

به نام خدا

premalignant skin lesions & Skin cancers

Actinic Keratosis

- Is a perimalignant skin dx
- Stable hyperkeratotic Lesion in old age persons with have long term Sun Exposure
- littleTrend to conversion to SCC (1/1000)

Actinic Keratosis etiology

- UVR (major factor)
- Ionazing & infra red radiation
- Long term exposure to tar & coal

Actinic Keratosis

Clinical Manifestation

- Macule, Papule & Plaque Poorly Define
- Adhesive Yellow or brown Scale
- Rough Surface
- Pigmentation, Atrophy & Telangiectasia Due to Sunlight
- Lesions = often multiple & asymptomatic
- Most Common Area= in Sun Exposed Sites
 - face
 - Back of The Hand
 - Ears esp in men
 - Lower Lip

Actinic Keratosis importance

- Risk of malignancy
- +/- biomarker of Excessive Sun Exposure
- risk of NMSK

A.k



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Actinic Cheilitis



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Actinic Cheilitis



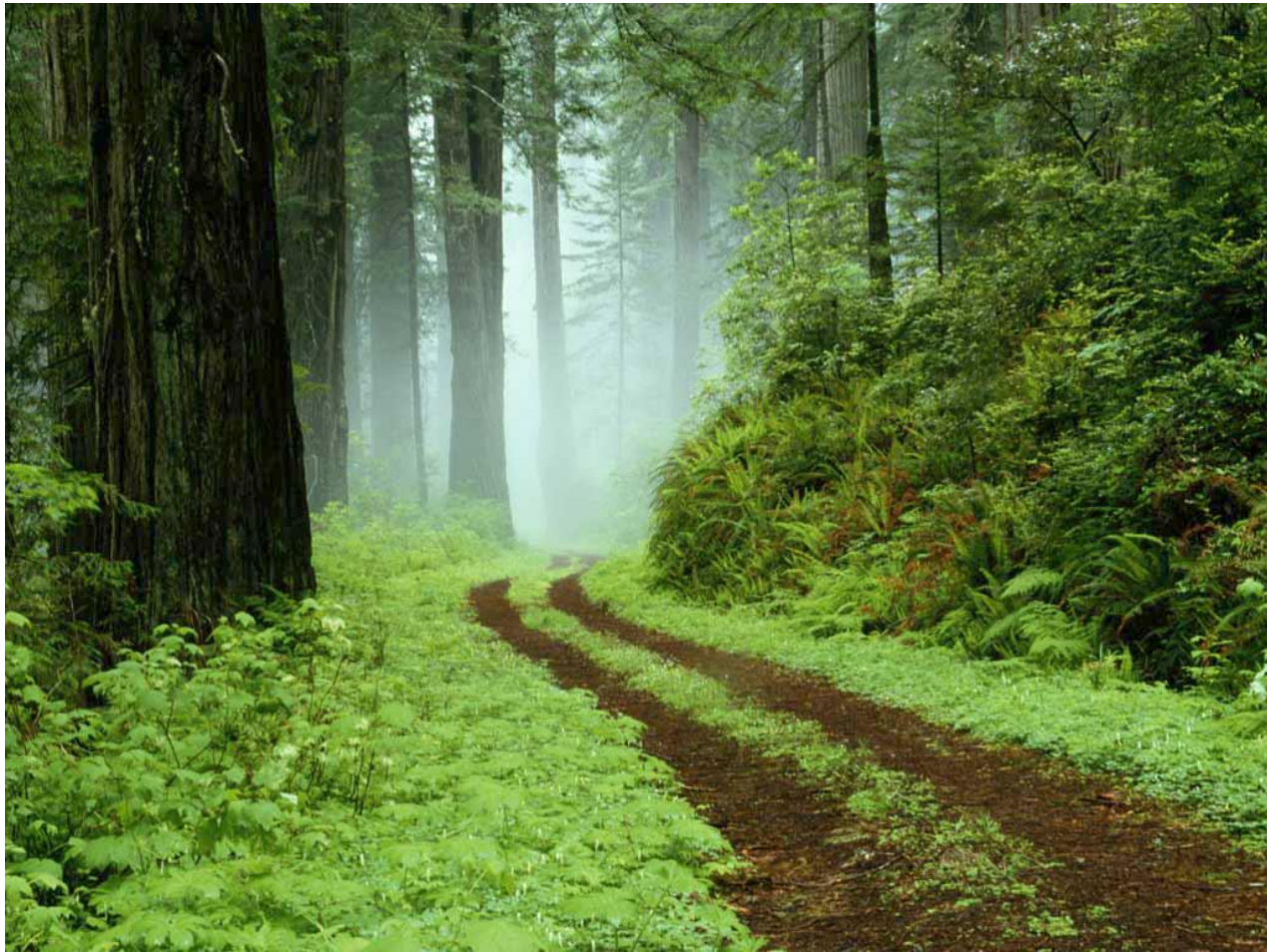
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Treatment

- Avoidance of sunlight (+/- improvement)
- Cryotherapy
- Couter&Curettage
- Excision
- 5-FU Topical(Cytotoxic Agent)
- Imiquimod Topical
- Co2 Laser (for A.Cheilitis)

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Bowen Disease

- A premalignant skin dx
- A Form of SCC insitu
- Erythematous scaly or crusted plaques
- **Etiology :**
- UVR (major factor)
- Arsenic (unsun Expose)
- { HPV (12,13,34) }

Bowen Disease

clinic

- Solitary plaque (crustate or scaly)
- Often on leg of elderly women
- asymptomatic
- Well Define
- Erythematous base
- Slightly Raised
- easy Detached Scale without bleeding
- DDx :
- Superficial BCC, LSC, AK & psoriasis

Bowen Disease



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Bowen Disease



Bowen Disease



Bowen Disease



Bowen Disease



Bowen Treatment

- Destructive Therapy :
 - curettage & cautery
 - cryotherapy
- Excisional Surgery
- Topical 5- FU (5%)
- radiotherapy
- Recurrences Are Common
 - So Fallow Up is Necessary

In the name of God



Skin cancers

NMSC

NMSC

- **NMSC** is the most common cancer in humans
- Approximately **75-80%** of nonmelanoma skin cancers are BCC, and **20-25%** are SCC .
- **in Iran : first** common cancer in men & **2nd** in women
- **23rd** cancer-related deaths in men & **29rd** in women
- **in Iran :** in all of skin cancer
 - - BCC = **57%**
 - - SCC = **13%**
 - - Melanoma = **6%**

Basal cell carcinoma



introduction

- BCC = basalioma = basocellular carcinoma = rodent ulcer
- typically appear on sun-exposed skin, are slow growing, arises from basal cells
- Tumor size can vary from a few millimeters to several centimeters in diameter
- Basal cells **invade the dermis** but seldom invade other parts of the body and rarely metastasize.
- Local invasion is important esp. on eye, eyelids & septum of the nose ... tissue destruction ... rarely brain & mening involvement and even death.

Basal cell carcinoma

- **Epidemiology :**
- Each year **one million** BCC are diagnosed In **USA**
- the **most common** skin cancer in humans
- More common in **white** people & **men**
- **Age** = in 80% > 50 y/o
- More common in **light skin** , blond hair & blue eyes
- has a high frequency in who have a long history of unprotected exposure
- **Pathology :**
- Malignant proliferation of keratinocyte (basaloid type) that progress deep & laterally, gradually
- some degree inflammatory cell infiltration

BCC – Etiology

- Exposure to sunlight (esp. **UVB**)
- Ionizing radiation exposure (x-ray therapy for tinea)
- Immunosuppression (organ transplant)
- Site of burn scar, trauma & vaccination
- { Gene mutations (PTCH1 gen)
- Arsenic exposure through ingestion
- Xeroderma pigmentosum
- Nevoid BCC syndrome (Gorlin syndrome)
- Bazex syndrome
- Personal and family hx of previous NMSC (BCC or SCC) }

Mortality/Morbidity

- It is **rarely metastatic**
- The incidence of metastatic is estimated at **less than 0.1%**.
- The most common sites of metastasis are the **lymph nodes**, the **lungs**, and the **bones**.
- Typically, basal cell tumors enlarge slowly and tend to be locally destructive
- Periorbital tumors can invade the orbit, leading to **blindness**, if diagnosis and treatment are delayed.
- Perineural invasion can occur and leading to **loss of nerve function**.

Physical exam

- usually appears as a flat, firm, pale area that is small, raised, pink or red, **translucent, shiny, pearly** and the area may **bleed** following minor injury
- may have one or more visible and irregular blood vessels (**telangiectasia**)
- an ulcerative area in the center that often is pigmented
- The lesion grows slowly, is **not painful**, and does **not itch**

BCC - Clinical presentation

- Often present on head & neck (85%)
- Most common site = nose (25-30%)
- Also seen in unexposed area (genital & breast)
- Rarely in dorsal of the hands (**in spite of severe expose**)

Clinical variants

- Atleast there are **26** types of BCC
- **The most important types :**
- - **Nodular BCC**
- - Cystic BCC
- - Morpheaform (sclerosing) BCC
- - Superficial BCC
- - basosquamous BCC

Clinical presentation

■ Nodular BCC

- the **most common** type (60%)
- usually presents as a round, pearly, flesh-colored & shiny papule or nodule with telangiectasia
- As it enlarges, it frequently ulcerates centrally, leaving a raised, pearly border with telangiectasia
- Pigmented form is subtype of nodular (maybe misdiagnose with melanoma)
- DDs with seb. Hyperplasia, molluscum cont. & scc

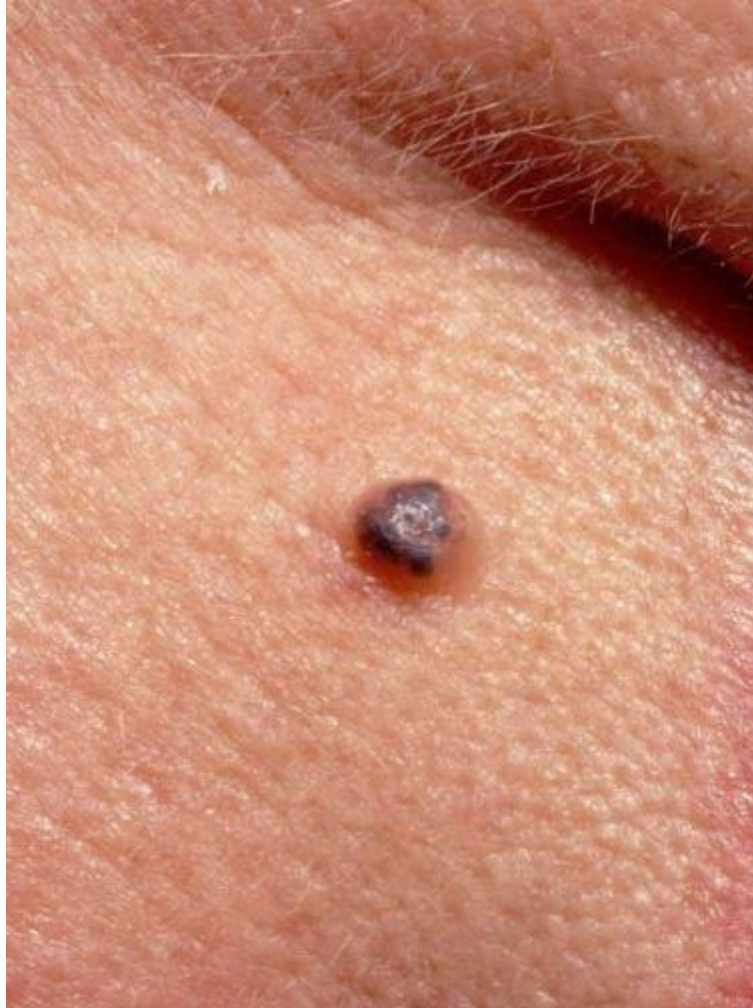
Nodular BCC



Nodular BCC



Pigmented BCC



Pigmented BCC



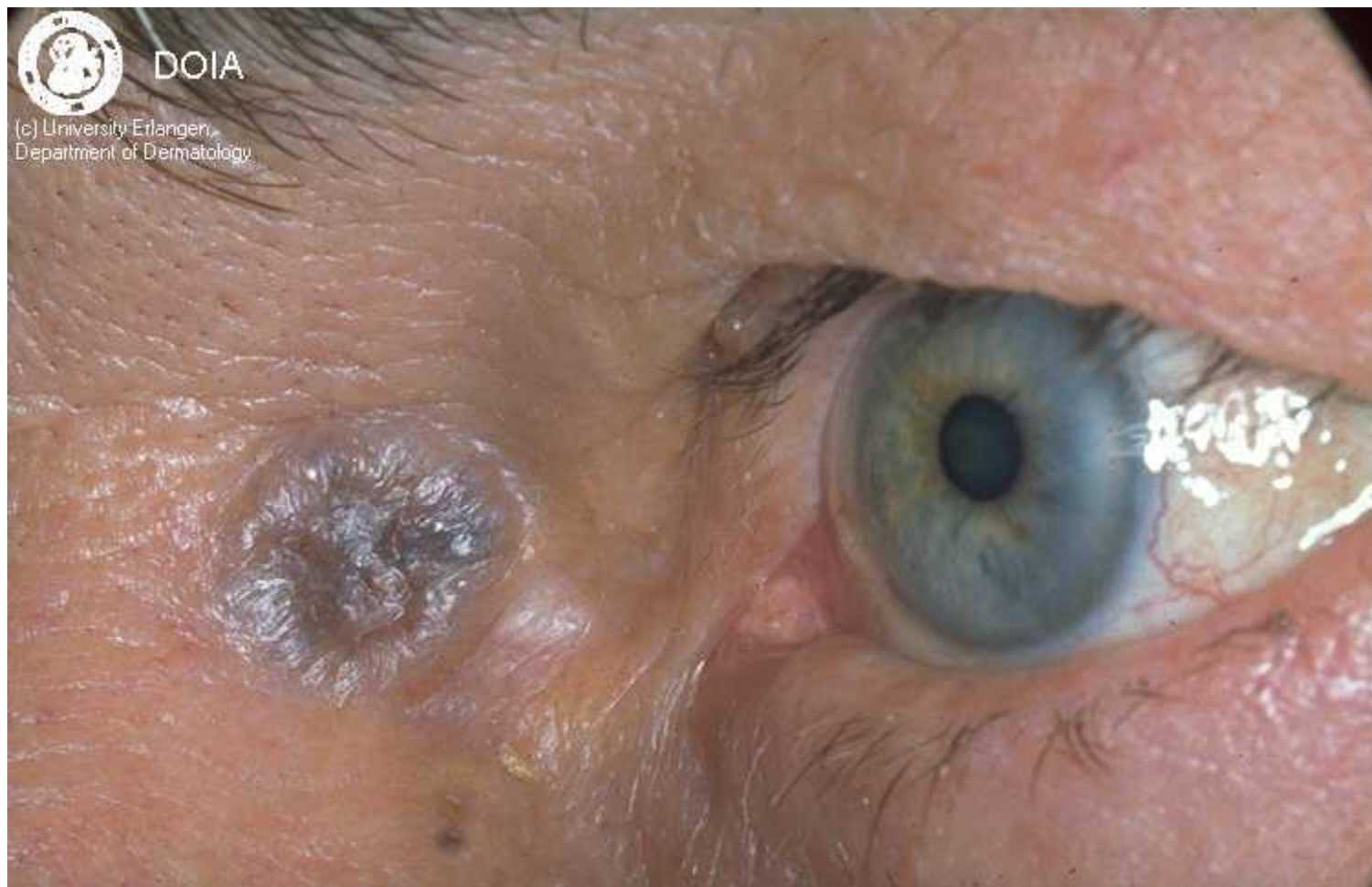
Pigmented BCC





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Clinical presentation

■ Cystic BCC

- An uncommon variant
- is often indistinguishable from nodular BCC clinically
- Typically, a bluish-gray cyst-like lesion is observed. The cystic center of these tumors is filled with clear **mucin** that has a **gelatin-like** consistency



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Clinical presentation

■ Morpheaform (sclerosing) BCC

- This form is clinically resembles to localized sclerodermia or scar , flat or atrophic poorly define indurated plaque
- The color is red or white
- { tumor cells induce a proliferation of fibroblasts within the dermis and an increased collagen deposition (sclerosis).
- This is the most difficult type to diagnose
- treatment is difficult, and the clinical margins are difficult to distinguish.
- Mohs surgery is the treatment of choice for this type }

Morpheaform (sclerosing) BCC



Morpheaform (sclerosing) BCC





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Clinical presentation

■ Superficial BCC

- is often **multiple**
- most often developing on the upper trunk or limbs but maybe on head & neck.
- grows slowly and appears clinically as an erythematous, well-circumscribed patch or plaque, often with a whitish scale
- **DDs** = eczema, psoriasis, bowen & AK

Superficial BCC



Superficial BCC



Clinical presentation

■ basosquamous

- A mixed of BCC & SCC pathologically
- Biologically, more similar to SCC
- Risk of metastasis = **10%**

Treatment

➤ **Factors that effect on mode of Tx :**

- size & location of tumor
- clinical type of tumor
- border of tumor (clear or not)
- age of pt.
- recurrency

➤ **Methods:**

- - surgery
- - radiotherapy
- - local dest. Tx (crayo, curtage, cuter & lasar)
- - photodynamic therapy
- - intralesional of $INF\alpha-2B$
- - topical imiquimod

Treatment

Low risk BCC : ■

Couter&Curettage ■

Crayothrasy ■

For many of nodular types ($D < 2\text{ cm}$): ■

conventional excision with 4-5 mm safe margine ■

•

Treatment = mohs surgery indication

- { BCC at high risk sites :
 - nasolabial fold , periocular , nose
 - Morphoeic BCC
 - Infiltrative BCC
 - Recurrent BCC }



CUTANEOUS SCC

SCC

- A malignant tumor of epidermal keratinocytes
- **Epidemiology :**
- Often in white people
- Often in individual with high sun exposure
- Although SCC is not common in the black race, but it's the most common skin cancer in them.
- SCC/BCC in white people = $\frac{1}{4}$
- Prevalence increases with aging
- **Pathology :**
- tumor mass cell originated from epiderm with up growth (exophytic) & down growth (endophytic)
- with malignant proliferation & differentiation to squamous cell .

SCC- etiology

- **UVR** esp. in white people
- **Ionizing radiation.**
- **genodermatoses**, such as oculocutaneous albinism & XP
- **Immunosuppression** (organ transplant)
- **Burn scar & chronic ulcers** , fistula, sinus tract , ...
- **HPV** { 6 & 11 are in patients with tumors of the genitalia and type 16 in those with periungual tumors }.
- Certain chronic inflammatory disorders (DLE, LSA, LP, dystrophic EB, and lupus vulgaris).
- Premalignant dx (AK, bowen, ...)

SCC- clinics

- Scc often does not present in intact skin & often there are photodamage signs , like, solar elastosis (hyperkeratosis , irregular pigmentations & telangiectasia) in skin.
- Forms :
- Plaque, noular, verrucous , ulcerated, fissur or erosion, cauliflower-like, pigmented & angioform lesions
- **Induration** = first clinical guide to Dx of malignancy
- -The lesions are firm in palpation
- -The lesions are poorly define
- -There are perilesional inflammation

SCC- clinics

- - the border of tumor is irregular
- - on mobile sites (lip & genital) the **caractristic sign** = a persistant erosion or ulcer with frequently bleeding
- -**most common sites** :
 - high exposuer area ,back of hands & forearm, upper face, lower lip & pinna (esp. in men)
- Maybe regional lymphadenopathy, due to infection or metastasis
- metastatic LAP : more firm , irregular border & non-mobile



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SCC-Treatment

- Usually is surgery & in some cases radiotherapy
- Criteria for selection of therapeutic modality
 - size of tumor
 - site of tumor
 - age of pt.
 - etiologic factor
 - histopathology

SCC-Treatment

- { tumor < 1 cm & slow growth & in sun expouse area & well differentiated : destractive therapy (**curettage** – **cryo..**)
- tumor = 1-2 cm & slow growth & in sun expouse area & well differentiated : excision with **4mm** safe margin
- larger & deeper tumors = more extensive
- For tumors that occur at anatomical sites associated with a high risk of recurrence or that are larger than 2 cm: **6-mm** margin is Recommended
- Mohs' surgery for patients with high-risk tumors. }

SCC-Prognosis

- { Most patients with primary cutaneous SCC have an excellent prognosis.
- For those with metastatic disease, however, the long-term prognosis is extremely poor .Ten-year survival rates are **less than 20 percent** for patients with regional lymph-node involvement and **less than 10 percent** for patients with distant metastases.
- If metastasis does occur, regional lymph nodes are involved in approximately 85 percent of cases; approximately 15 percent of cases involve distant sites, including the **lungs, liver, brain, skin, and bone.** }



