

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# مقاومت آنٹی بیوتیکی

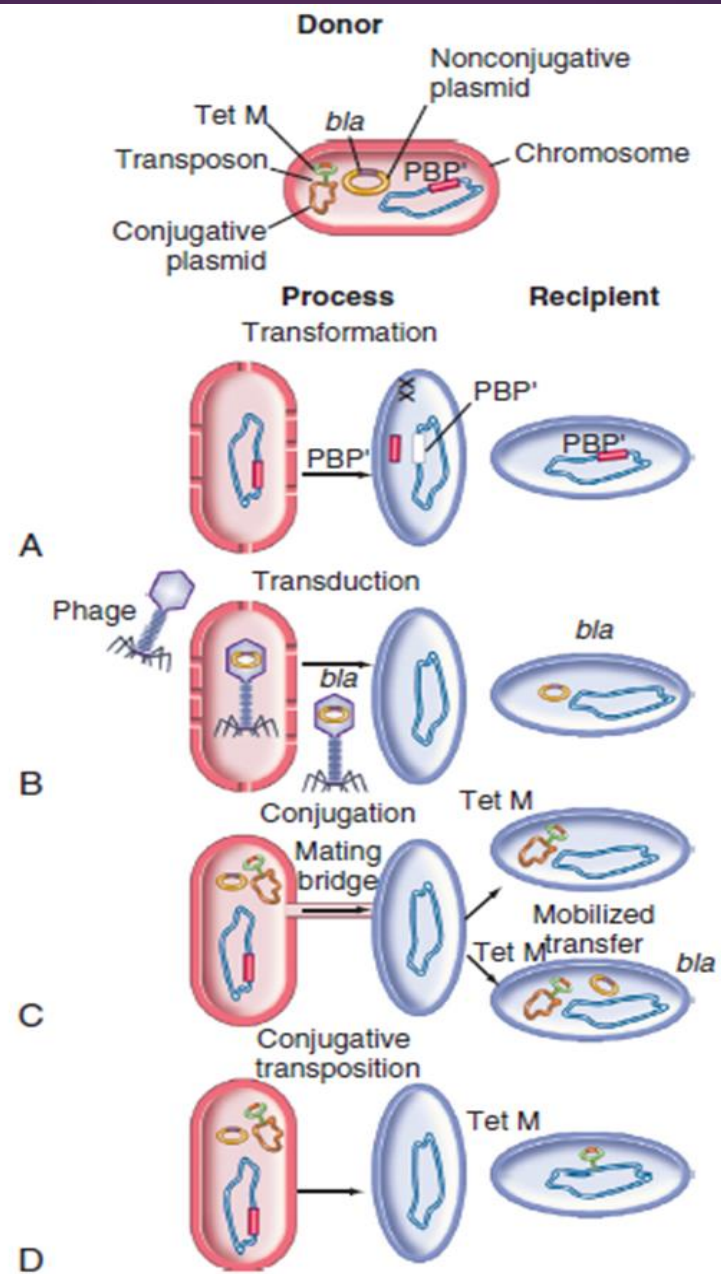
# تعریف آنتی بیوتیک

- ▶ آنتی بیوتیکها داروهایی هستند که عفونت هایی را که به وسیله باکتریها و انگل های خاصی ایجاد میشوند را از بین می برند
- ▶ آنتی بیوتیک ها به روشهای مختلفی عمل می کنند
- ▶ Bacteriocid
- ▶ Bacteriostatic
- ▶ آنتی بیوتیک های وسیع الطیف
- ▶ آنتی بیوتیک های با طیف محدود



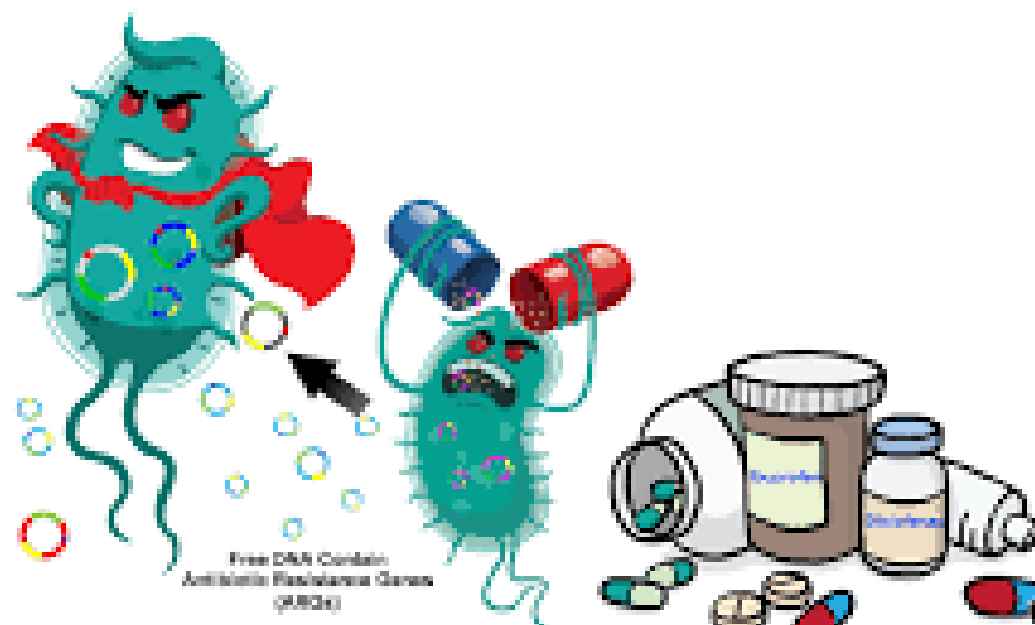
# مقاومت آنتی بیوتیکی

- ▶ منظور از مقاومت میکروبی چیست
- ▶ در مقاومت میکروبی میکروبها در می یابند که چگونه اثر داروها برای کشتن و یا ضرر زدن به آنها را متوقف کنند اما چگونه
- ▶ علل بروز مقاومت میکروبی کدامند
- ▶ ژن مقاومت به آنتی بیوتیک می تواند از راههای مختلفی از باکتری مقاوم به باکتری حساس به آنتی بیوتیک منتقل شود



# پیامد های مقاومت میکروبی

- ▶ مشکل جدی در درمان عفونت های کوچک و ساده
- ▶ گسترش مقاومت چند وجهی میکروبهای مقاوم
- ▶ مشکل بودن درمان و یا غیر ممکن بودن درمان میکروبهای مقاوم به چند آنتی بیوتیک
- ▶ بستری طولانی تر در بیمارستان و پرداخت هزینه بیشتر
- ▶ گسترش باکتری های مقاوم با سرعت فراوان در بین اعضای خانواده و همکاران و غیره

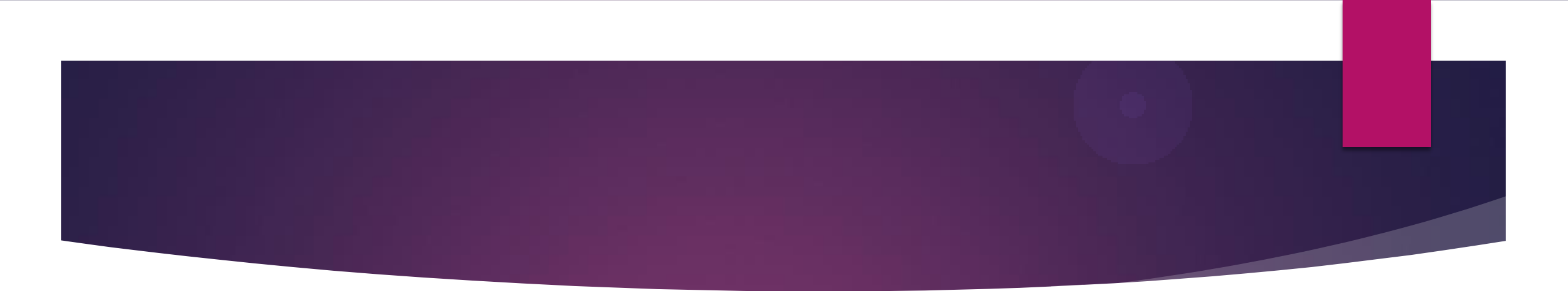




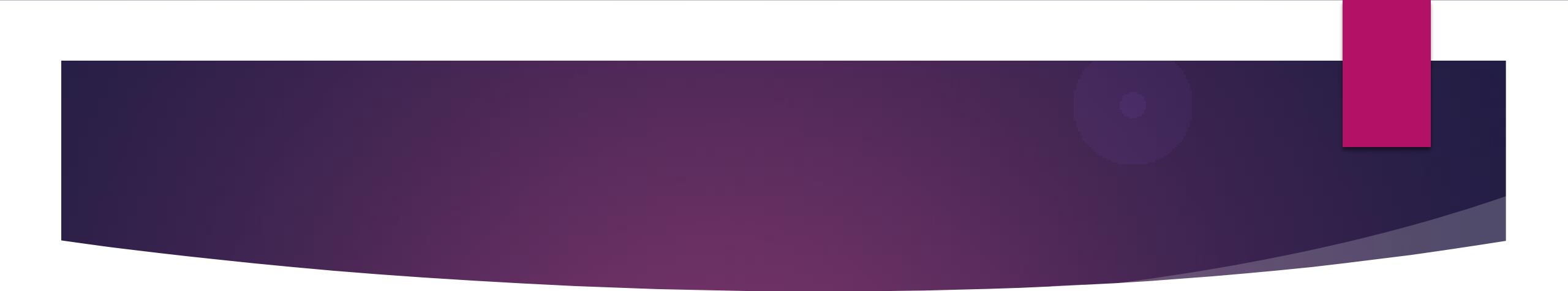
# چه عواملی در ایجاد مقاومت میکروبی موثر است

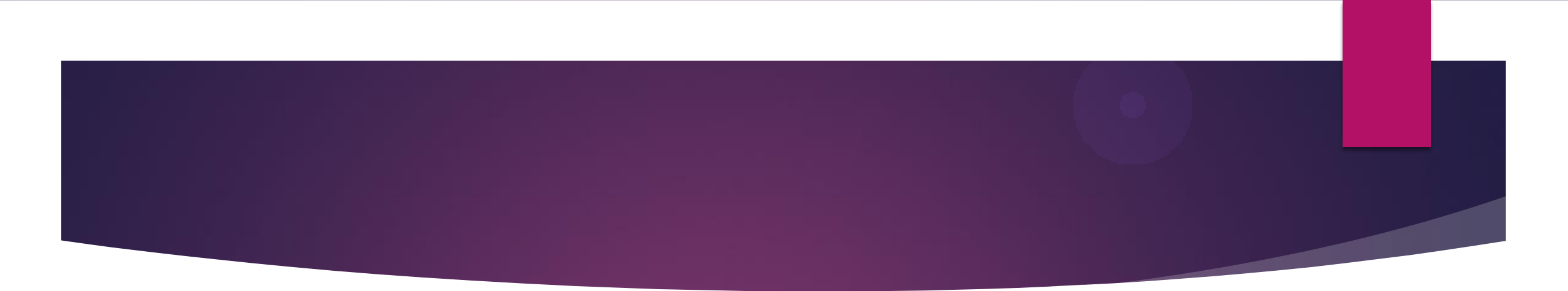
- ▶ عوامل اجتماعی اقتصادی بهداشتی موثر بر مصرف آنتی بیوتیک ها توسط مردم
  - ▶ باورهای غلط خانواده دوستان و یا جامعه
  - ▶ خود درمانی
  - ▶ درمان ناقص و نادرست
- ▶ مصرف غیر ضروری مثلا در سرماخوردگی
- ▶ مصرف کمتر از حد مطلوب آنتی بیوتیک
- ▶ تجویز غیر ضروری آنتی بیوتیک ها توسط پزشکان
- ▶ پوشیده شدن علائم بیماری به علت مصرف خود سرانه دارو
- ▶ ندادن اطلاعات کافی به پزشک در مورد سابقه بیماری و داروهای دریافتی

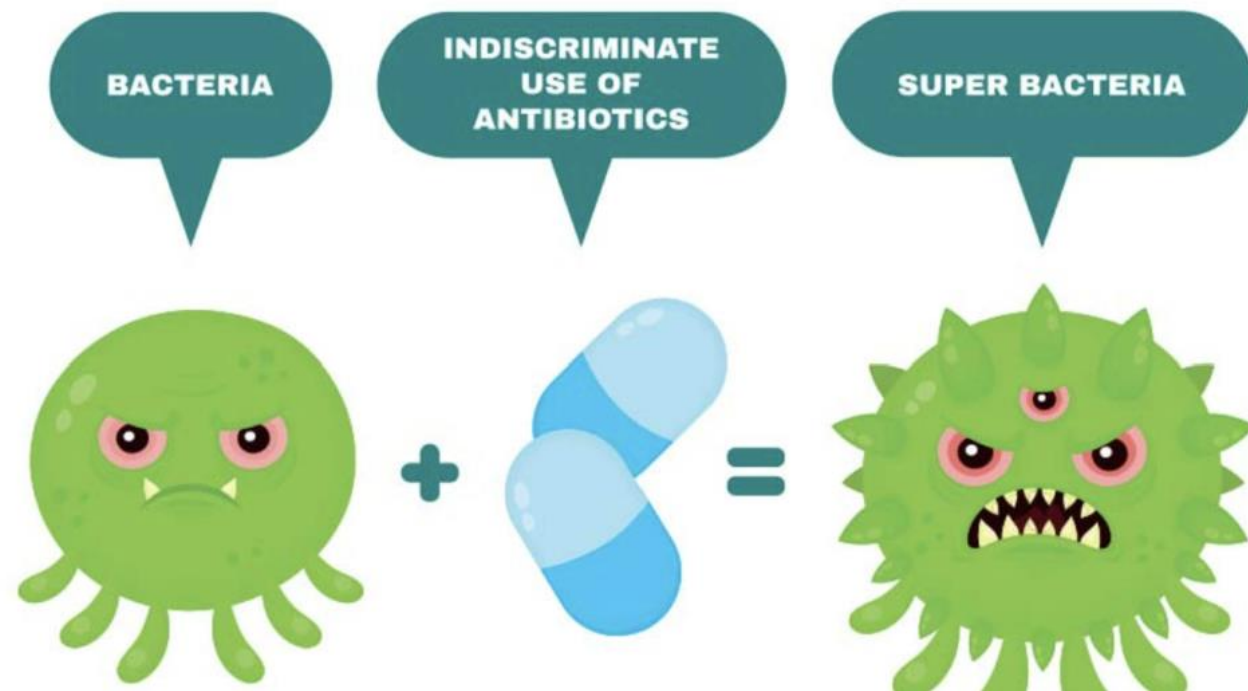


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- ▶ Antibiotic resistance is rising to dangerously high levels in all parts of the world. New resistance mechanisms are emerging and spreading globally, threatening our ability to treat common infectious diseases.
  - ▶ Where antibiotics can be bought for human or animal use without a prescription, the emergence and spread of resistance is made worse. Similarly, in countries without standard treatment guidelines, antibiotics are often over-prescribed by health workers and veterinarians and over-used by the public.



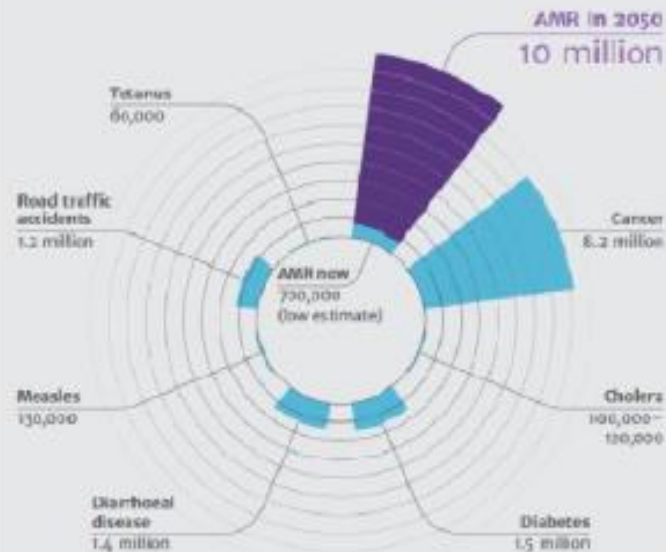
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- ▶ Without urgent action we are heading for a post – antibiotic era in which common infectious and minor injuries can once again kill.
  - ▶ **Overuse-misuse and inappropriate use**

- 
- ▶ Antimicrobial resistance [AMR] is still a growing and global health problem
  - ▶ Prevention and control of AMR can be achieved by:
  - ▶ Prudent use of existing of antimicrobial agents.
  - ▶ Good hygiene practices [infection control]
  - ▶ Novel antimicrobial agents active on resistant bacteria .
  - ▶ Need to ascertain the perceived gap between
  - ▶ Infectious due to resistant bacteria
  - ▶ Development of novel aimed at treating such infections



# Why are antibiotics and antimicrobial resistance important?

Deaths attributable to AMR every year compared to other major causes of death



- ▶ Use of antibiotics has an impact not just for the patient using them but the global community as well

## The tragedy of the commons



**Individual benefit:**  
Immediate effectiveness of antibiotics against disease



**Common externalities:**  
Other patients: antibiotic-resistant infections  
Society: reduced antibiotic effectiveness and higher healthcare costs



# Mechanisms of resistance of Gram-positive bacteria

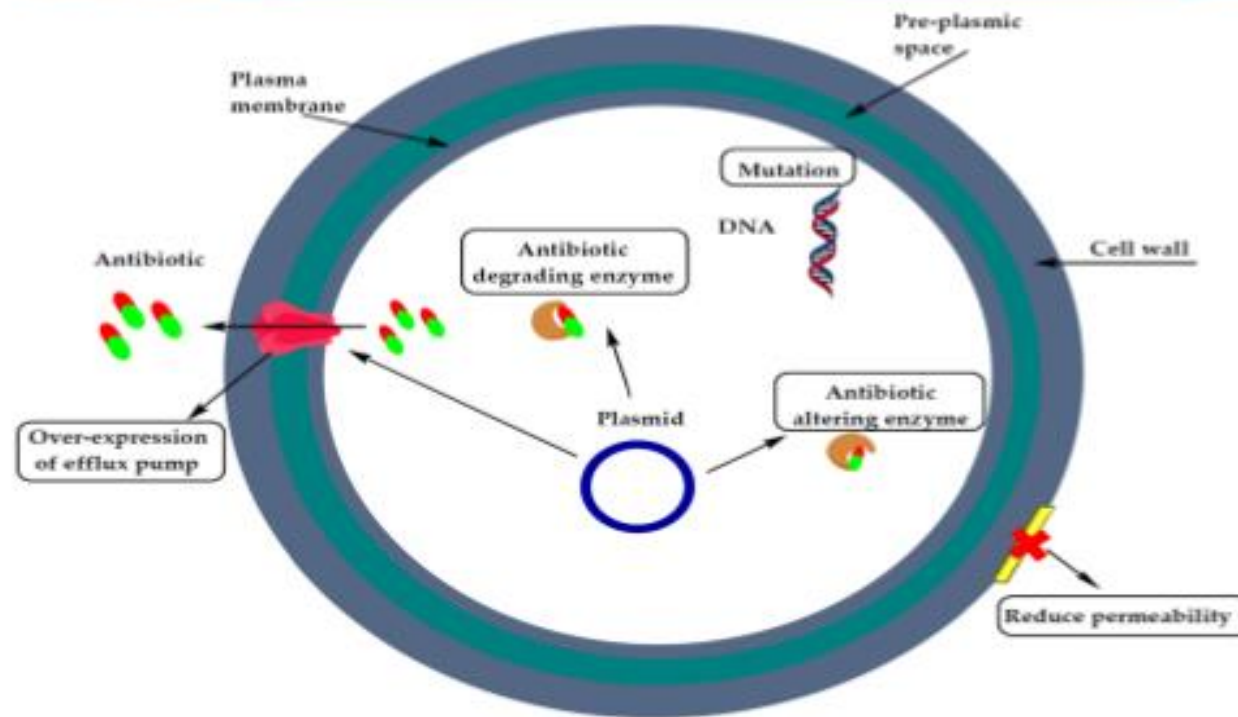
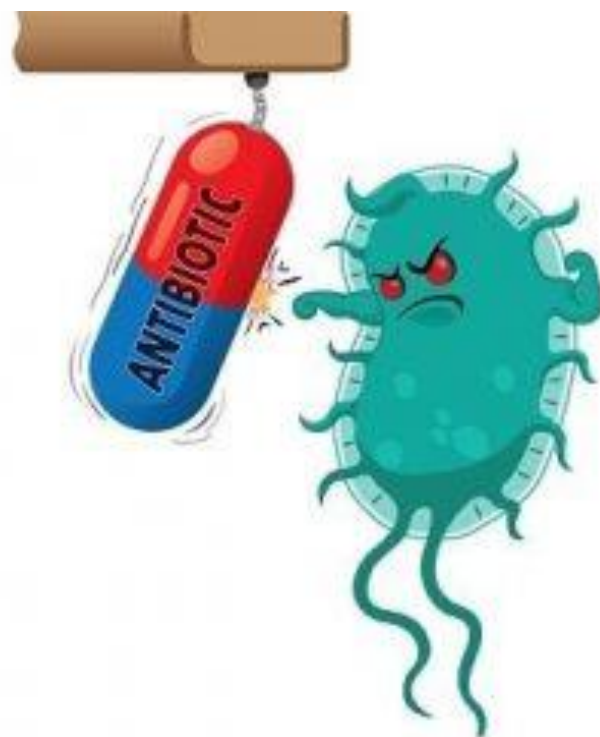
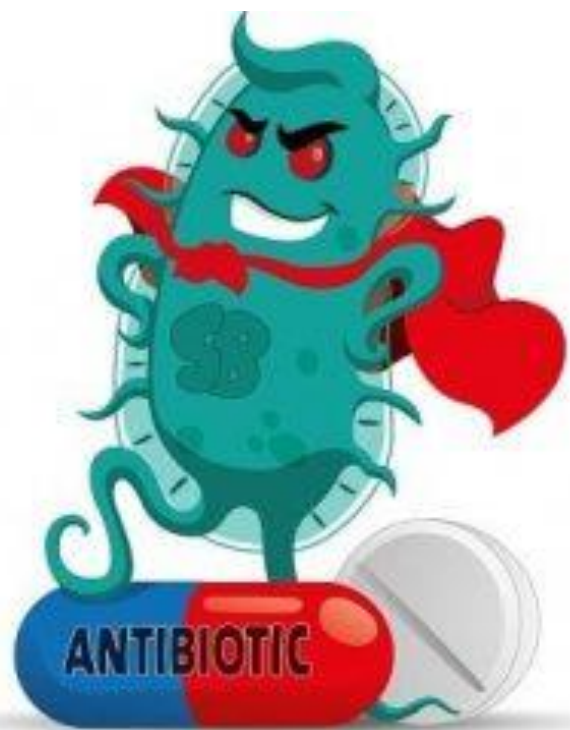


Figure 2. Mechanisms of resistance of Gram-positive bacteria.

# Selected resistant bacteria of public health importance

- ▶ Based on the most frequent bacteria responsible for bloodstream infections
- ▶ Certain resistances were used as indicators for multidrug resistance
- ▶ 3 most frequent gram positive resistant bacteria:
  - ▶ *Methicillin – resistant staphylococcus aureus [MRSA]*
  - ▶ *Vancomycin –resistant enterococcus faecium[VRE]*
  - ▶ *Penicillin –resistant streptococcus pneumonia[PRSP]*



# Recent developments

- ▶ During the last decade 11 antibiotics with main activity against gram-positive microorganism have received international regulatory approved, ie, .ceftobiprole; ceftroline; telavancin; oritavancin; dalbavancin; tedizolid; besifloxacin; delafloxacin; ozenoxacin; omadacycline; and lefamulin
- ▶ Specifically emerging options for gram-positive cocci we reviewed include ceftaroline; ceftobiprole; tedizolid; dalbavancin and fosfomycin

## Common MDR microorganisms of clinical relevance, main resistance mechanisms, and current/emerging antimicrobial options.

	Mechanism(s) of Resistance	Current Options	Emerging Options
<i>GRAM-POSITIVE COCCI</i>			
Methicillin-resistant staphylococci (MRSA, MRCoNS)	PBP2a expression	Daptomycin, Linezolid	Ceftaroline, Ceftobiprole, Tedizolid, Dalbavancin, Fosfomycin
Vancomycin intermediate <i>Staphylococcus aureus</i> (VISA)	Chromosomal mutations	Daptomycin, Linezolid	Tedizolid, Dalbavancin
Vancomycin resistant <i>Staphylococcus aureus</i> (VRSA)	<i>vanA</i> gene expression	Daptomycin, Linezolid	Tedizolid, Dalbavancin
Ampicillin-resistant enterococci (ARE)	PBP mutation/overexpression	Vancomycin, Linezolid, Daptomycin	Dalbavancin, Ceftobiprole
Vancomycin-resistant enterococci (VRE)	<i>vanA</i> , <i>vanB</i> gene expression	Linezolid, Daptomycin	Tedizolid, Dalbavancin
Penicillin-resistant <i>Streptococcus pneumoniae</i> (PRSP)	PBP mutation	Ceftriaxone	Ceftaroline, Ceftobiprole, Tedizolid

# Multi-drug-resistant organisms

- ▶ When discussing 'multi-drug-resistant' organisms (MDRO), we currently refer to a standardized and well-accepted classification dividing clinically relevant bacteria into multi-drug resistant (**MDR**), extensively drug resistant (**XDR**), and pan-drug resistant (**PDR**) .

- ▶ In this classification, MDR is defined as nonsusceptibility (or intermediate resistance) to at least one molecule in three or more categories of antibiotics.





# S. aureus

- ▶ The most successful resistant Gram-positive coccus has been S. aureus.
- ▶ S. aureus is often resistant to penicillin, due to the production of lactamases, and methicillin, due to the mutation of transpeptidase binding site of PBP2 (giving rise to PBP2a).
- ▶ It can become nonsusceptible to vancomycin as vancomycin intermediate strains (VISA), due to multiple mutations leading to a thickened, poorly crosslinked cell wall, or
- ▶ true vancomycin resistant strains (VRSA): vanA- or vanB.

# Enterococci

► In enterococci, resistance mostly affects three drug classes:

- penicillin/ampicillin,
- high-level gentamicin
- vancomycin.

► PBP

► B- Lactamase

► **Vancomycin-resistance, more common in *E. faecium* strains. (due to the vanA or vanB)**

► Whilst intrinsic resistance to gentamicin derives from decreased cell wall permeability or low-level expression of aminoglycoside-modifying enzymes, high-level resistance to gentamicin is common and results from high-level expression of aminoglycoside-modifying enzymes .

► **These MDR/XDR enterococci often retain susceptibility to linezolid.**



# Antibiotic resistance in enterococci

## ▶ *E. faecium*—Vancomycin-Resistant:

- ▶ Vancomycin-resistance gene clusters (such as, van A, B, D, and M) are responsible for the **low binding affinity of vancomycin**. Van A gene cluster is the most common type.

- ⊙ **vancomycin resistance in Enterococcus (VRE) :**

- MIC of  $\geq 32 \mu\text{g/ml}$**

- ⊙ **intermediate resistance as: 8–16**

- ⊙ **susceptible as  $\leq 4$**

# S. pneumoniae

- ▶ MDR streptococci are also emerging, although not to the extent of other pathogenic Gram-positive cocci.
- ▶ The most common mechanisms of resistance include PBP affecting penicillin, ampicillin, and amoxicillin .
  - ▶ Ribosomal methylases, such as ermB
  - ▶ efflux pump (e.g., mef )
  - ▶ gyrase/topoisomerase IV

# Vancomycin

- Glycopeptide antibiotic

Mechanism of Action: **inhibits the cell wall synthesis** of Gram-positive bacteria

# Vancomycin Resistance in *S. aureus*

## CLSI

- ▶ *S. aureus* complete vancomycin resistance: (VRSA): MIC of  $\geq 16$   $\mu\text{g/mL}$
- ▶ Intermediate resistance( VISA) : 4–8  $\mu\text{g/mL}$
- ▶ susceptible as  $\leq 2$   $\mu\text{g/mL}$

## EUCAST

- ▶ MIC of vancomycin susceptible *S. aureus*:  $\leq 2$   $\mu\text{g/mL}$
- ▶ vancomycin-resistant *S. aureus* to be  $>2$   $\mu\text{g/mL}$

# Vancomycin

- loading dose of 25 to 30 mg/kg
- In adults with normal renal function, the maintenance dose is 15 to 20 mg/kg every 12 hours.
- (obtaining trough levels  $\leq 15$   $\mu\text{g/mL}$ ).
- For serious infections caused by MRSA, such as **endocarditis, bacteremia, osteomyelitis, meningitis, HAP, and severe ABSSSI**, recommends trough vancomycin between 15 and 20  $\mu\text{g/mL}$ .
- Trough vancomycin serum level should be obtained before the fourth dose.

# Mechanisms of antibacterial resistance

- ▶ Efflux
- ▶ Altered target sites
- ▶ Decreased permeability of bacterial membranes
- ▶ Protein synthesis inhibition
- ▶ Folate synthesis
- ▶ Cell wall



**Efflux**

Quinolones  
Tetracyclines  
Beta-lactams  
Aminoglycosides  
Lincosamide  
Macrolides  
Fusidic acid

**Altered target sites**

Macrolides  
Lincosamide  
Aminoglycosides  
Sulfonamides  
Trimethoprim  
Fusidic acid

**Decreased permeability of bacterial membranes**

Aminoglycosides  
Beta-lactams

**Cell wall**

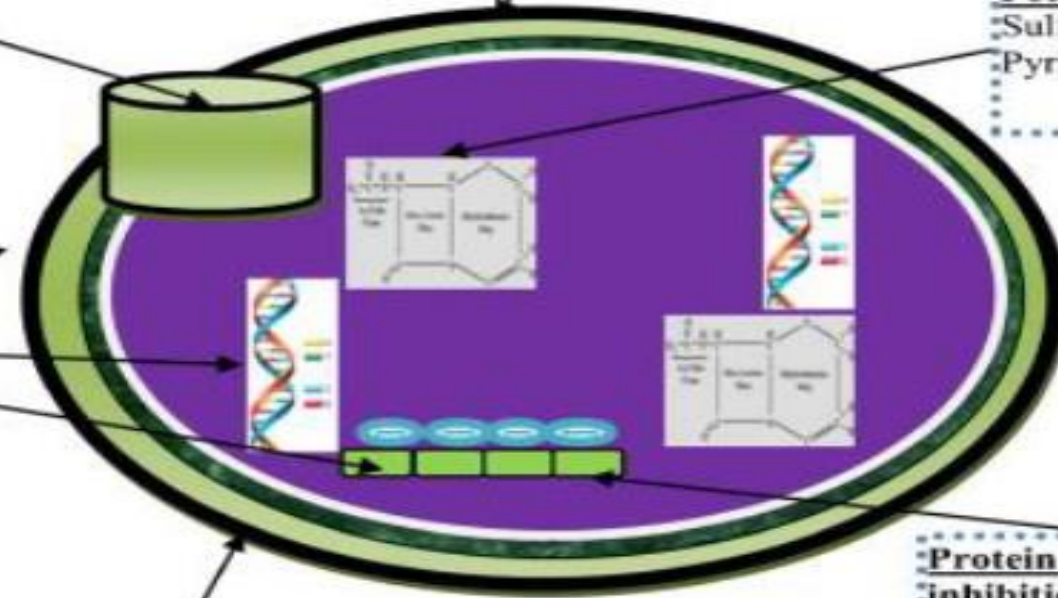
Beta-lactam  
Polymyxins

**Folate synthesis**

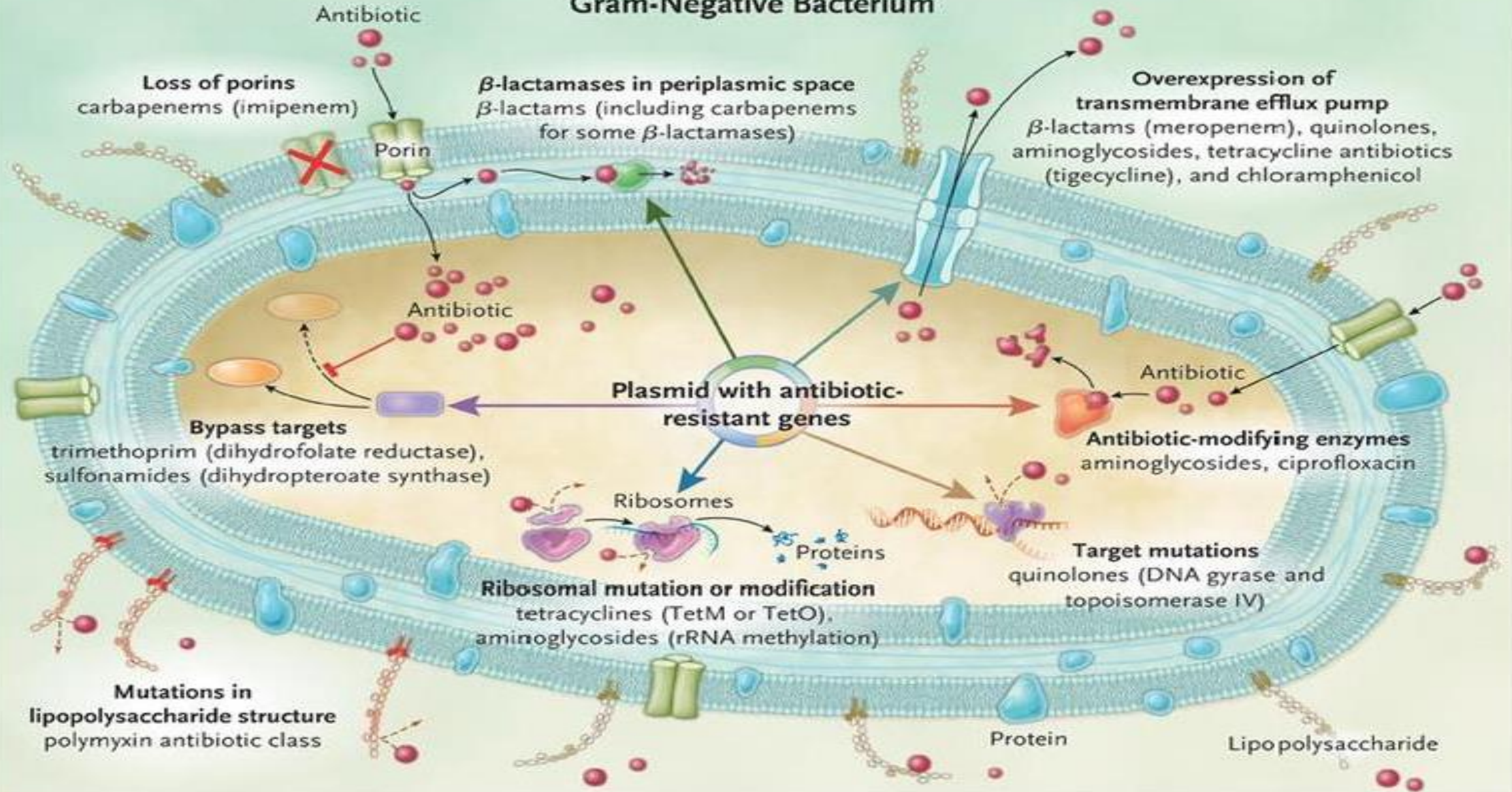
Sulfonamides  
Pyrimethamine

**Protein synthesis inhibition**

Chloramphenicol,  
Oxazolidinones,  
Tetracyclines,  
Glycylcycline  
Macrolides



## Gram-Negative Bacterium





# Mechanisms of resistance of gram-negative bacteria

- 1-the most common mechanism of resistance is production of  $\beta$ -lactamases
- 2-down-regulation of porins
- 3-efflux pumps most common in *P. aeruginosa*

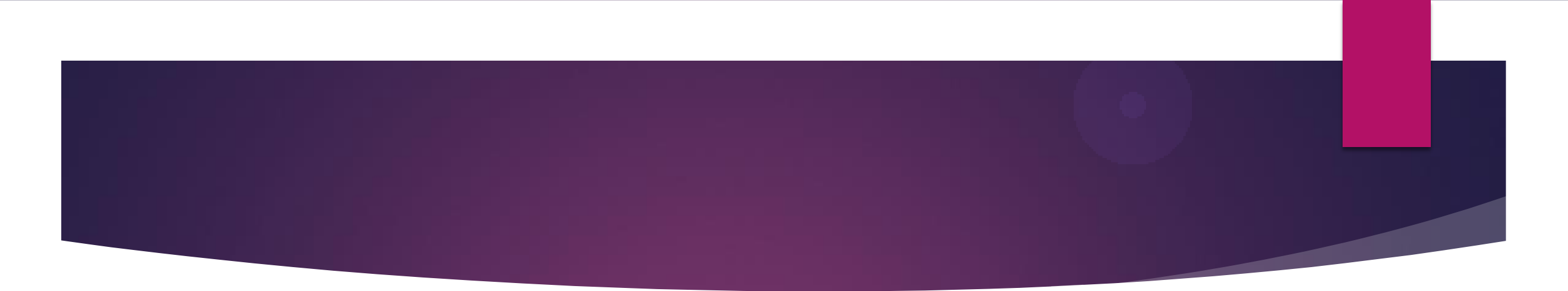
# Combination therapy

## 1. Empiric

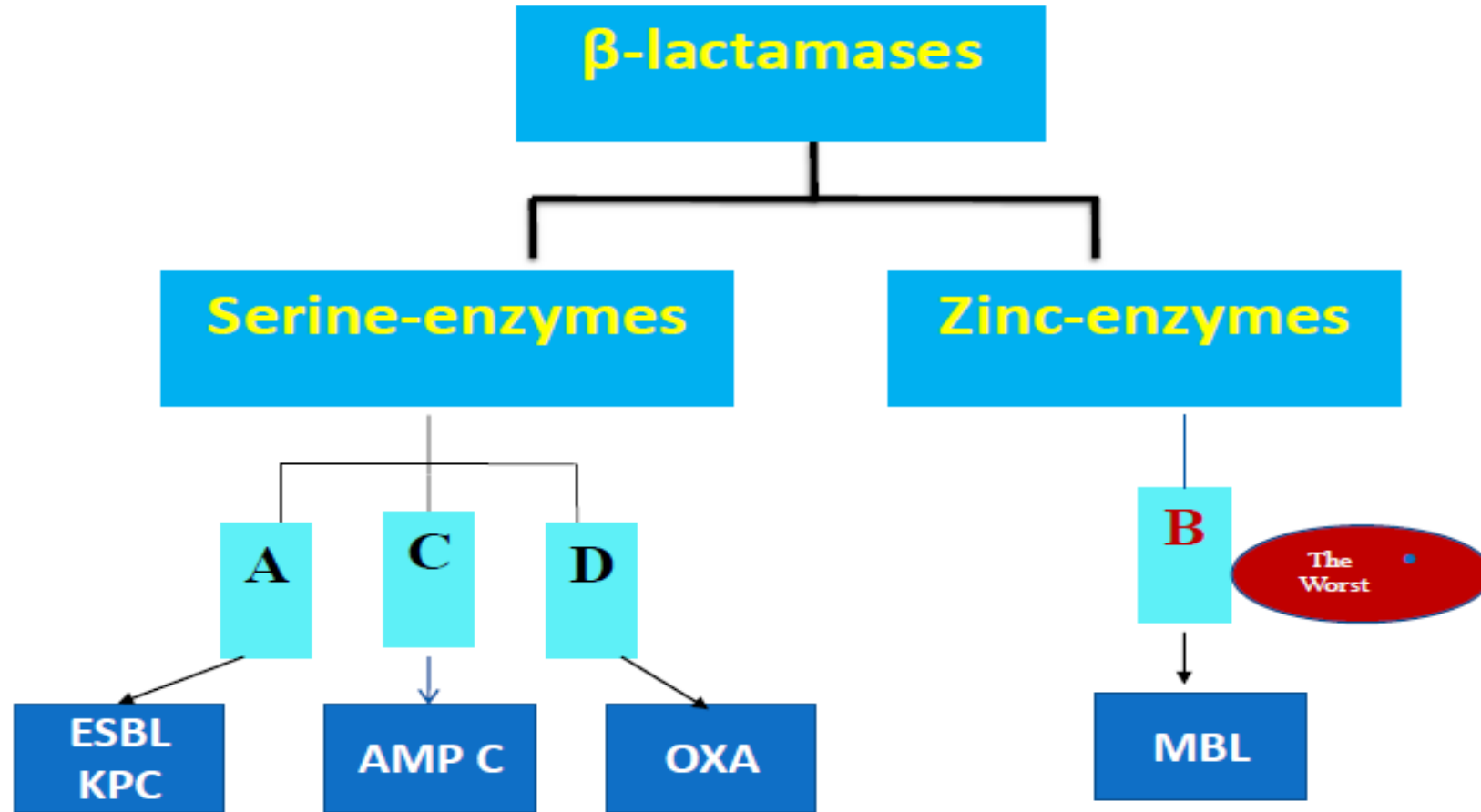
- ▶ HAP/VAP/septic shock
- ▶ Pts at risk for MDR
- ▶ High risk of p.aeruginosa

## 2.Targeted

- ▶ P.aeruginosa;only in empiric initial choice
- ▶ A.baumannii
- ▶ K.pneumoniae[KPC]

- 
- ▶ The use of B-lactams should be maximized with the administration of high dosages and prolonged infusion strategies maximizing the time above the MIC [ $t > \text{MIC}$ ]
  - ▶ A loading dose followed by maintenance doses with extended or continuous infusion is recommended

## Ambler Classification of $\beta$ -Lactamases



**TABLE 20.1 Classification of  $\beta$ -Lactamases**

AMBLER MOLECULAR CLASS	MAJOR SUBTYPES <sup>a</sup>	PREFERRED SUBSTRATES	INHIBITOR <sup>b</sup>	MAIN GENETIC LOCALIZATION	REPRESENTATIVE ENZYME(S)
A	Gram-positive $\beta$ -lactamase 2a	Penicillins	Clavulanic acid	Chromosome or plasmid	PC1
	Gram-negative $\beta$ -lactamase 2b	Penicillins, early cephalosporins	Clavulanic acid	Plasmid or chromosomal	TEM-1, SHV-1
	Extended-spectrum $\beta$ -lactamase 2be	Penicillins, extended-spectrum cephalosporins, aztreonam	Clavulanic acid	Plasmid	TEM-24, SHV-12, CTX-M-15
	Inhibitor-resistant TEM $\beta$ -lactamase 2br	Penicillins	Clavulanic acid <sup>c</sup>	Plasmid	TEM-30, SHV-10
	Carbenicillin-hydrolyzing $\beta$ -lactamase 2c	Carbenicillin	Clavulanic acid <sup>c</sup>	Plasmid	PSE-1, CARB-3
	Cephalosporin-hydrolyzing $\beta$ -lactamase 2e	Extended-spectrum cephalosporins	Clavulanic acid	Chromosome	CepA
	Carbapenem-hydrolyzing $\beta$ -lactamase 2f	Carbapenems	Avibactam <sup>d</sup>	Chromosome or plasmid	KPC-2, SME-1
B	Metallo- $\beta$ -lactamase 3a	All $\beta$ -lactams except monobactam	EDTA, divalent cation chelators	Chromosome or plasmid	IMP-1, VIM-2, NDM-1
C	AmpC-type $\beta$ -lactamase 1	Cephalosporins	Cloxacillin, avibactam	Chromosome or plasmid	AmpC, CMY-2
D	Oxacillin-hydrolyzing $\beta$ -lactamase 2d	Oxacillin	Clavulanic acid <sup>c</sup>	Chromosome or plasmid	OXA-1, OXA-10
	Extended-spectrum $\beta$ -lactamase 2de	Extended-spectrum cephalosporins	Clavulanic acid <sup>c</sup>	Plasmid	OXA-11, OXA-15
	Carbapenem-hydrolyzing $\beta$ -lactamase 2df	Carbapenems	None <sup>e</sup>	Plasmid	OXA-23, OXA-40, OXA-48

<sup>a</sup>The updated Bush-Jacoby group<sup>3</sup> is indicated

# Conclusions

- ▶ Knowledge of mechanisms of action and resistance pattern allows physicians to increasingly drive antimicrobial treatment towards a precision medicine approach.
- ▶ Strict adherence to antimicrobial stewardship practices will allow us to preserve the emerging antimicrobials for our future.



Thank you for your  
attention