2.5 L/min)
IAP < 15 mm Hg (10-12)
check ETT position

cont.....

- 8. Prevent hypothermia**
- 9. Analgesic / antiemetic**
- 10. Postop recovery-** monitor vitals
O2 supplementation

Lidocaine infusion effects in Laparoscopy

Early Postoperative Pain reduction
Earlier return of GI motility

Dexmedetomidine infusion effects in Bariatric surgery

Reduce fentanyl use

Reduce PONV

Reduce PACU length of stay

Remifentanyl infusion effects in Laparoscopy

- Suppress of sympathetic stimulation
- Suppress of Neuro endocrine stress response
- Remifentanyl act Without Respiratory effects

Lung protective strategy in Laparoscopy

Pressure Controlled Ventilation

Low TV(6-8cc/kg)

PEEP(5-10cmH₂O) : improve Oxygenation and V/Q matching

Controlled Ventilation for ETCO₂ : 35-40 mmHg

COPD or history of spontaneous Pneumothorax , bullous

Emphysema : Increase in RR rather than of TV in Hypercarbia

Mechanical Ventilation in Laparoscopy

GETA (PEEP+ PC ventilation or PEEP + VC Ventilation)

Steep trendelenberg position

VOLUME Controlled

TV: constant , PIP: increase , compliance : Decrease

Pressure Controlled

Peak Inspiratory Pressure : Constant , TV: Decrease

Reverse Trendelenberg Position

Opposite Ventilatory effect

Lower Peak Airway Pressure , Compliance Increase

Pressure Controlled

Increase TV

Pressure controlled ventilation(PCV)

Volume controlled ventilation (VCV)

- ▶ PCV : Higher instantaneous flow peaks , minimize peak pressures ,improved alveolar Recruitment and oxygenation in Laparoscopy
- ▶ VCV : Constant flow ,deliver pre set TV, adequate MV at the expense of increased risk of Barotrauma and high inflation pressure

Volume Controlled and Pressure Controlled Ventilation

Switch from VC to PC in Terendelenberg Position :
Dynamic Lung Mechanic improvment
No effect in : CVP , MPAP , PCWP , CI ,VD ,
PaO₂ and MAP(mean Airway Pressure)

Beach Chair Position + PEEP for improvement of ventilation and oxygenation in Laparoscopy



FIUIDS

- ▶ U/O Reduced → using it as a guide → Patient overloading
- ▶ Stroke volume variation or Pulse pressure variation referred
- ▶ Steep trendelenberg Position that cause Pulse Pressure Change:
 - ▶ Suggest Low Preload state
 - ▶ Need for Volume Overload

Modifier of Mechanical Effect of Peunomoperitoneum

Volume Status ,

Baseline Comorbidity

Intra Vascular Volume Status:

Positioning ,

Surgical techniques

Intra vascular Volume Status

Intra Vascular Volume Status

Modifier of mechanical effect of Pneumoperitoneum

Low RAP : low Cardiac filling volume , Pressure
Increase IAP may cause Pressure on IVC
Decrease VR and Cardiac filling Pressure
(without cardio Vascular disease)

High RAP : Hypervolemia
Increase in IAP to 10 mmHg and Splanchnic Compression
Rapid and transient Increase in VR

PEEP

- ▶ PEEP: 5 cm H₂O is essential during Laparoscopy (decrease intraoperative Atelectasis)
- ▶ Minimize Alveolar de- Recruitment
- ▶ Caution : Increasing PEEP may further compromise cardiac out put

Indication for conversion from Laparoscopic to open surgery

1. Failure to establish an adequate pneumoperitoneum
2. Hemodynamic adverse reaction to pneumoperitoneum
3. Intra abdominal adhesions precluding safe access or presenting excessive difficulty to access abdomen
4. Hepatomegaly such that retraction is not feasible or even with retraction , organ visualization is obscured
5. Intraoperative complication such as Hemorrhage that are best managed with an open surgery
6. Exceedingly thick body wall precluding adequate trocar access or manipulation
7. Existing large upper abdominal wall Hernia that optimally can be repaired simultaneously using the same incision

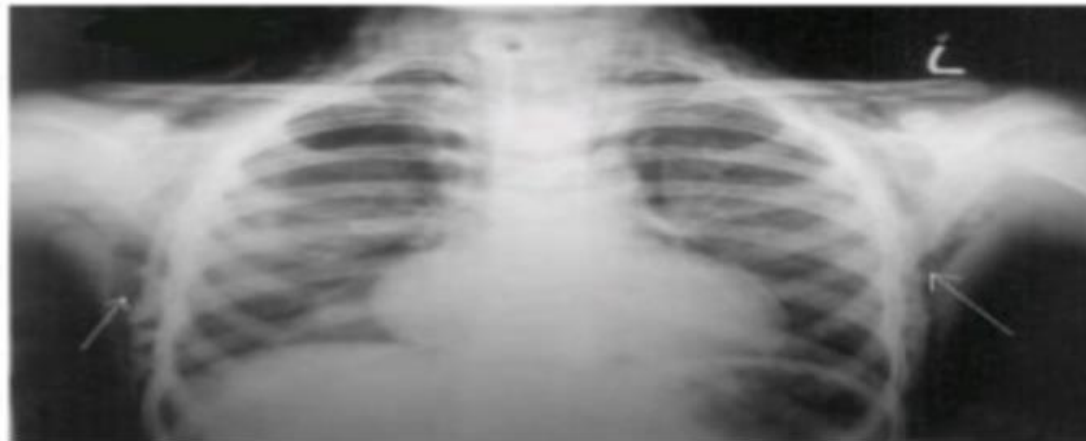
Arrhythmia in Laparoscopic Surgery

- Hypercapnia is the major cause
- hypoxia , hemodynamic changes
- Vagal reflexes [stretching of peritoneum and fallopian tube clamping]
- Depth of anesthesia
- Halothane
- Arrhythmia may be first sign of gas embolism

CO2 subcutaneous Emphysema

Cause a) accidental extraperit insufflation (malpositioned verris needle)
b) deliberate extraperit insufflations- retroperit surg, TEPP, fundoplication, pelvic lymphadenectomy

Diagnosis ↑ETCO2 -cannot be corrected by adjusting ventilation -↑ even after plateau reached
ABG, Palpation



S/C Emphysema (Trapped Gas Pocket)

- ▶ Location
 - ▶ Upper and Lower Extremity
 - ▶ Neck and Face
 - ▶ Large Cavity (Thorax , Mediastinum , Pericardium)
- ▶ Diagnosis
 - ▶ PaCO₂ increases after Plateau level
 - ▶ EtCO₂: increases , SpO₂ and airway Pressure: no change
 - ▶ Chest X-ray in Neck or Face S/C Emphysema is needed (R/O Capnothorax or Capnomediastinum)

Treatment of S/C Emphysema

- Treatment**
1. stop CO₂ insufflation, interrupt lap temporarily
 2. CMV continued till hypercapnia resolves
 3. resume lap at low insufflation P thereafter

DD of ETCO₂ changes in Laparoscopy

	Increased P_{ETCO_2}			Decreased P_{ETCO_2}	
Capnography	No	Yes	Yes	Yes	Yes
Pulse oximetry	Desaturation	No change	Desaturation	Desaturation	Desaturation
Airway pressure	Increased Paw	No change	Increased Paw	Increased Paw	No change
Clinical examination					
a) Reduced air entry	Yes	No	Yes	Yes	Murmur
b) Hyperresonance	No	No	Yes	Yes	Hypotension
c) Swelling and crepitus	No	Yes	Possibly	Possibly	ECG changes
Presumptive diagnosis	Endobronchial intubation	Subcutaneous emphysema	Capnothorax	Pneumothorax	Massive CO_2 embolism

Pneumothorax/pneumomediastinum

Cause

surg)

1. pleuroperitoneal communications (R>L)
2. Diaph defects(aortic, esophageal, GE jn)
3. Rupture of preexisting bullae
4. Perf falciform ligament

Diagnosis –

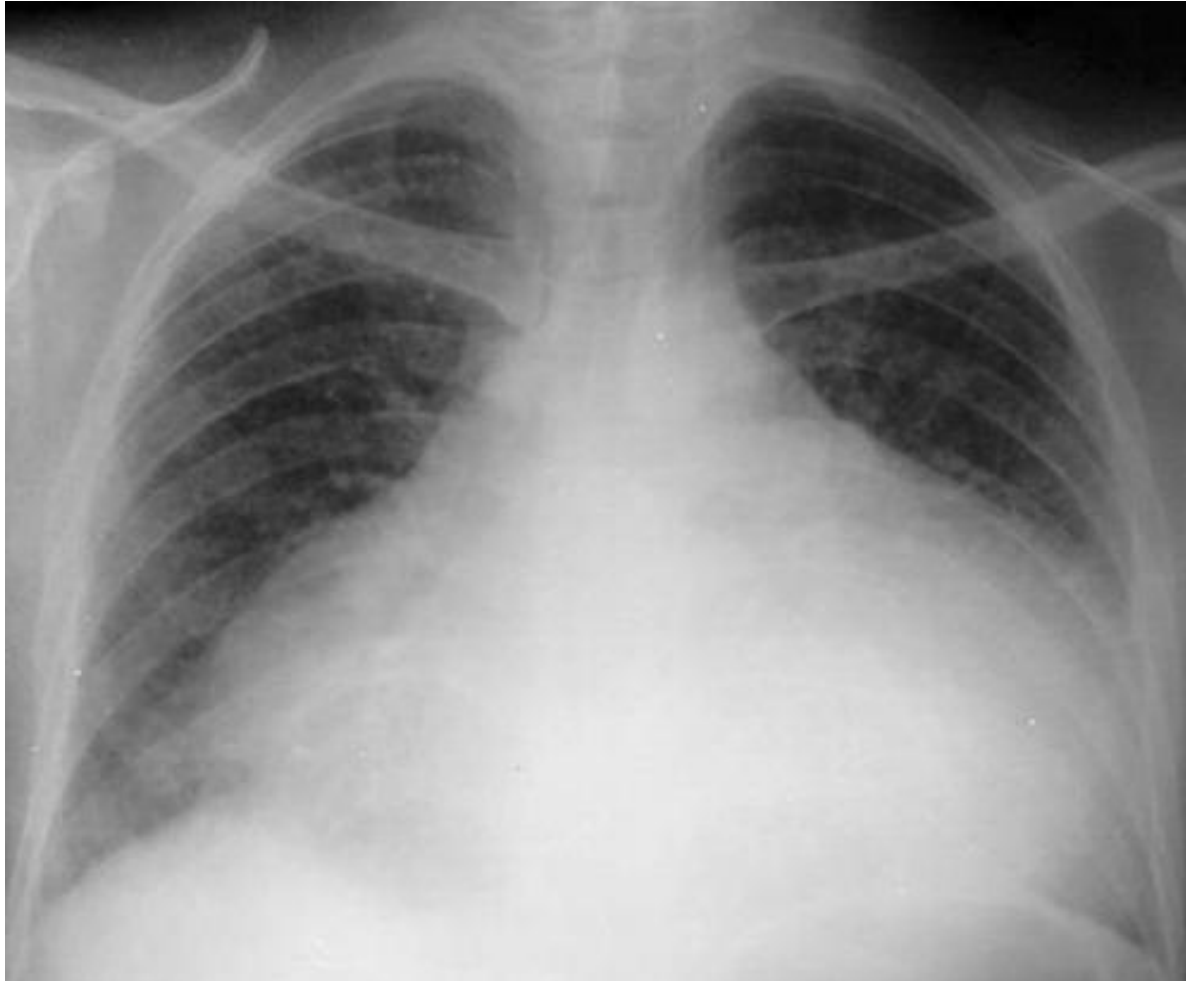
↑airway P,
sudden ↓Sp O₂ ,
sudden ↓/↑ETco₂,
Abnormal motion of hemidiaphragm by laparoscopist



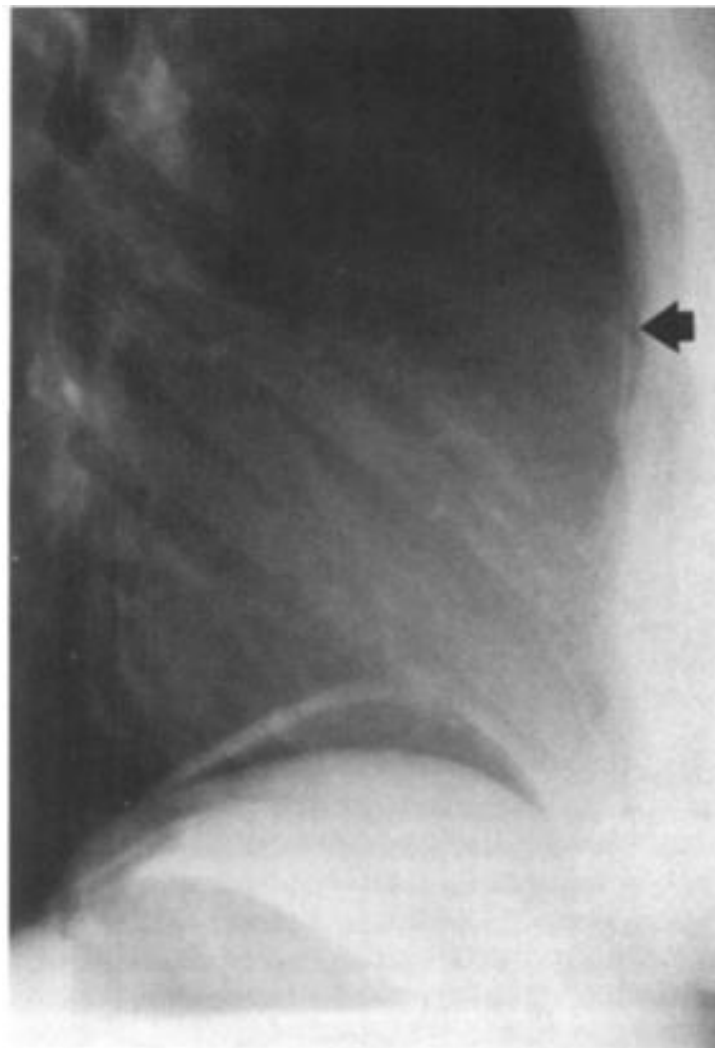
Capnopericardium



Tamponade



Capnomediastinum



Capnomediastinum S/C Emphysema

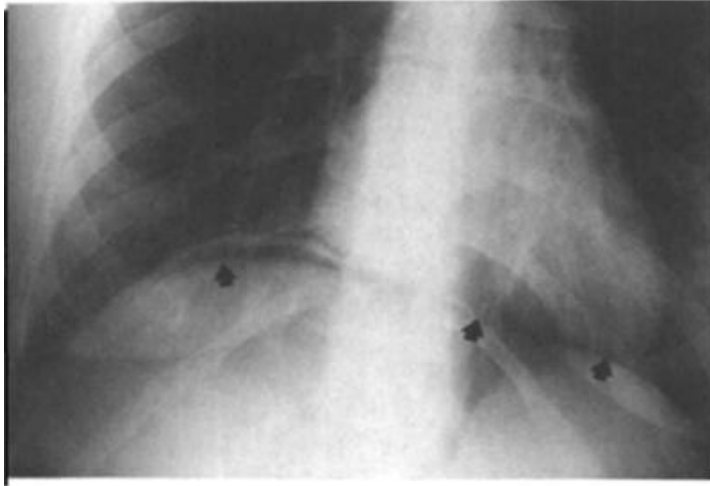
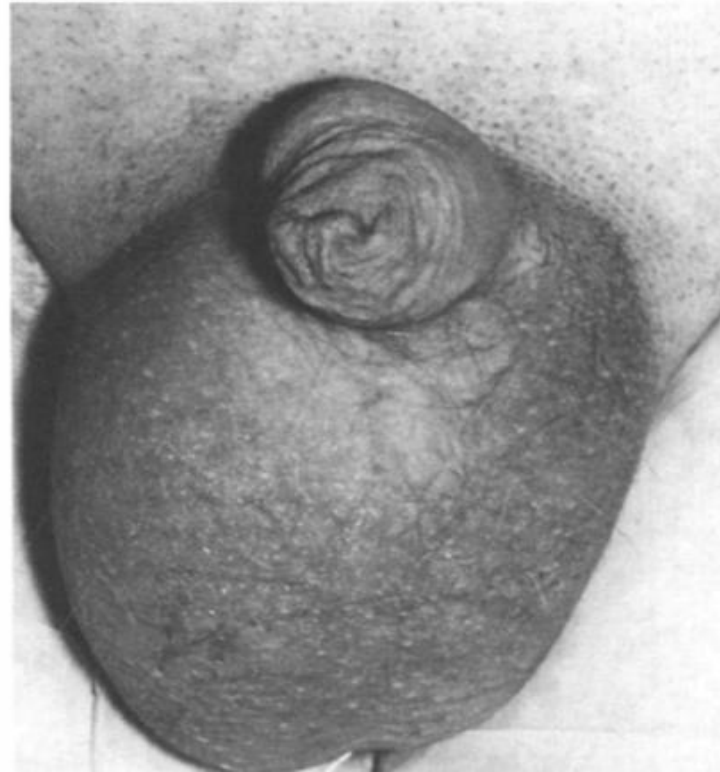


FIGURE 2 Case #2: Anteroposterior chest x-ray showing radio-ucency consistent with air above the diaphragm, separating the cardiac ilhouette from the diaphragm. This continuous diaphragm sign uggests air in the mediastinum.

Neuromuscular blockade was reversed and anesthesia



S/C Emphysema , Capnothorax and Capnomediastinum



FIGURE 4 Case #3: Facial photograph of patient demonstrating left periorbital subcutaneous emphysema, extending from the adjacent left facial area.

Discussion

Improved laparoscopic techniques have revolutionized many surgical procedures. Although there is less pain, faster recovery and possibly less morbidity and mortality, laparoscopy is not a benign operation.^{1,2} Injury to the common bile duct or intestine may be more common⁴⁻⁶ than with an open cholecystectomy. Furthermore, this operation has different intraoperative anaesthetic considerations than a traditional open cholecystectomy.³ Anaesthetic considerations for laparoscopic cholecystectomy are similar to those for other laparoscopic procedures and result from the creation of a pneumoperitoneum by in-

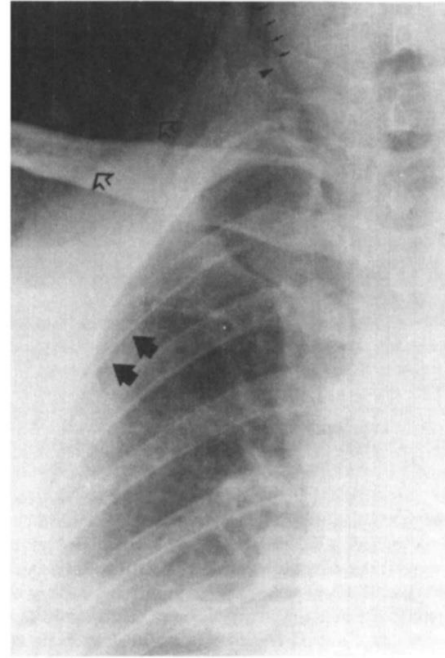


FIGURE 5 Case #3: Anteroposterior chest x-ray during expiration, showing small right pneumothorax (large, solid arrows), pneumomediastinum with air at the apex of the right lung extending into the neck (small, solid arrows), and subcutaneous emphysema of the soft

CO2 embolism

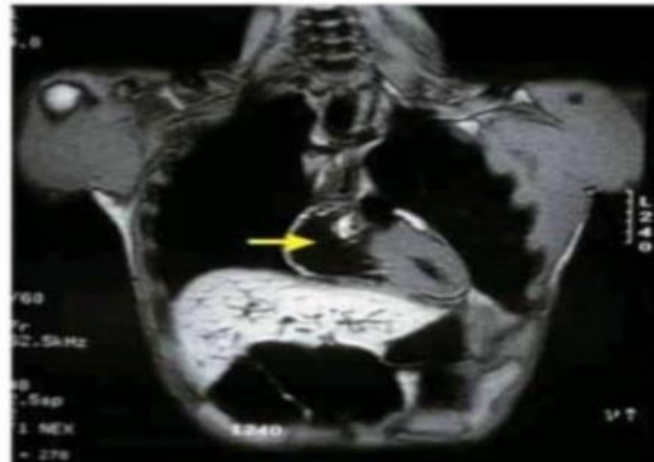
CO2 embolism (rare but potentially fatal)

Risk factors - hysteroscopies, previous abd surg, needle/Trocar in vsl

Consequences- GAS LOCK in vena cava ,RA → ↓ VR → ⊙ collapse
- Ac RV HTN → opens foramen ovale → paradoxical gas embolism

Diagnosis

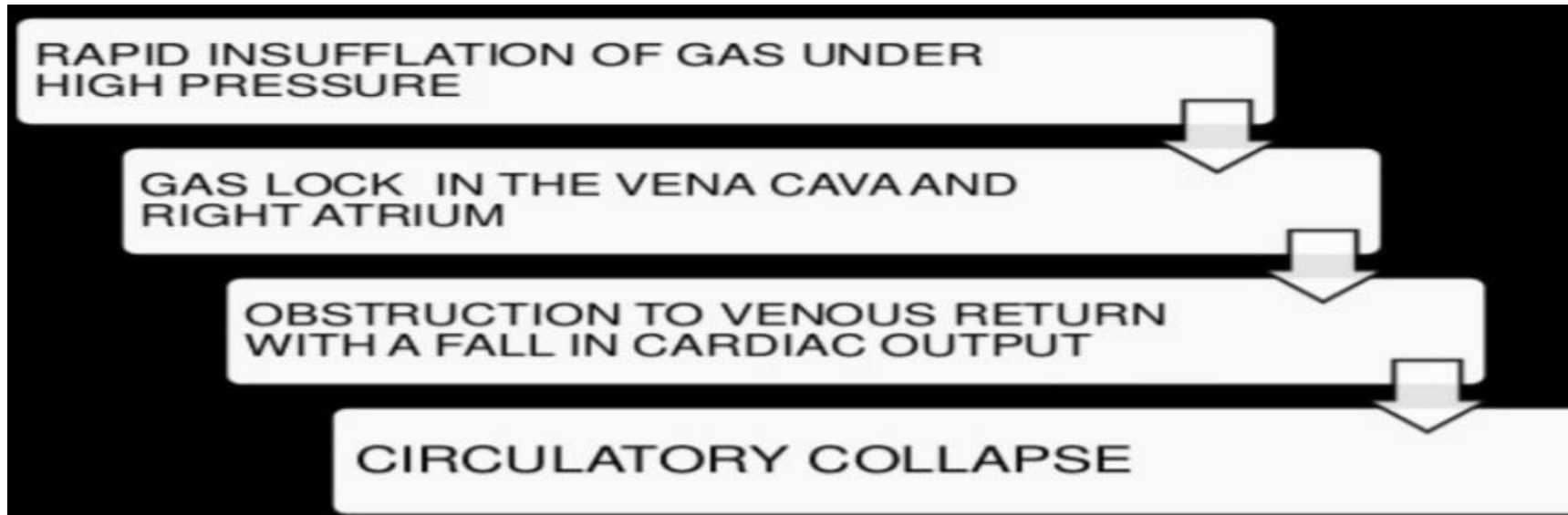
↑HR, ↓BP, ↑CVP, hypoxia, cyanosis,
ET CO2 biphasic change, ↑Δa ETco2
ECG- Rt heart strain, TEE, ↑pulm art.
aspiration of gas/ foamy bld from CVP line



Cont..

- ▶ I-Early events : 0.5 ml/kg
- ▶ Changes in Doppler Sounds
- ▶ Increased Mean Pulmonary Artery Pressure
- ▶ II-Events Occurring With 2ml/kg
- ▶ Tachycardia , Arrhythmia , Hypotension , Cyanosis , CVP increase , Hypoxemia
- ▶ Heart Tone Alteration , ECG : Right -sided heart strain , ETCO₂ decrease
- ▶ Δ PaCO₂-ETCO₂ Increases
- ▶ Doppler and TEE : Very Sensitive

Cont..



Cont..

Treatment

1. Release source (stop co₂ + release pneumoperit)
2. position – steep head low + Durant position
3. stop N₂O + 100%O₂
4. Hyperventilation
5. CVP/PA catheter to aspirate CO₂
6. Cardiac massage may break embolus- rapid absorption
7. Hyperbaric o₂ - cerebral embolism

TEE monitoring of VAE

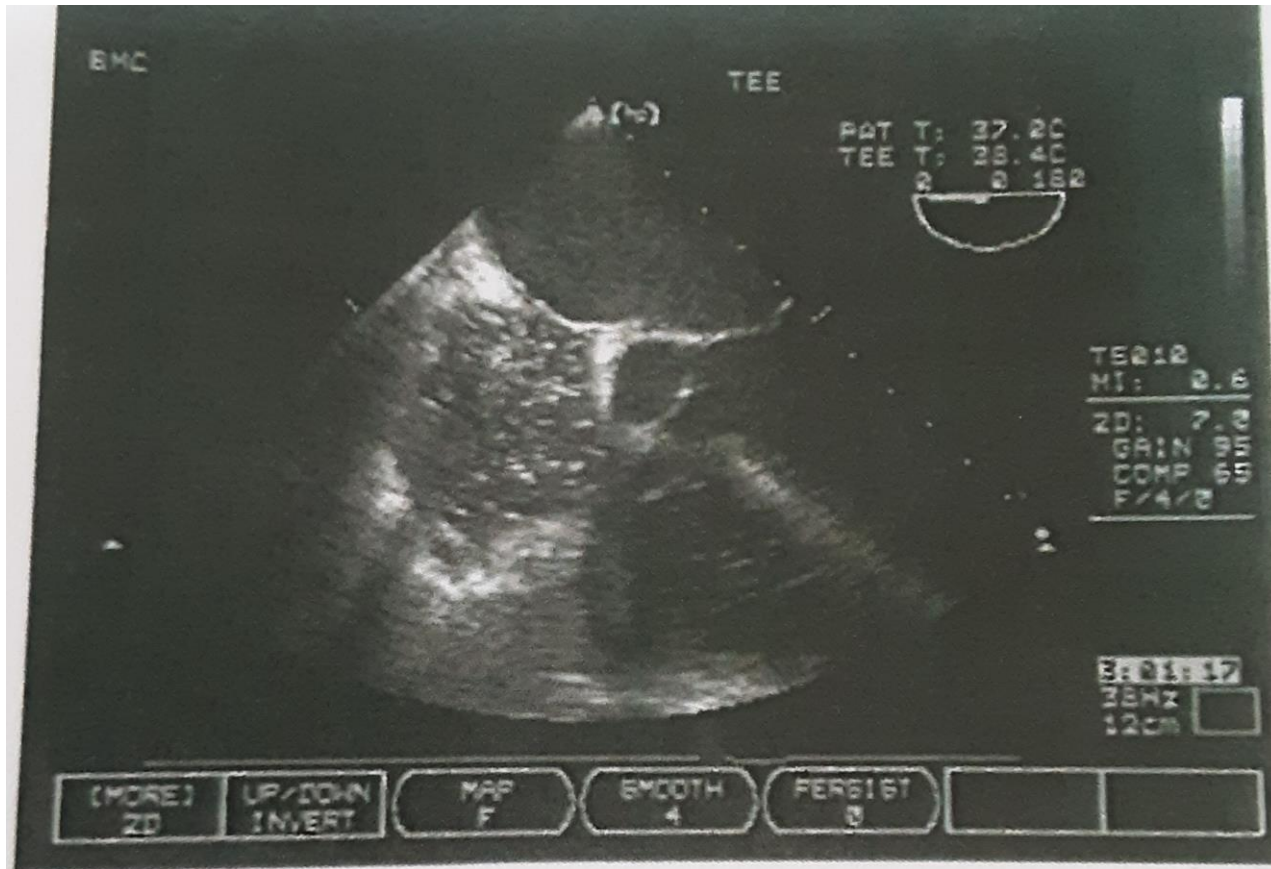


Figure 44-2 Venous air embolism of the right atrium visible with transesophageal echocardiographic monitoring.

DURANT POSITION



Differential diagnosis of hemodynamic collapse during laparoscopy

Differential diagnosis of hemodynamic collapse during laparoscopy

Decreased cardiac preload:
Hemorrhage
Positional blood pooling
Gas embolism
Excessive intraabdominal pressure
Capnothorax
Cardiac tamponade due to capnomediastinum or capnopericardium
Decreased cardiac contractility:
Anesthetic medication effect
Myocardial ischemia or infarction
Acidosis due to hypercarbia
Decreased SVR:
Anesthetic overdose
Acidosis due to hypercarbia
Anaphylaxis
Sepsis
Bradycardia:
Vagal stimulation

SVR: systemic vascular resistance.

Summary of Cardiovascular Collapse During Laparoscopy

- ▶ Profound Vasovagal Reaction
- ▶ Cardiac Dysrhythmia
- ▶ Excessive IAP
- ▶ Tension Capno (Pneumo) thorax
- ▶ Significant Gas Emboli
- ▶ Acute Blood Loss
- ▶ Myocardial Ischemia/Infarction
- ▶ Severe Respiratory Acidosis (Hypercarbia)
- ▶ Anesthetic Drug Overdose

Endobrochial intubation

Due to cephalad movement of diaphragm with
head down tilt and \uparrow IAP

Diagnosis - $\text{Sp O}_2 \downarrow$
 \uparrow airway \downarrow P

Treatment – Repositioning of E⁺



Aspiration

- ✓ Mendelson syndrome
- ✓ At IAP > 20 mmHg

Changes in LES due to ↑ IAP that maintain transsphinctal gradient + head down position protect against entry of gastric content in airways



Aspiration of Gastric content

↑ IAP



Change of the LES



↑ Risk of regurgitation

Head -down position helps to prevents regurgitated fluid from entering the airway

Shifting and Falls in Laparoscopy

Shifting and Falls in Laparoscopy Position

Steep trendelenberg Position

Steep Reverse Terendelenberg Positiin

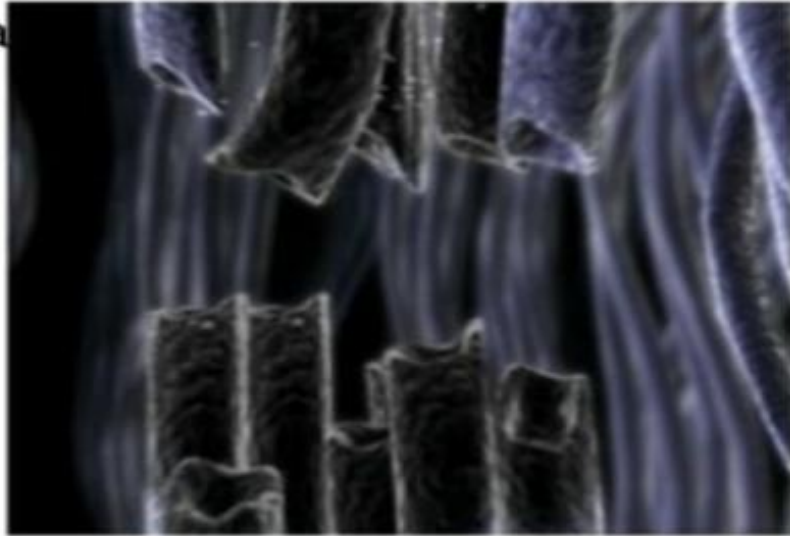
Prevention

- 1) Safe securment by using an Operative table belt strap
- 2) Under body gel pad for skid prevention
- 3) Attention to the pressure point of securing device
- 4) Lithotomy stirrups with velcro strap
- 5) Padded foot rest in Reverse Terendelenberg Position
Attached to operating room table

Nerve injuries

Prevented by

- ✓ avoid overextension of a
- ✓ padding at P points



Nerve injuries

- ▶ Mechanism of nerve injury: Excessive compression , Stretch , Ischemia
- ▶ Risk factors : Prolonged operative time , High BMI , Arm tucking
Inadequate padding , Steep trendelenberg position
Brachial Plexopathy in Laparoscopic Colo Rectal surgery
- ▶ Prevention : Careful attention to Positioning

LOWER LIMB

1) ↓ Femoral venous blood flow

2) Pooling of blood (Reverse Trendelenberg position)

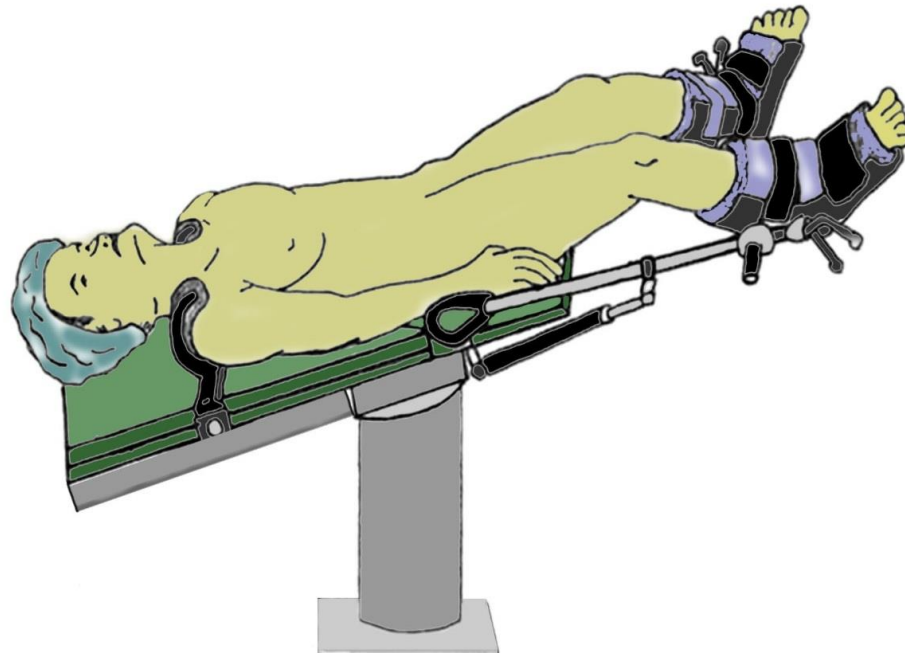


↑ **DVT**

Well leg compartment syndrome

- Well leg compartment syndrome
- Risk factors include
 - Surgery > 4 h duration, muscular lower
 - limbs, obesity, peripheral vascular disease, hypotension, and steep Trendelenburg positioning

LLOYD-DAVIS-STRIPPUS (Prevention of Well leg Compartment Syndrome)



Pharyngo laryngeal and Airway Edema

Airway Edema and Pharyngolaryngeal Edema

- a) Prolonged Steep Trendelenberg Position
- b) Large Volume Fluid Resuscitation

May Result to

Airway Compromise Postoperatively

Expedite reversal of Edema Recumbent sitting Position

Severe Airway Edema at the End of Operation We must have a plan for continued intubation and ventilatory Support

Ophthalmic Changes in Laparoscopy

Ophthalmic change in Laparoscopy

Steep trendelenberg position +CO2 insufflation=
IOP (time dependent) and ICP increases

Increase in choroidal blood volume from absorbed CO2,
corneal abrasion , Ischemic optic neuropathy

Probably of acute Intra ocular Dearangement especially in
Glucoma,Diabetes melitus and Atherosclerotic disease

May Post operativeophthalmic ischaemia, Optic neuropathy

Rarely reported Postoperative blindness in Prolonged
Steep Trendelenberg position in colorectal surgery

Venous stasis and VTE in Laparoscopy

Venous Stasis and VTE in Laparoscopy

Mechanism

- a) Coagulation Cascade Activation
- b) Venous Outflow Obstruction
- c) Modifier Factors :

Age ,Comorbidities,Obesity, Surgical disease

Obesity Hyper coagulation state

Especial high risk Surgery : Lymph node dissection in
Radical Prostatectomy

Mechanical Thrombus prophylaxis

Effects : Promote Venous outflow

Indication:

- I) Replacement for anticoagulant Drugs
 - a) high risk of Bleeding
 - b) Bleeding patients
- II) Adjunct to prophylaxis with anti coagulation drug

Methods of mechanical thrombo prophylaxis

1)gradually compression stocking (Thrombo embolism deterrent or TED Stocking) :

designed to create :

external pressure at the ankle (18mmHg)

external pressure at the knee (8mmHg) |

10mmHg driving force for Venous outflow

Reduction in incidence of VTE :% 50

TED Stocking Can not be used alone

IPC

2) Intermittent Pneumatic compression (IPC)

Inflatable bladder connected to pneumatic pressure cavity

External compression pressure at the ankle : 35mmHg

External compression pressure at the knee : 20mmHg

15 mmHg driving force for Venous outflow

Repeating inflation and deflation : create pumping action

IPC can be used alone

Laparoscopy in Pregnancy

Indications- appendicectomy
cholecystectomy

Risk – preterm labour, miscarriage, fetal acidosis

Timing – II trimester (< 23 wk)

Lap technique – HASSANS tech

Special considerations

1. prophylactic- antithrombolytic measures + tocolytics
2. operating time to be minimised
3. IAP as low as possible
4. Continuous fetal monitoring (TVS)
5. Lead shield to protect foetus if intraop cholangiography needed

Cont....

Laparoscopy in Pregnancy

Open approach for entry of Laparoscope (Hanssen)

Direct puncture Laparoscopy

Height of Uterine fundus reaches to Umbilicus at 20 weeks

Position: slightly to left side (avoid IVC compression)

SCD are essential for all procedure(TE prevention)

Arterial PH of the fetus and mother relate linearly

Fetal acidosis may be prevented by avoiding Respiratory acidosis in the mother

Protection of the fetus against Intra operative X-rays

FHR Monitoring is imperative

Heart rate deceleration creates need to covert to open cholecystectomy or appendectomy

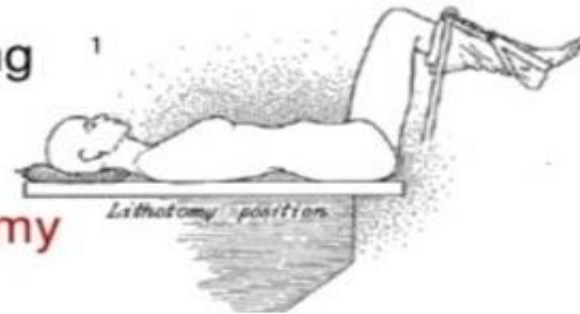
CO₂ pneumoperitoneum may induce Significant Fetal acidosis but if PaCO₂ is at normal level : Fetal placental

Perfusion pressure , BF , PH, Blood gas tension are unaffected by insufflation or desufflation

Basics of Laparoscopy-Procedure

Preparation of the patient:

- Inform the patient about the therapeutic benefits and potential risks (**informed consent**).
- **Intestinal preparation**: Simple intestinal emptying, for better viewing and preventing injuries.
- Place the patient in the **dorsolithotomy** position.



Basics of Laparoscopy-Procedure

During the operative procedure

- 1 or 2 bottles of Ringer's lactate are used to wash the peritoneal cavity after laparoscopy.
- Leave 500/1000 ml of ringer's lactate to reduce the incidence of post operative pain.

After the procedure

- CO₂ gas must be evacuated completely to reduce post-operative pain

Applications of Laparoscopy in OBG

- As a diagnostic tool
- As a therapeutic modality

Laparoscopy -as a diagnostic tool

- Chronic pelvic pain
- Ectopic pregnancy
- Pelvic inflammatory disease
- Endometriosis
- Adhesions
- Ovary: cysts, torsion
- Fallopian tube: torsion, salpingitis
- Uterus: fibroid, leiomyomata
- Pelvic congestion syndrome
- Infertility
- Oncologic procedures



Laparoscopy-as a diagnostic tool

- **Infertility**: status of the fallopian tube (morphology and functionality) and any pathological condition (e.g. adhesions)
- **Ovarian cysts** or tumors.
- **Ectopic** pregnancy.
- **PID**: tubal abscess or adhesions.
- **Endometriosis**: define the sites of implants and endometrial cysts.

Complication of Laparoscopy

- ▶ Thermal Injury of the Bowel
- ▶ Bowel injury
- ▶ Viscus Perforation
- ▶ Hemorrhage
- ▶ Vascular Injury
- ▶ Ureteral or Bladder Injuries
- ▶ Incisional Hernia
- ▶ Wound Dehiscence

Thermal Injury

- ▶ Delayed Development of Symptoms (Several Days or Weeks Postoperatively)
- ▶ Bilateral Lower Abdominal Pain , Fever ,Elevated WBC, Peritonitis
- ▶ X-ray : show an Ileus or free Air under the Diaphragm
- ▶ Management: Early Gynecology Consultation

Complications of Hysteroscopy (rare)

- ▶ Uterine Perforation
- ▶ Postoperative Bleeding (laceration or tears of uterus)
- ▶ Fluid Overload (absorption of distention media)
- ▶ Gas Emboli
- ▶ Infection

Pediatric Laparoscopy

Abdominal Wall is thinner in young Child

IAP of 8mmHg can provide adequate exposure

DVT Prophylaxis probably is unnecessary

Requires Specialized instrumentation

Instruments :shorter (15-20cm), Diameter (3-5mm)

Postoperative Pain Relief

- Preoperative administration of a non-opioid analgesic (e.g. NSAID, Paracetamol)
- Pre-incisional infiltration of trocar insertion sites with local anesthetics (e.g. 40 ml bupivacaine 0.25%, lidocaine 0.5%)
- Rescue medication with small doses of an opioid (e.g. morphine)
- Treat postoperative shivering with clonidine or pethidine.

Cont..

- ▶ Reduce Post Operative Pain:
 - ▶ Lower IAP
 - ▶ Shorter Duration of Penumoperitoneum
 - ▶ Evacuation of Sub diaphragmatic CO₂ gas (prior Wound closure)
- ▶ Post Operative Pain Management:
 - ▶ Parenteral Analgesic
 - ▶ Regional Anesthesia
- ▶ Preferred Approach : Preemptive Multimodal Strategy
 - ▶ Non Opioid Analgesia : NSAID , COX2 inhibitor , Acetaminophen
 - ▶ Minimal weak Opioid

Postoperative of Laparoscopy Surgery

POST OPERATIVE LAPAROSCOPY SURGERY

I-Postoperative Complication

- a) Respiratory complication
- b) Venous Thrombosis

II-Postoperative Management

- a) Acute Pain Management
- b) Post Operative Nausea and Vomiting | (PONV)

Postoperative Management

- ▶ Postoperative Shoulder -Tip Pain
- ▶ Require Supplemental O2
- ▶ Alveolar Recruitment technique using short term CPAP or High flow O2 delivery system

PONV

- Incidence as high as 42%.
- Inj Dexamethasone 4 mg iv at the time of induction.
- Inj Ondansetron 4 mg iv at the end of surgery.
- Third anti-emetic for rescue therapy.
- Adequate pain control.

Post operative Nursing Care

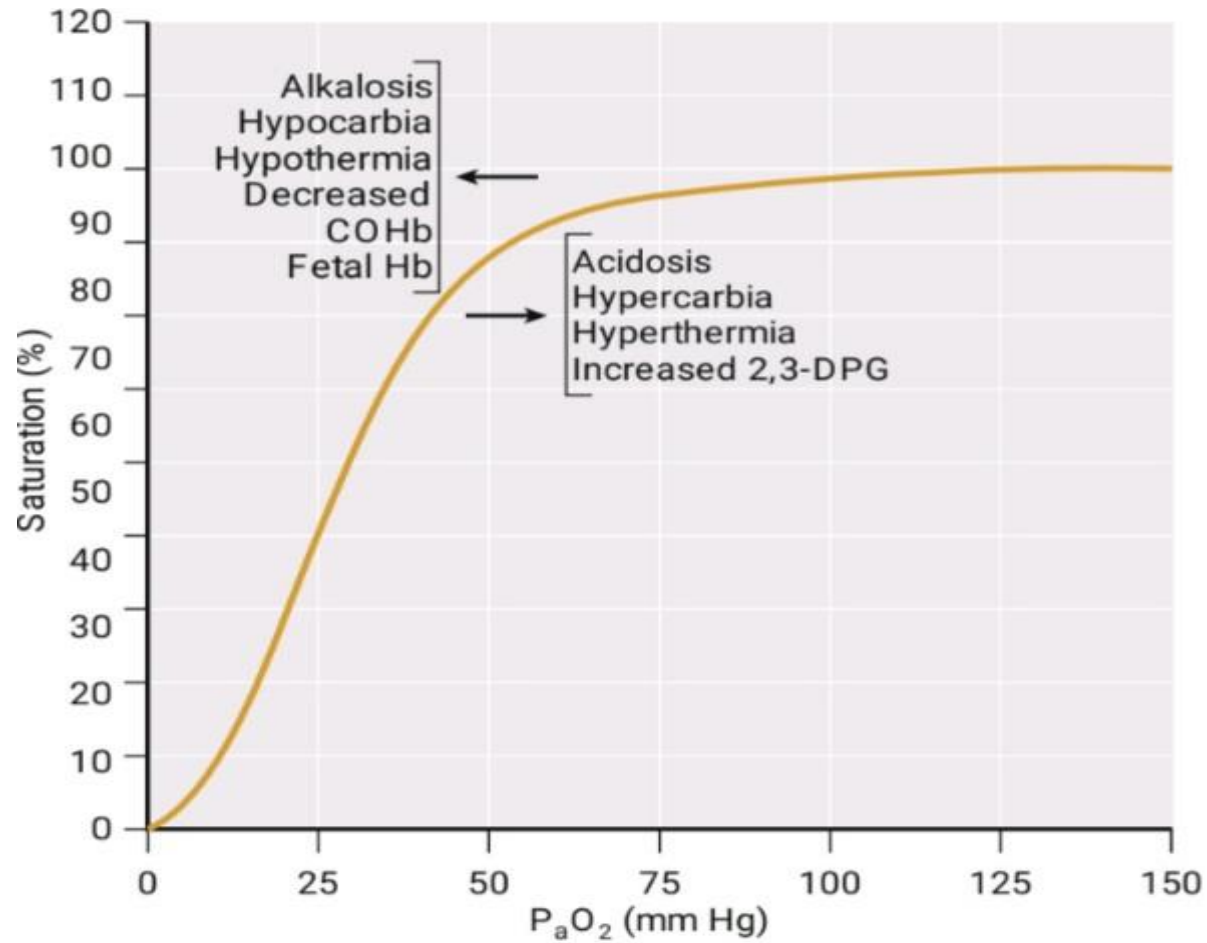
- Check LOC - ability to follow command, pupillary response
- Urinary output
- Skin integrity
- Condition of surgical wound
- Presence of IV lines
- Position of patient to ensure safety



Postoperative Respiratory Dysfunction in Laparoscopy

- a) Aspiration Event nespecially in Bariatric Surgery
- b) Significant Sub cutaneous Emphysema
- C) Diaphragmatic Dysfunction
- D) Intra operative Pulmonary Challenge
- E) Coexisting Disease

OXY Hemoglobin Dissociation curve



[A-a(PO₂) Gradient] or (PAO₂-PaO₂)

Alveolar Gas Equation

$$PAO_2 = PIO_2 - 1.2 (PaCO_2)^*$$

$$PAO_2 = FIO_2 (P_B - 47 \text{ mm Hg}) - 1.2 (PaCO_2)$$

$$\text{A-a Gradient} = PAO_2 - PaO_2 = 5-25 \text{ mm Hg}$$

Inadequate Tissue Oxygenation

I. Oxygen Markers

1. $\text{VO}_2 < 200 \text{ mL/min}$ or $< 110 \text{ mL/min/m}^2$
2. $(\text{SaO}_2 - \text{SvO}_2) \geq 50\%$
3. $\text{SvO}_2 \leq 50\%$

II. Chemical Markers

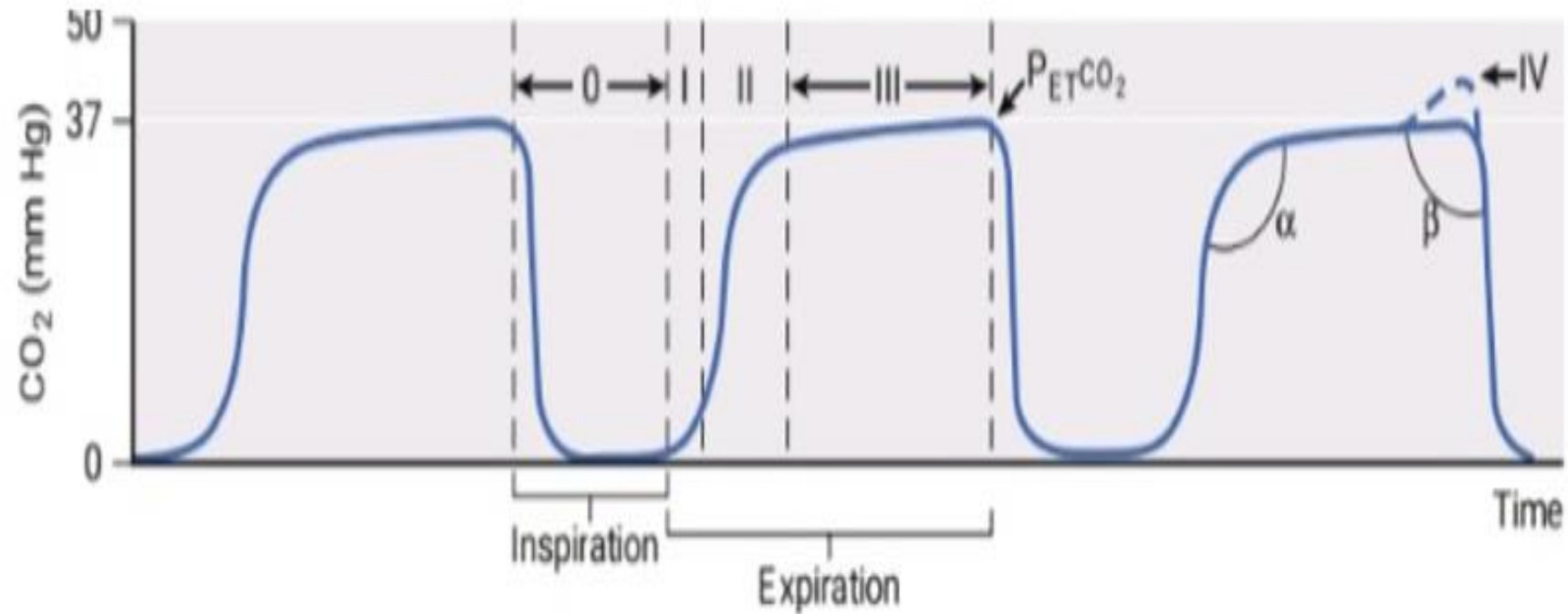
1. Serum Lactate $> 2 \text{ mM/L}$ (or $\geq 4 \text{ mM/L}$)
2. Arterial Base Deficit $> 2 \text{ mM/L}$

P/F Ratio(Severity of Hypoxemia)

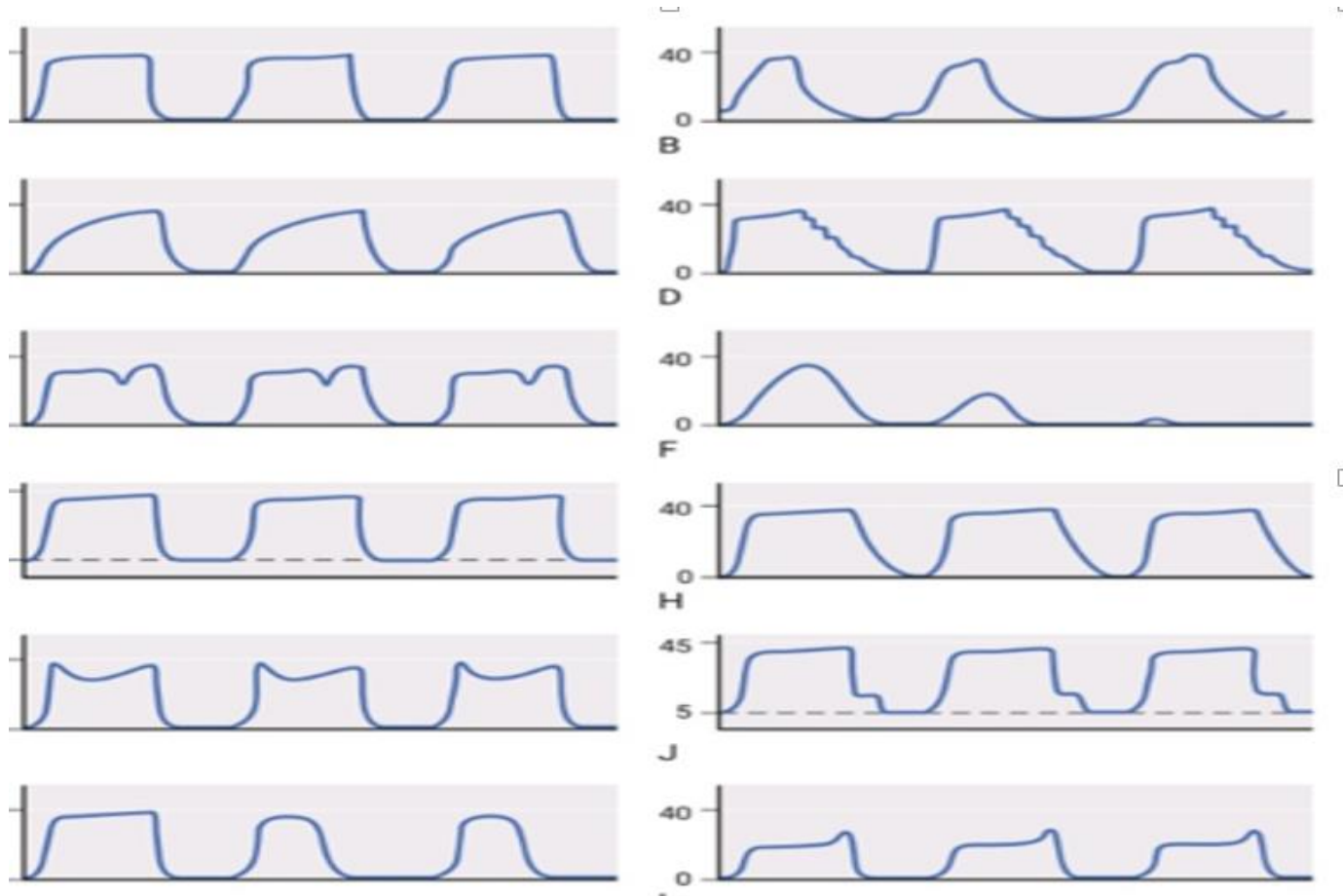
TABLE 83.1 Categorization of ARDS Severity With At Least 5 cm H₂O of PEEP

ARDS Severity	PaO ₂ /FiO ₂
Mild	300-200 mm Hg
Moderate	200-100 mm Hg
Severe	100 or less mm Hg

CAPNOGRAPHY



Different curves of Capnography



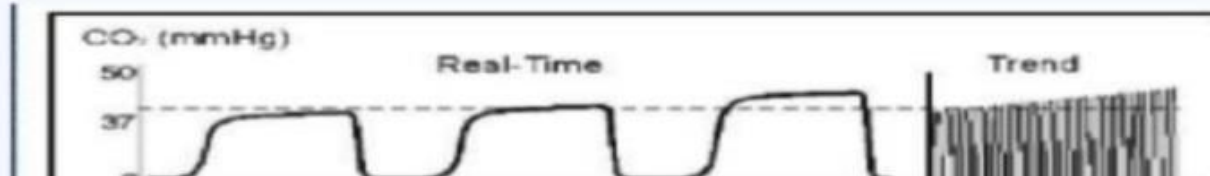
ETCO₂ Changes in Anesthesia

TABLE 25-2. FACTORS THAT MAY CHANGE END-TIDAL CO₂ (ETCO₂) DURING ANESTHESIA

Increases in ETCO₂	Decreases in ETCO₂
Elements that Change CO₂ Production	
Increases in metabolic rate	Decreases in metabolic rate
Hyperthermia	Hypothermia
Sepsis	Hypothyroidism
Malignant hyperthermia	
Shivering	
Hyperthyroidism	
Elements that Change CO₂ Elimination	
Hypoventilation	Hyperventilation
Rebreathing	Hypoperfusion
	Pulmonary embolism

Cont....

- **Hypercapnia can develop, even in the absence of abnormal EtCO₂.**
- **Postoperative intra-abdominal CO₂ retention can result in increased respiratory rate and EtCO₂ of patients breathing spontaneously.**



Laparoscopy in Cardiac disease

- ▶ Pre operative evaluation :Echocardiography
- ▶ If LVEF< %30 : I- Intra operative monitoring
 - ▶ Arterial line , PAC , TEE ? Continuous ST segment analysis ?
 - ▶ Gas less Laparoscopy
 - ▶ Laparotomy
- ▶ Intra operative management : slow insufflation , Low IAP , Hemodynamic optimization before pneumoperitoneum (preload augmentation) , patient tilt after Insufflation
- ▶ Anesthesia : Isoflurane , Vasodilating drug (nicardipine , nitroglycerine)
 - ▶ Cardiotonic agents
 - ▶ Experience surgeon
- ▶ Post operative care : slow recovery from anesthesia (benefits of clonidine)

Laparoscopy in COPD

- ▶ History and physical exam
- ▶ PFT,CXR,ABG,SpO2
- ▶ Cessation of smoking, adequate bronchodilators ,steroids and chest physiotherapy with incentive spirometry help to reduce post op pulmonary complications

COPD and Laparoscopy surgery

- ▶ Duration of surgery should be limited to 2 hours
- ▶ IAP less than 12 mmHg
- ▶ Standard monitoring
- ▶ GA with controlled ventilation
- ▶ Monitor peak airway pressure to avoid barotraumas
- ▶ Minimal tilt and multimodal analgesia to prevent postop respiratory depression

Laparoscopy in the Elderly

- ▶ Age related physiological, pathological changes and comorbidities
- ▶ Narrow margin of safety
- ▶ Decrease in organ reserve
- ▶ Careful positioning
- ▶ Prevent venous stasis

Anesthesia and Laparoscopy in the Elderly

- ▶ Increased sensitivity to drugs
- ▶ Impaired metabolism and delayed excretion of drugs
- ▶ Delayed recovery
- ▶ Sensitivity to volume overload and hypovolemia , volume depletion
- ▶ Exaggerated hypotension on correcting lithotomy during recovery

CONT...

Insufflation of CO₂ in Elderly Patients at Supine Position
With Co existing Disease of
Hypertension Myocardial Ischemia
CAD HF

Results :

Decrease : EF ,CI

Increase : SVR

ECG : Ischemic change or no change

Metabolic syndrome

BOX 58.1 Features Associated With Metabolic Syndrome

Abdominal obesity

Atherogenic dyslipidemia (↑ TGs, ↓ HDL-C, ↑ ApoB, ↑ small LDL particles)

Elevated blood pressure

Insulin resistance ± glucose intolerance

Proinflammatory state (↑ hsCRP)

Prothrombotic state (↑ PAI-1, ↓ FIB)

Other (endothelial dysfunction, microalbuminuria, polycystic ovary syndrome, hypoandrogenism, non-alcoholic fatty liver disease, hyperuricemia)

Mallampati Airway Classification

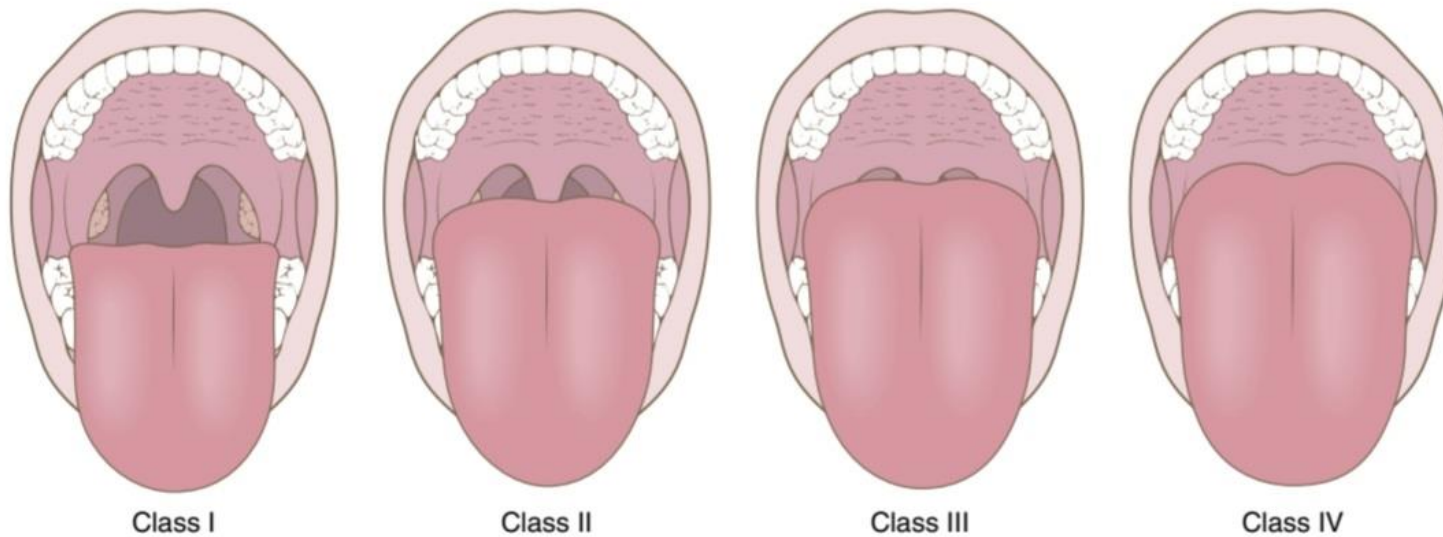


Fig. 13.1 The Mallampati airway classification is a clinical instrument used to assess the ease of obtaining an airway. Class I, visualization of the soft palate, fauces, uvula, and both anterior and posterior pillars. Class II, visualization of the soft palate, fauces, and uvula. Class III, visualization of the soft palate and the base of the uvula. Class IV (difficult), the soft palate is not visible at all.

Laryngoscopic View

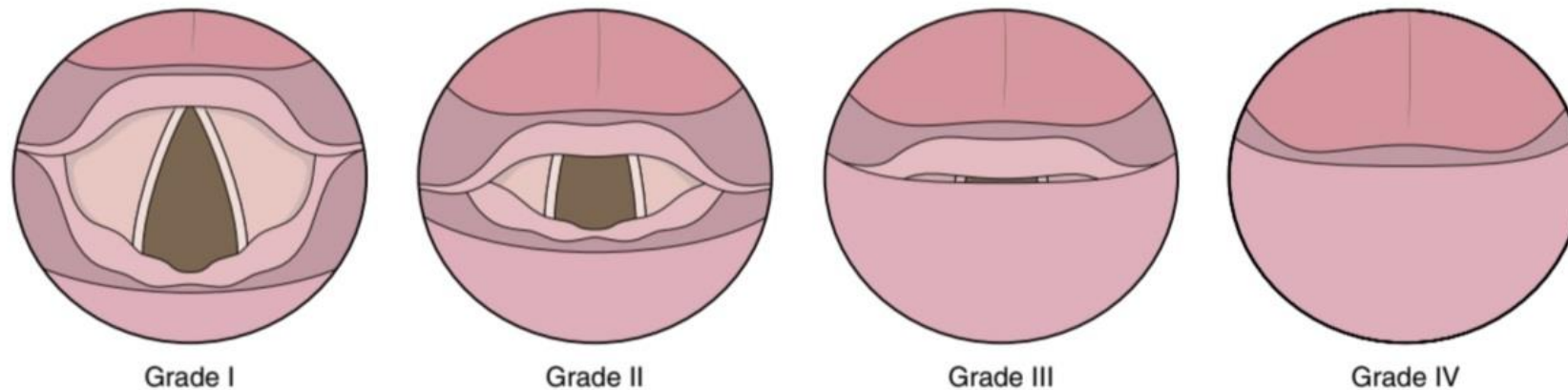


Fig. 16.12 Four grades of laryngoscopic view. Grade I is visualization of the entire laryngeal aperture, grade II is visualization of just the posterior portion of the laryngeal aperture, grade III is visualization of only the epiglottis, and grade IV is visualization of just the soft palate. (From Cormack RS, Lehane J. Difficult tracheal intubation in obstetrics. *Anaesthesia*. 1984;39(11):1105-1111.)

Ramping for Airway Management in Obesity

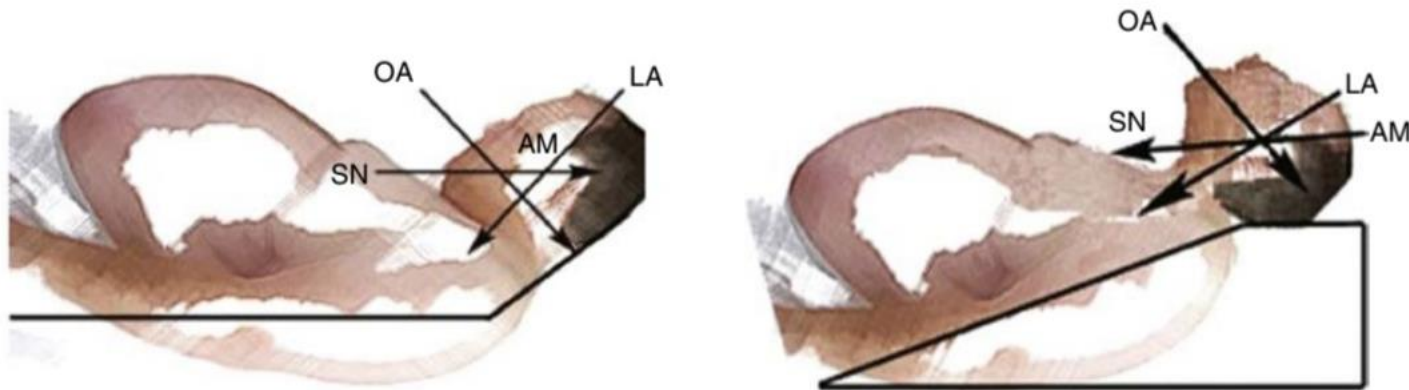


FIG. 20.4 "Ramping" to achieve proper positioning for airway management. AM, Auditory meatus; LA, laryngeal axis; OA, oral axis; SN, sternal notch. (Illustration by Brooke E. Albright, MD.)

Laparoscopy in obese Patients (post operative)

- ▶ 1-Oxygen therapy
- ▶ 2-pulse oximetry ,capnography ,ECG monitoring , ABG ,U/O
- ▶ 3-Level of consciousness
- ▶ 4-Prevention of hypothermia and shivering
- ▶ 5-Aggressive pulmonary care and positioning
- ▶ 6-Obese patients must have sequential compression devices on their lower extremities
- ▶ 7-prophylactic anticoagulation to prevent pulmonary emboli

Level of Sedation and Analgesia

TABLE 7-1 Levels of Sedation and Analgesia

	Responsiveness	Airway	Breathing	Circulation
Minimal sedation (aka "anxiolysis")	Normal but slowed response to verbal stimulation	Unaffected	Unaffected	Unaffected
Moderate sedation (aka "conscious sedation")	Purposeful response to verbal or physical stimulation	Usually maintained	Usually adequate	Usually maintained
Deep sedation	Purposeful response after repeated or painful physical stimulation	May be impaired	May be suppressed	Usually maintained

Sign and Symptoms of Hypoxia and Hypercapnia

Table 2. Signs and Symptoms of Hypoxia and Hypercapnia

Hypoxia	Hypercapnia
<u>Mild</u> <ul style="list-style-type: none">• None or decreased efficiency only	<u>Pco₂ Above Baseline (in mm Hg)</u> <ul style="list-style-type: none">+5: Hot hands
<u>Moderate</u> <ul style="list-style-type: none">• Mood changes: euphoria or depression• Decreased efficiency• Impaired judgment• Headache• Hypertension• Exertional dyspnea• Cyanosis• Hyperpnea, variable• Tachycardia• Polycythemia (chronic CO₂ retention)	<ul style="list-style-type: none">+10: Rapid bounding pulse, small pupils+15: Engorged fundal veins, confusion or drowsiness, muscular twitching+30: Depressed tendon reflexes, depressed extensor plantar responses, and coma+40: Papilledema
<u>Severe</u> <ul style="list-style-type: none">• Hypertension or hypotension• Dimness of vision• Somnolence, stupor, coma	

Cyanosis

TABLE 29-2 Differential Diagnosis of Cyanosis

Central Cyanosis

Hypoxemia

Decreased fraction of inspired oxygen:
high altitude

Hypoventilation

Ventilation–perfusion mismatch

Right-to-left shunt: congenital heart disease,
pulmonary arteriovenous fistulas, multiple
intrapulmonary shunts

Abnormal hemoglobin

Methemoglobinemia: hereditary, acquired

Sulfhemoglobinemia: acquired

Carboxyhemoglobinemia

Peripheral Cyanosis

Reduced cardiac output

Cold extremities

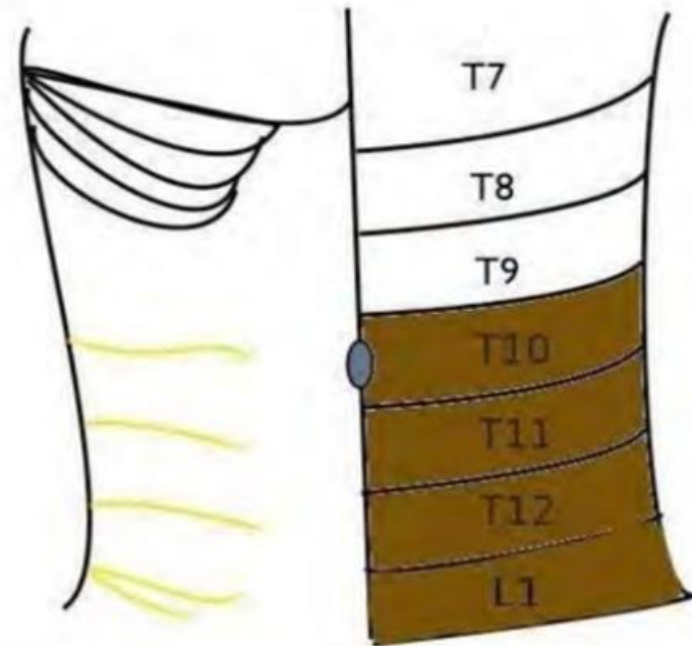
Maldistribution of blood flow:
distributive forms of shock

Arterial or venous obstruction

TAP BLOCK

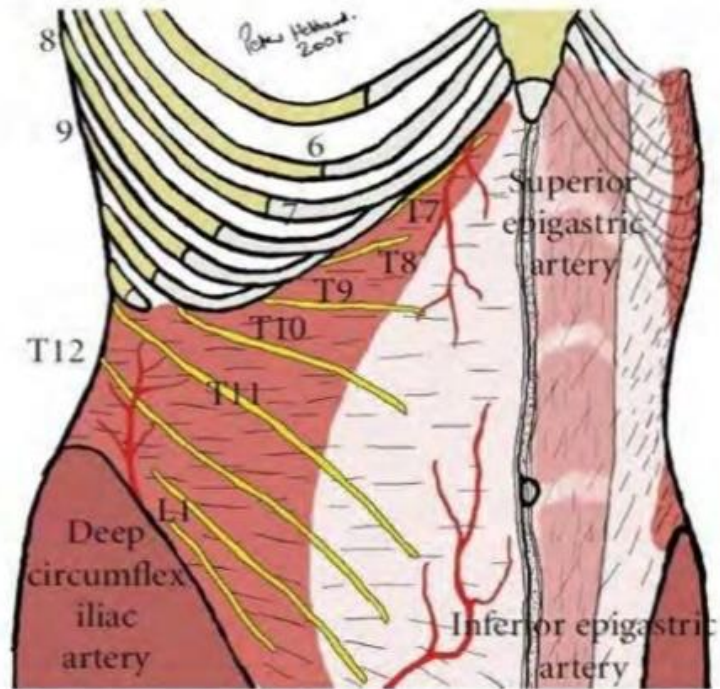
- Technique that provides analgesia to the parietal peritoneum as well as the skin and muscles of the anterior abdominal wall.
- Relatively low risk of complications and a high success rate using modern techniques but remain overwhelmingly underutilized.

Cont....



Cutaneous innervation of the abdominal wall .
Coloured region is mostly blocked by a single
injection posterior TAP block.

Cont....



Typical distribution of nerves in the TAP.

TAP Block

TECHNIQUE 2: *ULTRASOUND-GUIDED APPROACHES*



CONT...

TECHNIQUE 1:

ANATOMICAL LANDMARK-BASED APPROACHES

- Rafi's classic description: needle insertion site within the lumbar triangle of Petit, and a single "pop" sensation served as an endpoint for appropriate needle depth.



Differential Diagnosis of Severe Hypotension In Postoperative Period

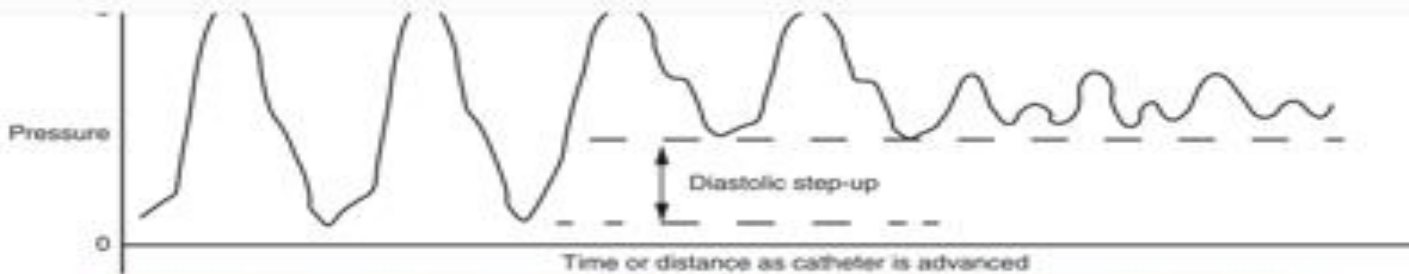


Fig. 20.16 A trace of pressure versus distance as a pulmonary artery catheter is advanced from the right atrium through the right ventricle (RV) into the pulmonary artery and ultimately resting in a wedge position in the pulmonary artery. Note as the catheter is advanced from the right ventricle into the pulmonary artery the diastolic pressure is cut off and rises to the PA diastolic, which is only slightly higher than the pulmonary artery wedge pressure. PA, Pulmonary artery; PCWP, pulmonary capillary wedge pressure.

Table 20.6 Differential Diagnosis of Severe Hypotension

Diagnosis	CVP	PAP	PCWP	CO	Airway Pressure
Pneumothorax	↑	↑	↑	↓	↑
Tamponade	↑	↑	↑	↓	---
Pulmonary embolism	↑	↑	↓	↓	---
Hypovolemic shock	↓	↓	↓	↓	---
Cardiogenic shock	↑	↑	↑	↓	---
Septic shock	↓	↓	↓	↑	---

The changes in invasive hemodynamic and airway pressures are associated with specific causes of hypotension.

CO, Cardiac output; CVP, central venous pressure; PAP, pulmonary artery pressure; PCWP, pulmonary capillary wedge pressure.

Conclusion

- Pre-op evaluation of cardio-pulmonary status.
- Slow insufflation with IAP 12-14 mmHg.
- Positioning.
- Intra-operative monitoring.
- Aware of intra-operative complications.
- The proportion of surgical cases performed laparoscopically will continue to increase and anaesthetists must safely manage the specific physiological alterations and challenges that laparoscopy presents.

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The background features abstract, overlapping geometric shapes in various shades of pink and magenta, creating a modern, layered effect. The shapes are primarily triangular and polygonal, with some areas appearing more translucent than others.

THANKS