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#### **Short Communication**

# Effect of Ammonium Chloride in addition to standard of care in outpatients and hospitalized COVID-19 patients: A randomized clinical trial

Zeinab Siami<sup>a</sup>, Sepehr Aghajanian<sup>b</sup>, Somayeh Mansouri<sup>b</sup>, Zakiye Mokhames<sup>c</sup>, Reza Pakzad<sup>d,e</sup>, Kourosh Kabir<sup>f</sup>, Mehdi Norouzi<sup>g,h</sup>, Alireza Soleimani<sup>a</sup>, Mojtaba Hedayat Yaghoobi<sup>a</sup>, Shahrzad Shadabi<sup>b</sup>, Ramin Tajbakhsh<sup>i</sup>, Ali Kargar Kheirabad<sup>g,\*\*</sup>, Sayed-Hamidreza Mozhgani<sup>j,k,\*</sup>

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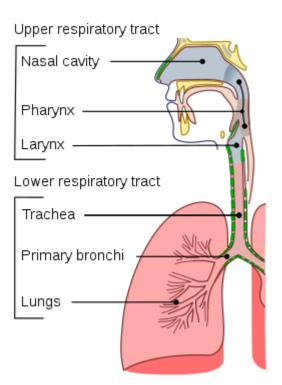
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#### Introduction

Respiratory tract infections (RTIs) are infectious diseases involving the respiratory tract. An infection of this type usually is further classified as an upper respiratory tract infection (URI or URTI) or a lower respiratory tract infection (LRI or LRTI).

Lower respiratory tract infections are generally more severe than upper respiratory infections. LRIs are the leading cause of death among all infectious diseases.





#### Introduction

Of the viruses that cause respiratory infections in humans, most have seasonal variation in prevalence.

- Influenza, Human orthopneumovirus (RSV) and human <u>coronaviruses</u> are more prevalent in the winter.
- Adenovirus, Human bocavirus and Human metapneumovirus occur year-round.
- Rhinoviruses (which cause the common cold) occur mostly in the spring and fall.
- · Human parainfluenza viruses have variable peaks depending on the specific strain.
- Enteroviruses, with the exception of rhinoviruses, tend to peak in the summer.





#### Coronaviridae

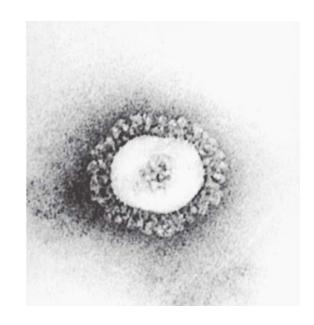
#### Coronaviruses

Coronaviruses are large, enveloped RNA viruses.

The human coronaviruses cause common colds, <u>may cause lower respiratory tract infections</u>.

Novel coronaviruses have been identified as the cause of:

- Severe acute respiratory syndrome (SARS 1 & 2)
- Middle East respiratory syndrome (MERS)



#### Coronaviridae

#### Classification

There are two subfamilies:

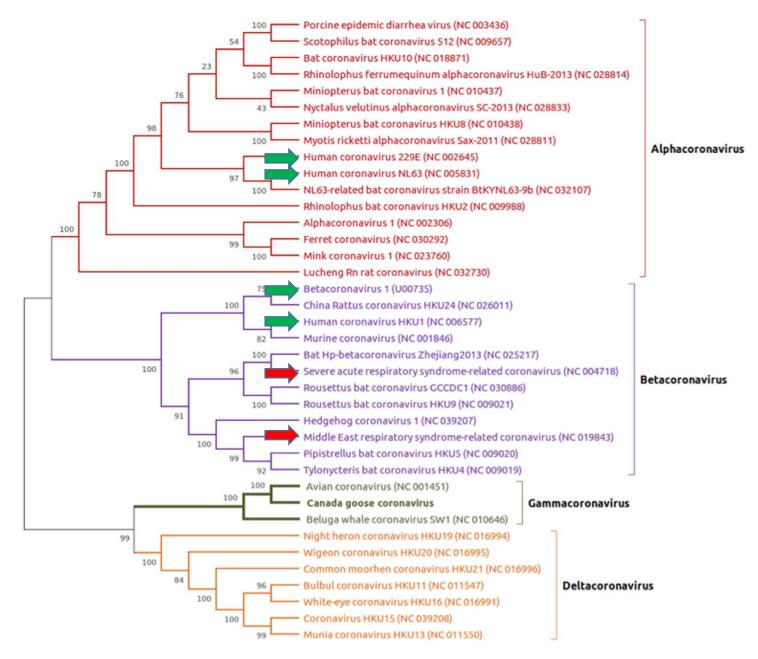
- Coronavirinae
- Torovirinae

#### six genera:

- Alphacoronavirus
- Betacoronavirus
- Gammacoronavirus
- Deltacoronavirus
- Bafinivirus
- Torovirus

The first two and the last genera contain viruses able to infect humans.

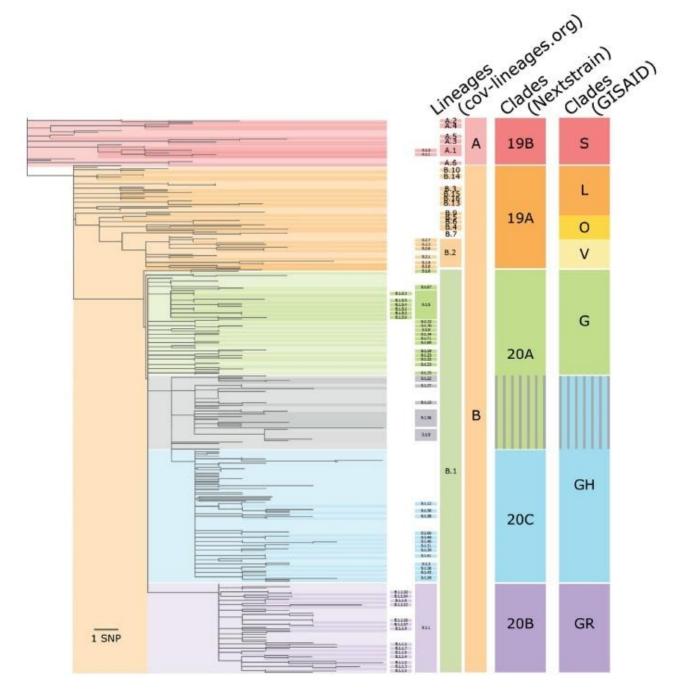
The Toroviruses are associated with diarrheal disease.





#### Classification

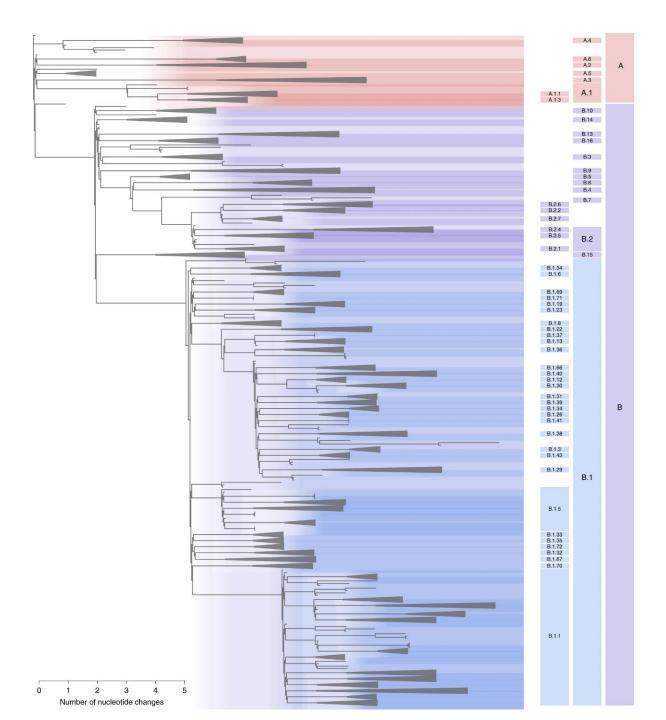
Schematic comparison of the GISAID, Nextstrain and cov-lineages.org nomenclatures for SARS-CoV-2 sequences of world-wide origin.



## Coronaviridae

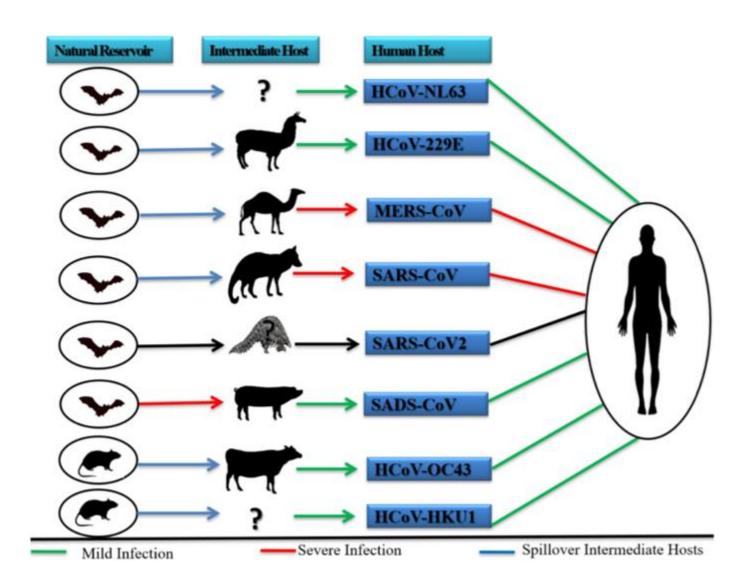
#### Classification

Maximum likelihood phylogeny of globally sampled sequences of SARS-CoV-2 downloaded from the GISAID database.



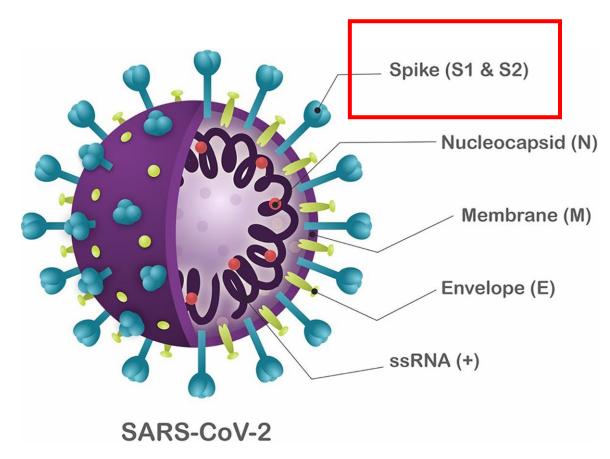


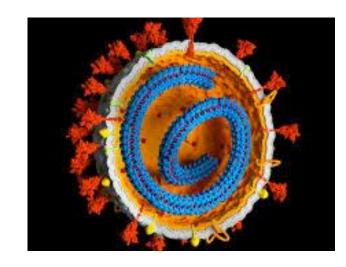
# **Origin of SARS-CoV-2**

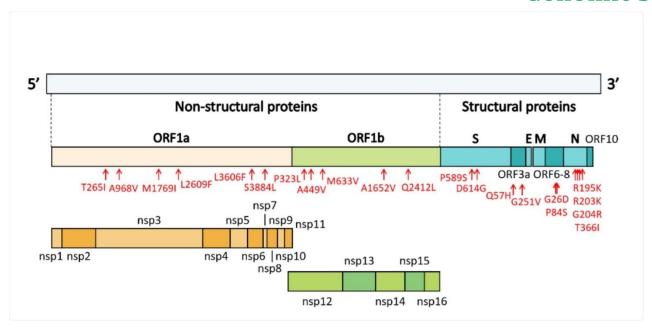


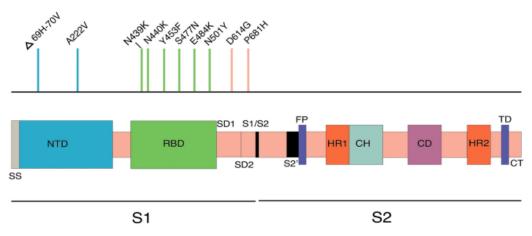


## **Viral Structure**

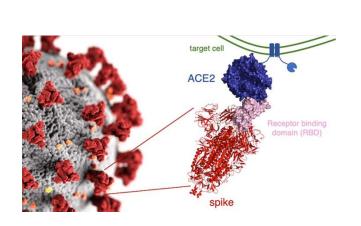


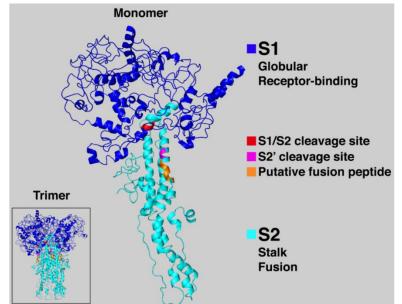


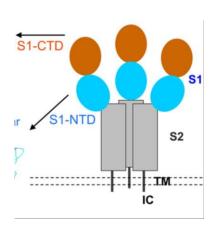




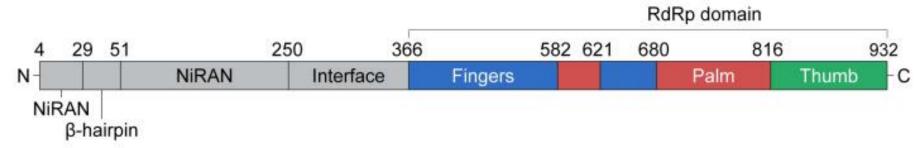
NTD - N-terminal domain RBD - Receptor-binding domain SD - Subdomain S1/S2 - S1-S2 boundary FP - Fusion peptide HR - Heptad repeat CH - Central helix CD - Connector domain TD - Transmembrane domain CT - Cytoplasmic tail

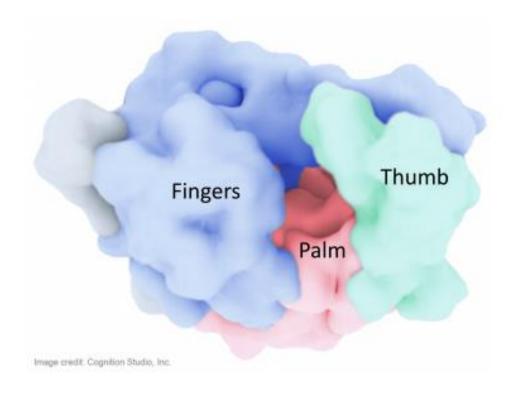






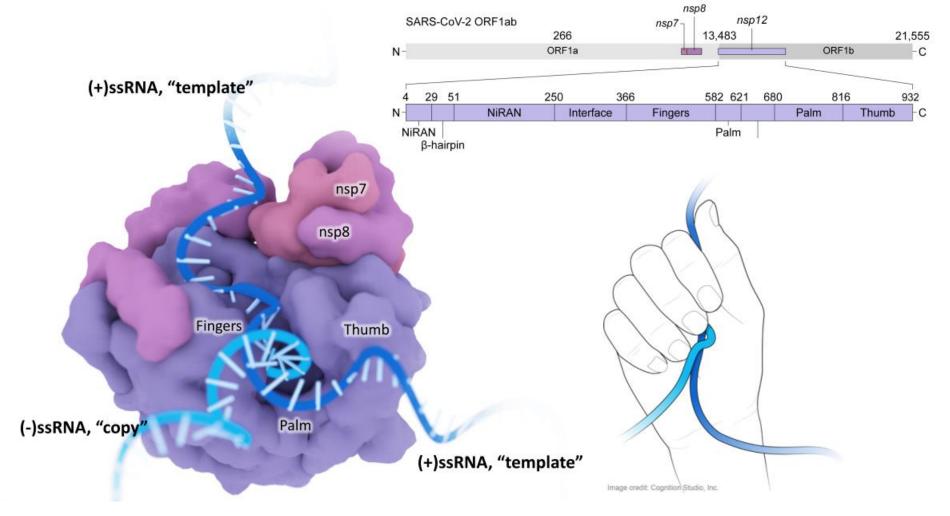






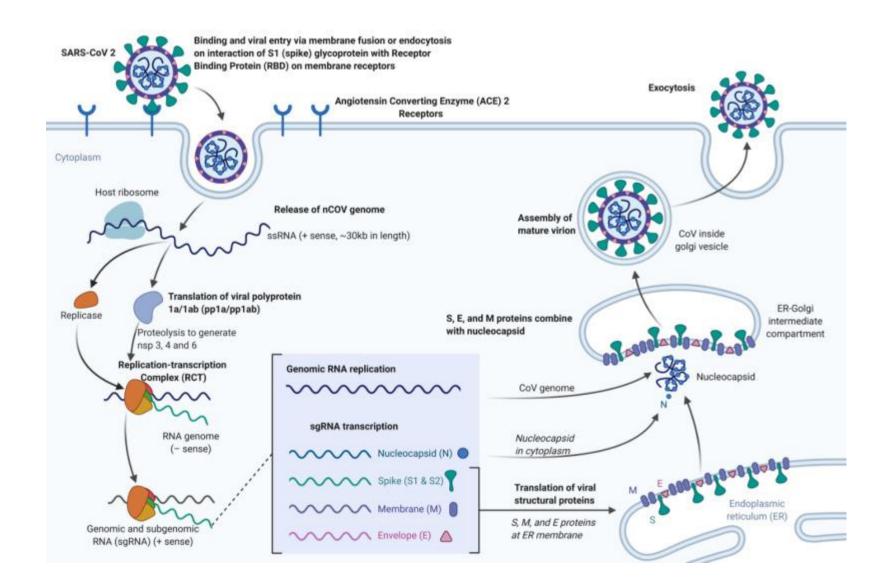








## **Replication Cycle**

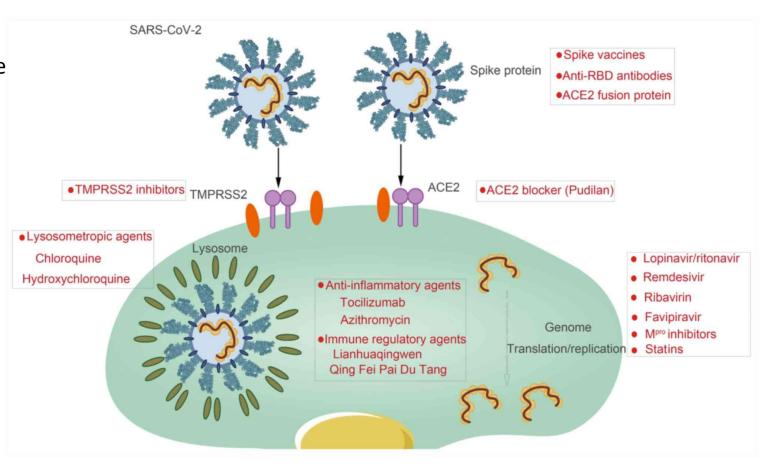




## **Antiviral Agents**

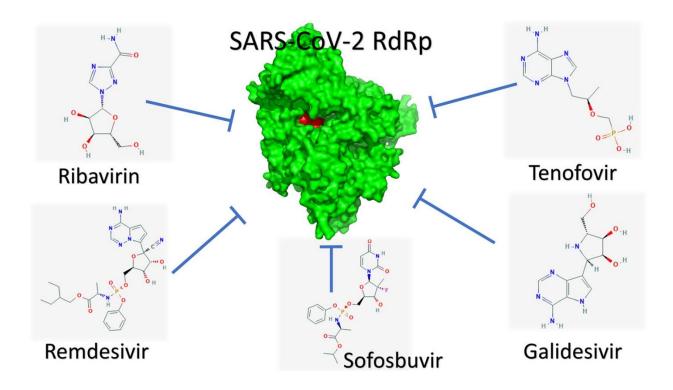
SARS-CoV-2 employs the serine protease TMPRSS2 for S protein priming.

TMPRSS2; transmembrane protease serine

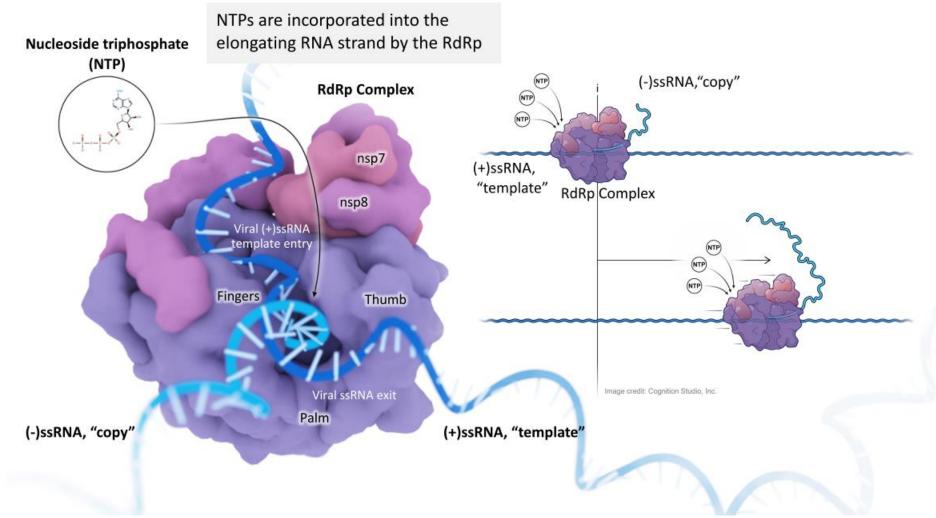




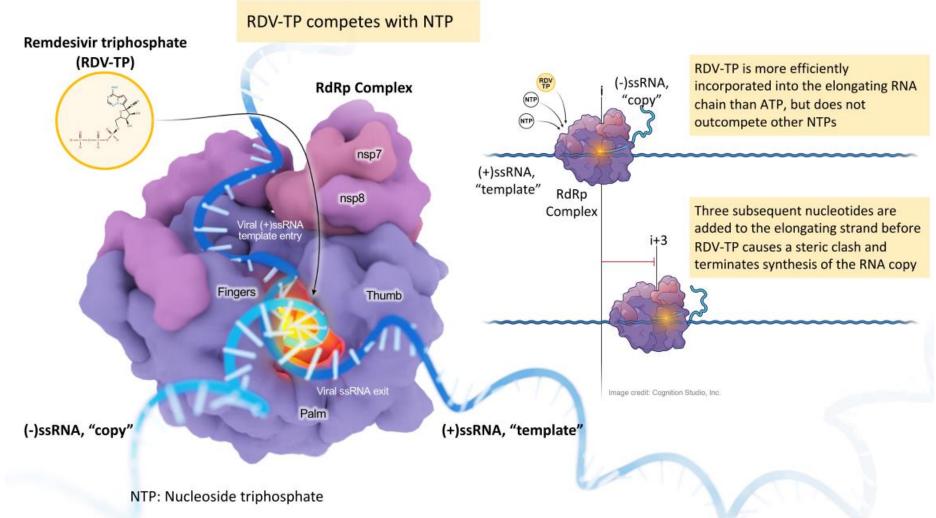
# **Antiviral Agents**













## **Antiviral Agents**

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## **SARS-CoV-2 variants**

Amino Acid	3 letter	1 letter
Alanine	Ala	A
Arginine	$\operatorname{Arg}$	R
Asparagine	$\operatorname{Asn}$	N
Aspartic acid	Asp	D
Cysteine	Cys	$\mathbf{C}$
Glutamic acid	$\operatorname{Glu}$	${ m E}$
Glutamine	$\operatorname{Gln}$	Q
Glycine	Gly	G
Histidine	His	Н
Isoleucine	Ile	I
Leucine	Leu	${ m L}$
Lysine	Lys	K
Methionine	Met	${ m M}$
Phenylalanine	Phe	$\mathbf{F}$
Proline	$\operatorname{Pro}$	Р
Serine	$\operatorname{Ser}$	$\mathbf{S}$
Threonine	$\operatorname{Thr}$	${ m T}$
Tryptophan	$\operatorname{Trp}$	W
Tyrosine	Tyr	Y
Valine	Val	V

## **SARS-CoV-2** variants

# **Variants of Concern (VOC)**

WHO label	Lineage + additional mutations	Country first detected (community)	Spike mutations of interest	Year and month first detected	Impact on transmissibility	Impact on immunity	Impact on severity	Transmission in EU/EEA
Beta	B.1.351	South Africa	K417N, E484K, N501Y, D614G, A701V	September 2020	Increased (v) (1)	Increased (v) (2, 3)	Increased (v) (4, 5)	Community
Gamma	P.1	Brazil	K417T, E484K, N501Y, D614G, H655Y	December 2020	Increased (v) (6)	Increased (v) (7)	Increased (v) (5)	Community
Delta	B.1.617.2	India	L452R, T478K, D614G, P681R	December 2020	Increased (v) (8)	Increased (v) (9-11)	Increased (v) (10, 12)	Community
Omicron	B.1.1.529	South Africa and Botswana	(x)	November 2021	Unclear (v) (13- 15) a	Increased (v) (16)	Reduced (v) (17- 23) b	Dominant

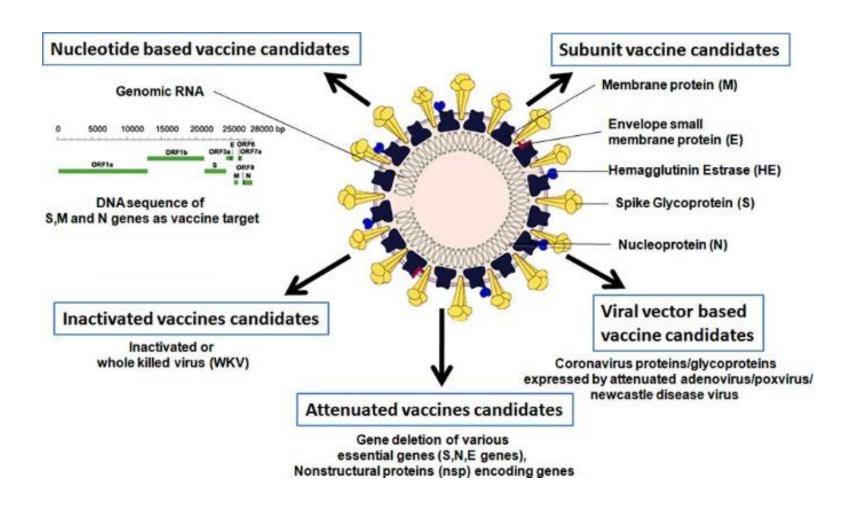
## **SARS-CoV-2 variants**

# **Variants of Interest (VOI)**

WHO label	Lineage + additional mutations	Country first detected (community)	Spike mutations of interest	Year and month first detected	Impact on transmissibility	Impact on immunity	Impact on severity	Transmission in EU/EEA
Mu	B.1.621	Colombia	R346K, E484K, N501Y, D614G, P681H	January 2021	Increased (m) (24)	Increased (m) (25)	No evidence	Sporadic/Travel
Lambda	C.37	Peru	L452Q, F490S, D614G	December 2020	No evidence	Increased (v) (26, 27)	No evidence	Sporadic/Travel
n/a	AY.4.2	United Kingdom	L452R, T478K, D614G, P681R, A222V, Y145H	June 2021	Increased (v) (28)	Similar (v) (28, 29)	Similar (v) (28)	Community

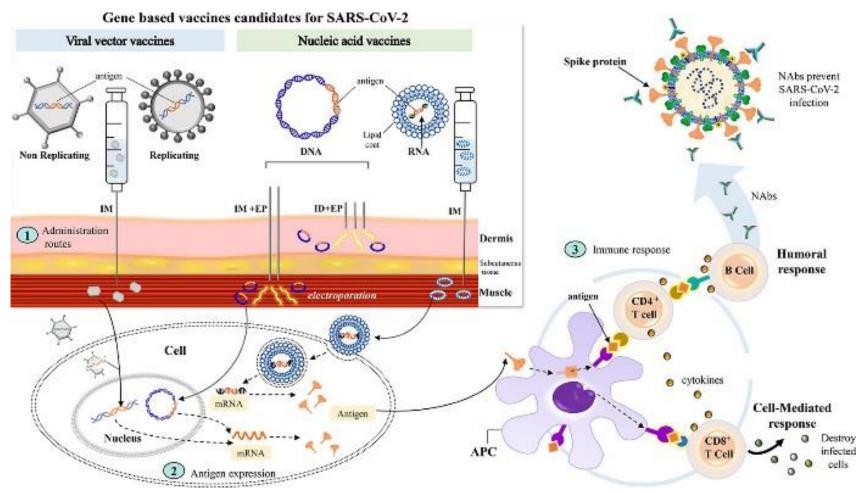


## **Vaccination strategies**



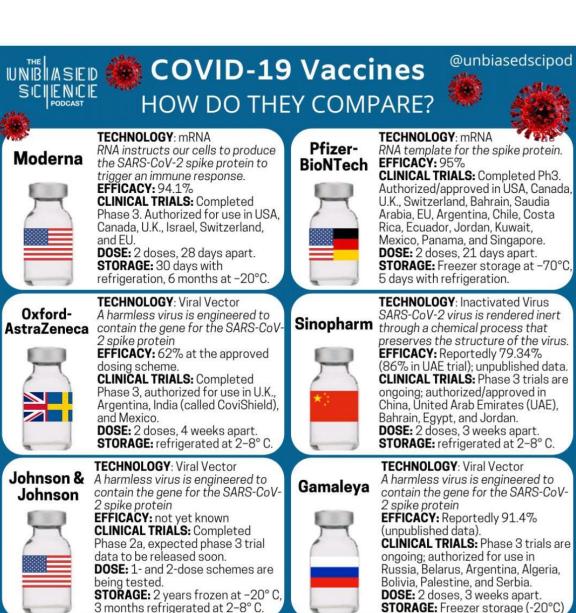


## **Vaccination strategies**





#### **Vaccination strategies**





## **Immunity**

As with other respiratory viruses, immunity develops but is not absolute.

# **Laboratory Diagnosis**







#### **Prevention, and Control**

Control measures that were effective in stopping the spread of SARS-2 included isolation of patients, quarantine of those who had been exposed, and travel restrictions, as well as the use of gloves, gowns, goggles, and respirators by health care workers.



